



Fremont Housing
Agency

TWO TOWER TALK

APRIL 2021



Rita Grigg
Executive Director
Darci Blakely
*Housing Program
Manager*

Rent is due
Thursday
April 1st

Your payment must
be in the drop box
by 3:00 pm on
Monday,
April 5, 2021 or you
will be charged a
\$30.00 late fee. If
rent is not in by the
21st another \$20.00
late fee will be
applied!!

Checks or Money
Orders Only!
NO CASH!!!!!!

**RENT IS
DUE TODAY**

RESIDENT ADVISORY BOARD MEETING

**2021 Annual Agency Plan and
Capital Fund Program (CFP)**

WEDNESDAY APRIL 21, 2021

**9:30 AM-STANTON TOWER
COMMUNITY ROOM**

COVID VACCINE SURVERY SCAM ALERT



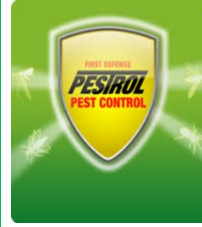
Be on the alert for a new scam concerning the COVID vaccination. Someone will call you or email you and ask if you will take a survey about your vaccination. They ask for personal information such as date of birth and Social Security number. Once you give them personal information they can install malware into your smart phone and/or computer. Again, the best solution to avoid scams is to not answer if you do not recognize the phone number.



For after hour
Maintenance
emergencies
contact:

Ed: 402 720-1264
Rita: 402 720-9643

Pestrol April Schedule



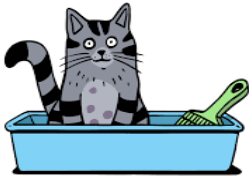
Wednesday April 14th

Starting at 12:00 pm

Gifford Floors 6-9

Stanton Floors 6-9

Kitty Litter Reminder



DO NOT put kitty litter down the trash chutes. You must take it out to the trash cans provided

for you in the back of each building.



Does anyone know where the two lamps are that were in the 2nd floor solarium? These were not your lamps to take. Please bring them back. Thank you!

ATTENTION GIFFORD REISDENTS

The Gifford Tower bed bug checks will take place on April 27, April 28, and April 29. You do not have to be at home. There will not be times scheduled, maintenance will be there when they get there.



SOLARIUM WASTEBASKETS



Be sure to put liners in your wastebaskets that you bring to your solarium when you are there. When the wastebasket liner is full please take your trash out, especially if there are food wrappers, food waste, etc.



© Can Stock Photo

Before taking flyers off of the bulletin boards please check the date. Do not take them off the bulletin boards if the activity has not happened yet!



A BIG thank you to Malainie, Patty, and Cheri C. for helping with commodities and a big thank you to Lois, Cheri, and Jodeen for helping to clean up after our guest speakers from Genoa!!

“
TRY TO BE A
RAINBOW IN
SOMEONE'S CLOUD.”

MAYA ANGELOU

ESSENCE



**RENEWAL
REMINDER**

Commodities

Commodities will be delivered on May 18th.



If you have not sent in the renewal application that was mailed out you need to get it back as soon as possible or you might not be on the list next month.

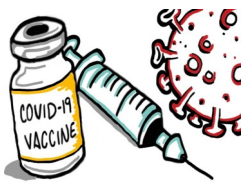
Now that we receive our commodities from a different place if you do not pick up your commodities or if your income is over the federal guideline limit they will be taking names off the list. They have seen too many people who need food and too many people who hoard food. It's time to start using up the food that you have.

Contact Kathy Casper to see if you are eligible and to fill out an application if you would like to get on the list.

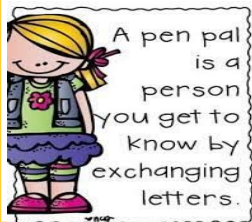


Attention Gifford Residents: Just a friendly reminder to keep up with cleaning your apartments. The Annual Inspection for Gifford Tower residents will be done the week of May 10th.

COVID VACCINATIONS



If you have registered for the COVID –19 vaccine and have not received the vaccine yet, you can call **402-727-5396** or email **info@3rphd.org**. Three Rivers can check the status of your registration and possibly schedule you for the vaccine depending on the number of doses received. The vaccine is now open to everyone 50 and older.



PEN PAL LETTERS

Home Instead has a Ready to Care Pen Pal Letter program. If you did not get a letter and want one you can stop at any office and pick one up. You do not have to write back. Just some positive letters for you!



Sadly effective April 3, 2021 at midnight, the Fremont City Cab will be closed permanently.



SCHEDULING CONTRACTOR APPOINTMENTS

When scheduling appointments with contractors such as Spectrum, phone companies, etc. to set up cable and/or phones, please schedule these appointments during office hours.

Appointments must be scheduled between 9:00 am-12:00 pm or 12:30 pm-3:00 pm.



Kathy Casper, the Resident Support Services Coordinator (RSSC) will be at Gifford Tower every Tuesday from 10:00 am to 11:00 am if you would like to meet with her or schedule an appointment to meet in her office.

let me HELP YOU

THE STANTON TOWER SOCIAL CLUB ACTIVITIES TO RESUME!!!

**All Gifford and Stanton residents are
invited to attend ALL activities!!**

2:00-4:00 pm-Friday Bingo

1:30-2:30 pm-April 15-Trivia



**2:00-3:00 pm-Saturday Coffee and on the
3rd Saturday (April 17th) will
be coffee and rolls**



**2:00-3:00 pm-April 21-Merry
Makers Music**

GIFFORD TOWER ACTIVITIES TO RESUME!!!!

2:00-4:00 pm-Mondays-Arts and Crafts

**3:00 pm-
Friday Movie**



**See the calendar for the RSS guest speakers/
education.**

**STANTON TOWER-
RESIDENT COUNCIL
AND SOCIAL CLUB
MEETING
WEDNESDAY, APRIL 7**

2:30 PM



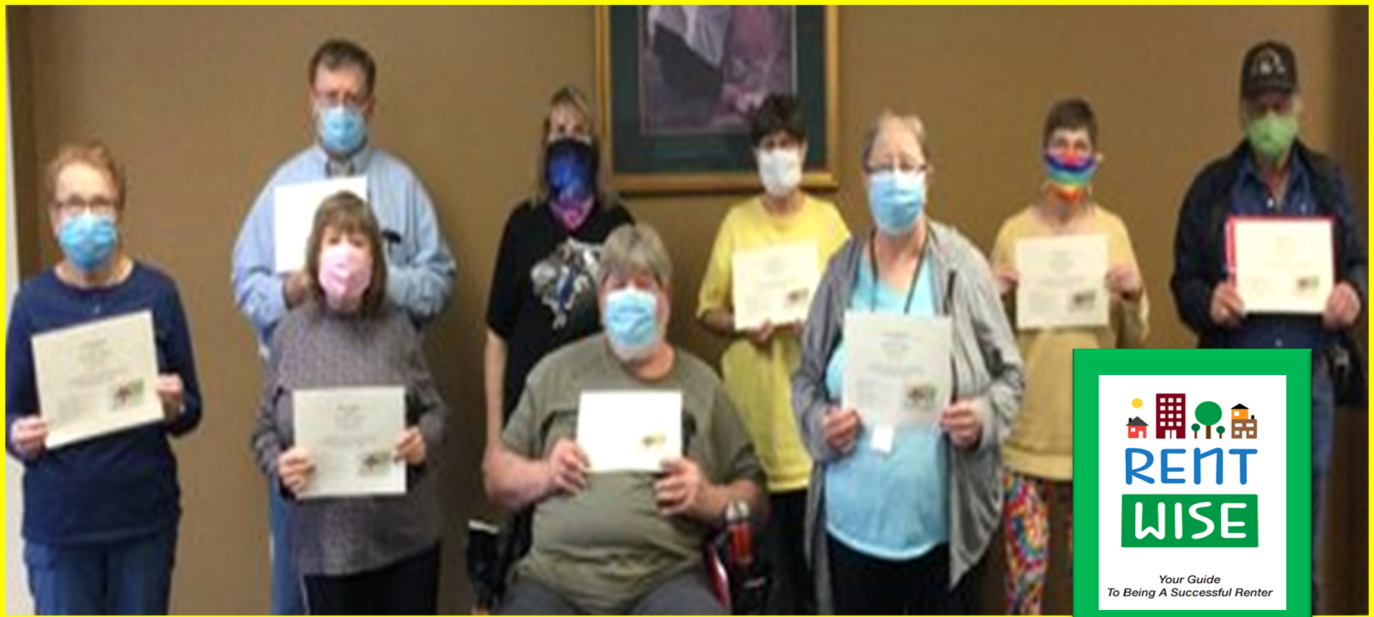
**TRIVIA
THURSDAY, APRIL
15TH**

1:30-2:30

**Stanton Tower
Community Room**



***Congratulations to all of the RentWise graduates!!!!!!
RentWise was held on Monday, March 15, 2021 in the
Stanton Tower Community Room!***



**ANGELS CARE
HOME HEALTH
COMMUNITY
CLASSROOM**

April 22

1:30-2:30 PM

**Stanton Tower
Community Room**



BANKERS LIFE-JENNIFER DEAN

THURSDAY, APRIL 1, 2021



**1:30 PM-Stanton Tower
Community Room**

Some topics:

**Life insurance, extended care, critical benefit,
hospital indemnity, Medicare supplements,
Medicare Advantage Plans**

**ATTENTION GIFFORD AND STANTON
RESIDENTS FOOD PANTRY**



**The RSSC Kathy Casper has a
food pantry in her office with the
extra food from commodities. If you NEED
food call the RSSC 402 727-4848 ext. 109 and
schedule a time to pick up food. If you donate
food please do not bring expired food.**

Easter Word Search



K Q K T Z S F G W B R W E V Q Q H J M S
 W R N M P P A R A D E T L K C I H C L G
 V U P R Y Q H F I T O R R A C A S K U G
 H L I Q G U L M H J A E E H A G Z N F E
 D N Z Y L F I I I G H N S T O C P J R M
 G C X Q K P H F K H Y A B R F P E V O Z
 Y P C T U M G W E B J X E N C P Z U L G
 E L Q P Y K A T P L O X I O E P X I O X
 T T E S O U A D R A K O U E W A P T C F
 Y O A Q S R I R M T N O F F Y F S X Q U
 B I M L O P D S N A E B Y L L E J T U N
 A N Y C O V E F I N D Y R A V K W H E F
 S X E L M C F E L M D P I U D C V Z G R
 K D D Q G S O W P S I O B T V N A C Y W
 E L O R T Z Z H W I H Z K U O N U N D O
 T P A A U B P O C M F L O W E R S S D O
 H S E Z A U N R U U B T T P V G D Y B Y
 S R Y Q F N O I X J K G C D C E E Q X C
 T V D H P N O L I W U W R I D S W P B C
 G Y Q W V Y T U Y L U H T G W V C M R H

BASKET
 CARROTS
 COLORFUL
 EASTER
 FLOWERS
 HIDDEN

JELLYBEANS
 SPRING
 BUNNY
 CHICK
 DECORATE
 EGGS

HOP
 CHOCOLATE
 PARADE
 SUNDAY
 CANDY
 FUN

DYE
 FIND
 GRASS
 HUNT
 PEEPS
 TREATS



April 2021



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Bi-Weekly menus for participants are still necessary and available at the Gifford & Stanton Tower offices. If you are interested in the Food Service Program, please feel free to contact Resident Support Services at 727-4848 ext.109 or stop down at the office during regular business hours.</p>						
4 Golden Beef Casserole Bread and Butter Mandarin Orange Jell-O	5 Scrambled Eggs Sausage Patties Toast	6 Fish Sandwich Cottage Cheese Peaches	 7 Texas Hash Apple Rings Bread and Butter	1 Golden Beef Casserole Bread and Butter Mandarin Orange Jell-O	2 Potato Soup Egg/Cheese Salad Sandwich Cooks Choice Fruit	3 Potato Soup Boiled Egg Bread and Butter Fruit
11 Vegetable Lasagna Jello Salad Chocolate Chip Cookie	12 Tuna Salad Sandwich Chips Cherry Cheesecake	13 Fried Chicken Mashed Cauliflower Carrots Coconut Pudding	14 Cheeseburger Pasta Salad Pears	8 Vegetable Lasagna Bread Stick Lettuce Salad	9 Chicken Fried Steak Mashed Potatoes Broccoli Chocolate Chip Cookie	10 Texas Hash Mandarin Oranges Bread and Butter
18 Turkey Green Bean Casserole Bread and Butter Jell-O Poke Cake	19 Tuna & Noodles Fries Tapioca Pudding	20 Grilled Chicken Sandwich Tater Tots Jello Salad	21 Meat Loaf Mashed Potatoes Corn Chocolate Cake With Peanut Butter Frosting	15 Turkey Stuffing and Gravy Green Bean Casserole Pumpkin Pie	16 Salmon Patties Fried Potatoes Cream Peas	17 Tuna Salad Sandwich Pasta Salad Pudding
25 Turkey Tetrazzini Corn Strawberry Cake	26 KITCHEN AND DINING ROOM CLOSED	27 Brats On A Bun Potato Salad Baked Beans Peaches	28 Ham and Scalloped Potatoes Cook's Choice Vegetable Spice Cake	22 Vegetable Beef Stew Bread and Butter Peach Crisp	23 Turkey Tetrazzini Green Beans Yellow Cake	24 Tuna & Noodles Bread and Butter Fruit
					30 Pork Loin Mashed Potatoes Veggies Cookie	*SUBJECT TO CHANGE*

Fremont Housing Agency

2510 N. Clarkson St.
Fremont, NE 68025
(402) 727-4848
(402) 727-4751 - fax
www.fremonthousing.org

Resident Support Services

Stanton Tower 205
(402) 727-4848 ext. 109

**IMPORTANT
NUMBERS****Central Navigation**

Centralized Intake
402 721-4157

Fremont Police Dept.

(402) 727-2677
Emergency - 911

Fremont Fire Dept.

(402) 727-2688
Emergency - 911

General Assistance

(402) 727-2731

**Health & Human
Services**

(402) 595-1258

Salvation Army

(402) 721-0930

**Northeastern Nebraska
Community Action
Partnership-NENCAP**

(402) 721-0619

**Eastern Nebraska Office on
Aging-ENOA**

(402) 721-7770
Senior Center
(402) 727-2815
RSVP Car-Go
(402) 561-2224

Uniquely Yours

(402) 727-8977



**FAIR
HOUSING:
IT'S NOT AN
OPTION. IT'S
THE LAW.**

LIBRARY BOOK MOBILE**WEDNESDAY, APRIL 7th****10:00 AM to 12:30 PM**

**The Library bookmobile will be in the
parking lot between Gifford and Stanton
Tower (weather permitting)**

FEET FOR KEEPS**THURSDAY, APRIL 29TH****11:00 am-4:00 pm****Sara Bourek 402 719-9770****BRAD FROM HUMANA****WEDNESDAY APRIL 28th****1:30 pm-Stanton Tower
Community Room**

A 15-20 minute talk about Humana's Healthy Food Card and
go365 Wellness and Reward program

Cookies and coffee will be served

MOVIES AT GIFFORD TOWER

**Movies will be shown on Fridays at 3:00 pm in
the Gifford Tower Community Room**

**April 2-Paddington Bear II****April 9-A Dennis the Menace
Christmas****April 23-Look Who's Talking Now**