



Fremont Housing
Agency

TWO TOWER TALK

MARCH 2021



Rita Grigg
Executive Director
Darci Blakely
*Housing Program
Manager*



Rent is due
Monday
March 1st

Your payment must
be in the drop box
by 3:00 pm on
Friday,
March 5, 2021 or
you will be charged
a \$30.00 late fee. If
rent is not in by the
21st another \$20.00
late fee will be
applied!!

Checks or Money
Orders Only!
NO CASH!!!!!!



For after hour
Maintenance
emergencies
contact:

Ed: 402 720-1264
Rita: 402 720-9643



Your Guide
To Being A Successful Renter

MARCH 15, 2021
STANTON TOWER
COMMUNITY ROOM

9:00 AM TO 4:00 PM

Training is Free to Residents

YOU MUST SIGN UP BY March 1, 2021

TO ATTEND!

You can sign up with your Housing Specialist

Six Modules are taught in the class:

- Module 1:** Communication with Landlords and Neighbors-Participants are taught communication skills to build positive relationships.
- Module 2:** Managing Your Money-A step-by-step process on how to manage and plan for housing costs.
- Module 3:** Find a Place to Call Home: Prepares participants to conduct successful searches for rental units and build positive rental history.
- Module 4:** Getting Through the Rental Process: Explains the importance of reading and understanding a lease and a person's rights and responsibilities as a tenant.
- Module 5:** Taking Care of Your Home: Encourages tenants to take pride in their home and set a positive example by taking care of their rental unit.
- Module 6:** When You Move Out: Prepares participants for the time they may leave their current rental unit as they continue to move up!

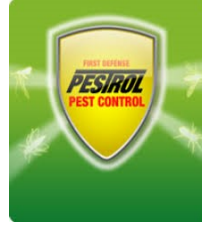


The Kitchen will be closed
Friday, March 19, 2021
Monday, March 22

No meals will be served on those days!!



Pestrol March Schedule



Wednesday March 10th

Starting at 12:00 pm

Gifford Floors 2-5

Stanton Floors 2-5

Fire Alarm Test

on **March 9, 2021**

at **8:00 am**



FIRE ALARM TESTING

Fire alarm testing will take place on Tuesday, March 9th beginning at 8:00 am. The alarms may or may not be going off,

Do not come downstairs if the recording says that there is a fire in the building. If there is a fire in the building we will make an announcement.



HY-VEE SHOPPING CARTS

Attention all Residents!!!

You must stop taking the Hy-Vee shopping carts and bringing them back to the buildings. The shopping carts are the property of Hy-Vee, not of Fremont Housing! Do not leave shopping carts in the back of the buildings!

Do not take shopping carts to your apartments! Do not leave shopping carts in the hallways!



NO PUPPY PADS ALLOWED



Puppy pads are not allowed. If you have a dog you will have to take your dog outside.

It has been extremely cold outside but it should not take that long for your dog to do their duty.



A FEW HOUSEKEEPING ISSUES

Please keep the masks that we leave out for residents in the boxes. Do not throw away the empty boxes.



Stop throwing away decorations, magazines, pictures, etc. that are in the lobbies, libraries, laundry rooms, and solariums. Most of the decorations belong to Fremont Housing, the dining room, or the Social Clubs. The Staff will take care of these things.



No nail holes or hanging pictures in the solariums. You must leave up the pictures that Fremont Housing has put on the walls.

SNAP BENEFITS



The Department of Health and Human Services will be issuing emergency SNAP benefits to current SNAP recipients. This is effective February 9, 2021 through June 30, 2021. The maximum amount you will receive is as follows:

1 person-\$234.00

2 people-\$430.00

3 people- \$616.00



SCHEDULING CONTRACTOR APPOINTMENTS

When scheduling appointments with contractors such as Spectrum, phone companies, etc. to set up cable and/or phones, please schedule these appointments during office hours.

These appointments must be scheduled between 9:00 am-12:00 pm or 12:30 pm-3:00 pm.



Commodities

Commodities will be delivered on March 16th.



Gifford Residents: You will have to start picking up your commodities in the community room. If you cannot pick them up you can find someone to pick them up for you-they just have to bring us a signed note. An announcement will be made to let you know they are ready to be picked up.

Stanton Residents: Due to the confusion and congestion in the lobby in January we are asking everyone to wait in your apartments with your carts until your floor is called. We will call one floor at a time. There were too many people and carts lined up in the lobby that caused a safety hazard. You have been told time and time again to not stand in front of the elevators waiting to get on while blocking people from getting off. Do not come to the lobby and wait for your floor to be called. Do not bring carts and wagons down and line them up.

Gifford and Stanton residents will have to start signing, not initialing, your name on the sheet they bring us.

Now that we receive our commodities from a different place they will be taking names off the list if you do not pick up your commodities. They have seen too many people who need food and too many people who hoard food. It's time to start using up the food that you have.

Contact Kathy Casper to see if you are eligible and to fill out an application if you would like to get on the list.



WEEKLY cleaning

DAILY

- ☐ wipe counters
- ☐ make beds
- ☐ wash dishes
- ☐ one load of laundry
- ☐ take out trash
- ☐ clean kitchen floor in the evening

MONDAY (bathrooms)

- ☐ clean toilets
- ☐ clean sinks, mirrors & counters
- ☐ clean showers & bathtubs
- ☐ wash bath rugs & replace towels
- ☐ sweep & mop floors

TUESDAY (living room)

- ☐ straighten shelves & cabinets
- ☐ vacuum, sweep & mop
- ☐ wash windows & blinds
- ☐ organize toys & declutter

WEDNESDAY (kitchen)

- ☐ clean stove / cooktop
- ☐ clean counters & sink
- ☐ wipe down fridge & freezer
- ☐ clean inside microwave
- ☐ sweep & mop floors

THURSDAY (bedrooms)

- ☐ dust & vacuum
- ☐ change bed sheets
- ☐ organize & declutter
- ☐ sort dirty laundry
- ☐ clean windows & blinds
- ☐ straighten closets & drawers

FRIDAY (halls & stairs)

- ☐ dust & vacuum
- ☐ straighten drawers, desks & shelves
- ☐ wipe off washer & dryer
- ☐ dust ceiling fans & light fixtures
- ☐ straighten & declutter closets

WEEKEND (outdoors)

- ☐ sweep porch & patio
- ☐ clean & organize garage
- ☐ mow lawn & clean out weed beds
- ☐ clean out cars

MISC.

- ☐
- ☐
- ☐
- ☐
- ☐



ATTENTION GIFFORD AND STANTON RESIDENTS FOOD PANTRY

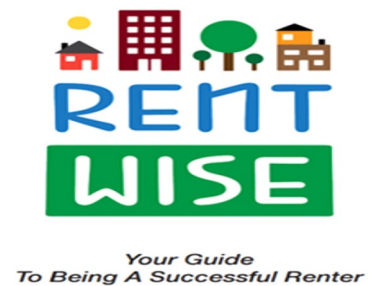


The RSSC Kathy Casper has a food pantry in her office with the extra food from commodities. If you NEED food call the RSSC 402 727-4848 ext. 109 and schedule a time to pick up food.

Time to Spring Forward:
Are You Ready?



MARCH 20



March 15, 2021



If you have registered for the COVID –19 vaccine, Three Rivers is asking that you be patient and do not call them, they will contact you. Three Rivers has been so overwhelmed with hundreds of phone calls every day that this has caused their phones to shut down. They will call you to schedule your vaccine but the caller ID number may come up as unknown. Just remember that you do not have to pay for the vaccine so be aware of scammers who may tell you that you have to pay. There are a few residents who have received the vaccine but most had to wait a month or so after they registered.

Attention Gifford Residents: Just a friendly reminder to keep up with cleaning your apartments.

The Annual Inspection is coming!!!

Do not wait until the last minute!!

Here is a chart to help you out!!



"Nothing is impossible, the word itself says 'I'm possible!'" Audrey Hepburn

St. Patrick's Day Word Search



O	E	E	A	R	P	P	S	M	L	C
G	A	E	E	L	A	H	A	E	N	D
R	E	A	U	T	A	G	P	K	T	N
E	P	C	R	M	I	R	O	R	D	A
E	K	I	R	C	E	I	A	A	L	L
N	C	O	H	C	R	A	M	I	A	E
K	C	T	H	R	I	I	I	N	R	R
K	O	A	A	R	H	O	R	B	E	I
P	U	H	S	I	W	I	I	O	M	T
N	C	L	O	V	E	R	S	W	E	N
V	O	D	L	O	G	H	H	T	K	N

GOLD

LEPRECHAUN

PATRICK

GREEN

POT

CLOVER

SHAMROCK

LUCK

IRISH

MARCH

EMERALD

WISH

RAINBOW

IRELAND

MAGIC



March 2021



Sun	Mon	Tue	Wed	Thu	Fri	Sat
SUBJECT TO CHANGE	1 Ham Loaf Scalloped Potatoes Pickled Beets Oat- meal Raisin Cookie	2 Fish Plank Tater Tots Coleslaw Fruit	3 Chili With Crackers 1/2 Cheese Sandwich Peaches	4 Meatballs Mashed Potatoes Pea Salad Peanut Butter Brownie	5 Barbecue Chicken Pasta Salad Vanilla Pudding With Cherry	6 Chili Bread and Butter Cookie
7 Ham Loaf Scalloped Potatoes Cooks Choice Vegetable Pudding	8 Salisbury Steak Mashed Potatoes Mixed Veggies Pears	9 Brats Fried Potatoes and Cabbage Frog Eye Salad	10 Deli Roast Beef Sandwich Chips Lettuce Salad Peaches	11 Ham Salad Sandwich Potato Salad Lemon Cake	12 Chef Salad with Croutons Jell-O with Fruit	13 Deli Roast Beef Sandwich Chips Pickle Peaches
14 Salisbury Steak Mashed Potatoes Mixed Veggies Mandarin Oranges	15 Chicken Breast Carrots/Green Beans Hash Browns Pumpkin Bar	16 Corned Beef/Deli Sandwich Sauerkraut Lime Jell-O With Cottage Cheese with Pineapple	17 Pork Loin Au Gratin Potatoes Carrots Cookie	18 Chicken Strips French Fries Cole Slaw Pears	19 KITCHEN AND DINING ROOM CLOSED	20 Hamburger Tater Tot Casserole Green Beans Pudding
21 Pork Loin Au Gratin Potatoes Carrots Cookie	22 KITCHEN AND DINING ROOM CLOSED	23 Barbeque Ribs Mashed Potatoes Green Beans Cook's Choice Fruit	24 Roast Beef With Carrots, Potatoes, And Onions Bun With Butter Black Forest Cake	25 Baked Burritos With Toppings Refried Beans Snickerdoodle Cookie	26 Tuna and Noodle Casserole Bread and Butter Carrot Cake With Cream Cheese Frosting	27 Burrito Refried Beans Black Forest Cake
28 Tuna and Noodle Casserole Bread and Butter Carrot Cake With Cream Cheese Frosting	29 Hot Ham and Cheese Sandwich French Fries Pudding	30 Meatballs Mashed Potatoes Pea Salad Peanut Butter Brownie	31 Three Salad Plate Crackers Apple Crisp	Bi-Weekly menus for participants are still necessary and available at the Gifford & Stanton Tower offices. If you are interested in starting the Food Service Program, please feel free to contact Resident Support Services at 727-4848 ext. 109 or stop at the office during regular business hours.		

Fremont Housing Agency
2510 N. Clarkson St.
Fremont, NE 68025
(402) 727-4848
(402) 727-4751 - fax
www.fremonthousing.org

Resident Support Services
Stanton Tower 205
(402) 727-4848 ext. 109

IMPORTANT NUMBERS

Central Navigation
Centralized Intake
402 721-4157

Fremont Police Dept.
(402) 727-2677
Emergency - 911

Fremont Fire Dept.
(402) 727-2688
Emergency - 911

General Assistance
(402) 727-2731

**Health & Human
Services**
(402) 595-1258

Salvation Army
(402) 721-0930

**Northeastern Nebraska
Community Action
Partnership-NENCAP**
(402) 721-0619

**Eastern Nebraska Office on
Aging-ENOA**
(402) 721-7770
Senior Center
(402) 727-2815
RSVP Car-Go
(402) 561-2224

Uniquely Yours
(402) 727-8977



**Kathy Casper, the Resident Support
Services Coordinator (RSSC) will be at
Gifford Tower every Tuesday from
10:00 am to 11:00 am if you would like to
meet with her.**
The RSSC will be in the Gifford Office.

HEALTH AT HOME CONSULTANTS, LLC

**“We understand the difficulty of isolation and “homebound
status”.”**

**The Health at Home Consultants staff
will be coming the last Wednesday of
every month with treats, activities, and
information. Next meeting:**

Wednesday-March 31, 2021

1:30 pm-Stanton Tower Community Room



MERRY MAKERS MUSIC

WEDNESDAY, MARCH 10TH

**STANTON TOWER
COMMUNITY ROOM**



The Staff at Aetna will start visiting both
buildings once a month to provide activities,
treats, or any suggestions that you have. The first time they
come they are bringing coffee and donuts.



**MARCH 12TH-9:30 TO 10:30 AT
STANTON TOWER COMMUNITY ROOM**

**MARCH 26TH-9:30-10:30 AT
GIFFORD TOWER COMMUNITY ROOM**

You are welcome to attend either activity or both activities.

With COVID-19 restrictions loosening up agencies are seeing
the need to provide activities for residents so please attend and
show support. **Masks and Social Distancing required.**



**FAIR
HOUSING:
IT'S NOT AN
OPTION. IT'S
THE LAW.**