

Fremont Housing Agency  
2510 N. Clarkson St.  
Fremont, NE 68025  
(402) 727-4848  
(402) 727-4751 - fax  
www.fremonthousing.org

**Resident Support Services**  
Stanton Tower 205  
(402) 727-4848 ext. 109

**IMPORTANT NUMBERS**

**Central Navigation**  
Centralized Intake  
402 721-4157

**Fremont Police Dept.**  
(402) 727-2677  
Emergency - 911

**Fremont Fire Dept.**  
(402) 727-2688  
Emergency - 911

**General Assistance**  
(402) 727-2731

**Health & Human Services**  
(402) 595-1258

**Salvation Army**  
(402) 721-0930

**Northeastern Nebraska Community Action Partnership-NENCAP**  
(402) 721-0619

**Eastern Nebraska Office on Aging-ENOA**  
888-210-1093

**Senior Center**  
(402) 727-2815

**Uniquely Yours**  
(402) 727-8977

**FAIR HOUSING:  
IT'S NOT AN OPTION. IT'S THE LAW.**



**Uniquely Yours is in need of volunteers. They need:**



\* Someone who is comfortable answering the phones, making appointments, giving referrals, and occasionally completing an intake packet. Volunteer times are Tuesdays and Thursdays from 10:00 am-3:00 pm.

\* A volunteer to manage the incoming clothing donations and the Unique Boutique Shop (Free Thrift Shop) on Tuesdays and/or Thursdays from 11:00 am -2:00 pm



Robin Ritter said that they are a small, relaxed, and supportive team at UYSS!!!

There are flyers on the bulletin boards about the Care Packages and Unique Boutique if you need assistance. Check out what they have to offer. **They are there for YOU!!**

**NEBRASKA STRONG GUEST SPEAKER**  
**TOPIC: Anxiety and Connectedness**  
**JULY 8, 2021**



**GIFFORD TOWER: 1:00 PM**  
**STANTON TOWER: 2:00 PM**



**HEALTH AT HOME CONSULTANTS**



**THURSDAY, JULY 28**  
**10:00 AM**  
**STANTON TOWER COMMUNITY ROOM**



**TWO TOWER TALK**  
**JULY 2021**



**Rita Grigg**  
*Executive Director*  
**Darci Blakely**  
*Housing Program Manager*

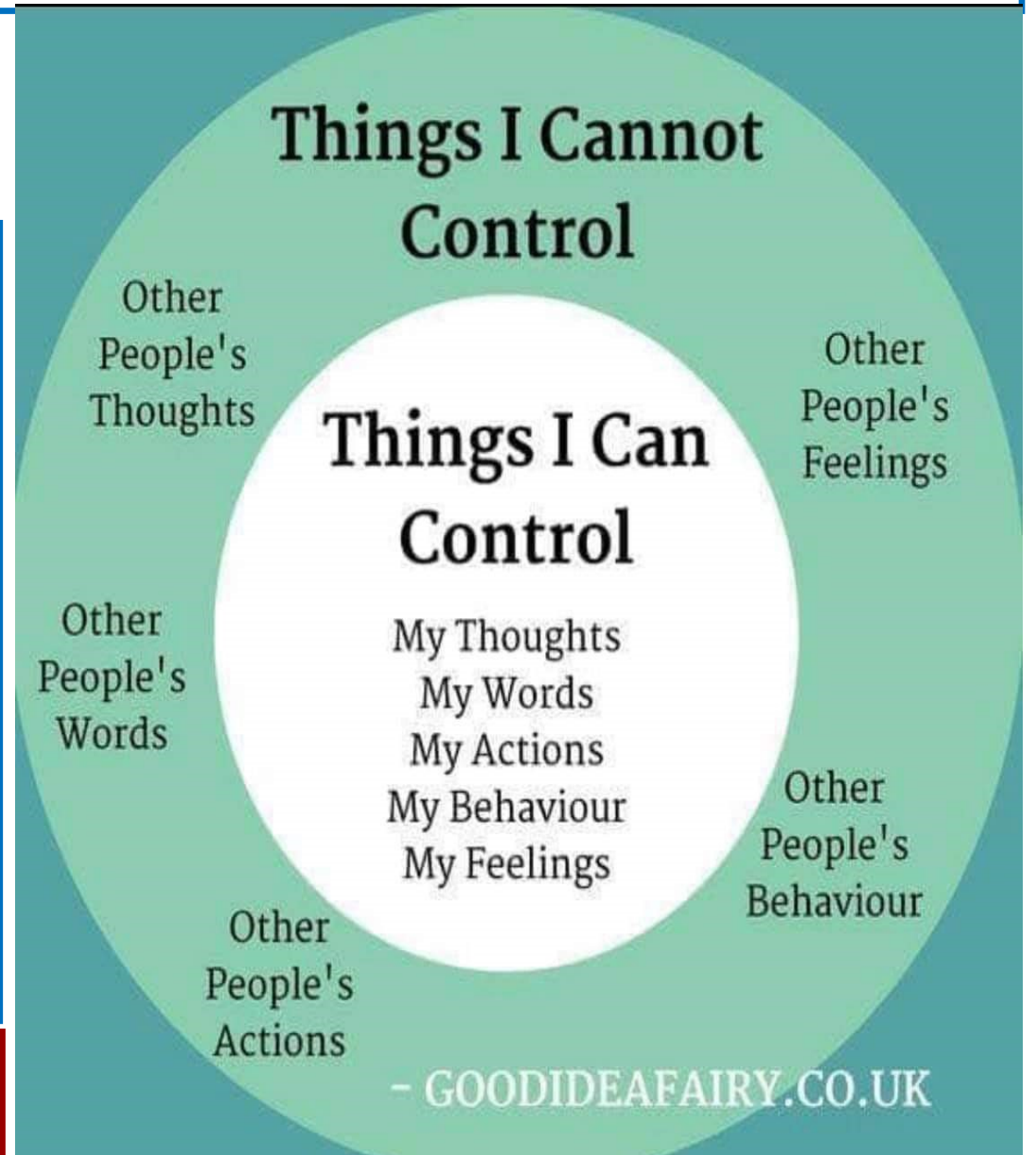
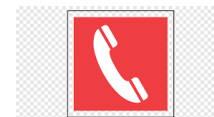
**Rent is due Thursday July 1, 2021**  
**Your payment must be in the drop box by 3:00 pm on Monday, July 5, 2021 or you will be charged a \$30.00 late fee. If rent is not in by the 21st another \$20.00 late fee will be applied!!**

**Checks or Money Orders Only!**  
**NO CASH!!!!!!**



**For after hour Maintenance emergencies contact:**

Ed: 402 720-1264  
Rita: 402 720-9643



**ALL OFFICES AND THE KITCHEN AND DINING ROOM WILL BE CLOSED ON MONDAY, JULY 5, 2021. NO MEALS WILL BE SERVED ON MONDAY, JULY 5, 2021.**





**If you have SNAP benefits the emergency allotments have been extended through September 30, 2021.**

**PLEASE TIE YOUR GARBAGE BAGS TIGHTLY BEFORE SENDING THEM DOWN THE TRASH CHUTES!!!**

**RESIDENT PARKING SPACE REMINDERS**

All residents are assigned their own parking space. Residents are allowed one parking space. To get a parking space you need to bring your registration and insurance card to the office and you will be assigned a space.

You need to park in your own space. If someone is in your space, park somewhere else (not another resident assigned space) and bring the license plate number to the office.

**GIFFORD TOWER ONLY!!!!**

**Fire Alarm Test**  
 on **Tuesday, July 6th**  
 at **8:00 AM**

**BED BUG CHECKS GIFFORD TOWER**

**JULY 20, 21, 22, & 23, 2021**

**SNAP NEXT STEP EMPLOYMENT AND TRAINING**

The Nebraska Department of Labor and Nebraska Department of Health and Human Services are collaborating to help families. DHHS and DOL staff will work with you one on one to help overcome challenges to employment goals. Participants can receive job search, and resume assistance, interview training, vouchers to buy clothing for interviews, financial assistance for child care, occupational skills training, and on-the-job training. There are many available employment opportunities out there. Unemployment and rent eviction moratorium will not last forever. Call Ann Brodecky at 402-835-9018 or email her at [ann.brodecky@nebraska.gov](mailto:ann.brodecky@nebraska.gov) and check out [dhhs.snapnextstepEandT@nebraska.gov](mailto:dhhs.snapnextstepEandT@nebraska.gov)

**Pestrol July Schedule**

**Wednesday July 14th**  
**Starting at 12:00 pm**  
**Gifford Floors 6-9**  
**Stanton Floors 6-9**



# July 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
4 Hot Dog on a Bun French Fries Orange Supreme Dessert	5 <b>KITCHEN AND DINING ROOM CLOSED</b>	6 Hot Beef Sandwich Potatoes with Gravy Peas Peaches	<b>*SUBJECT TO CHANGE*</b>	1 Beef Roast Potatoes and Gravy Mixed Vegetables Red Velvet Cake	2 Runza Casserole Carrots Lemon Bar	3 Tuna Noodle Casserole Green Beans Apricots
11 Roast Beef Mashed Potatoes Green Beans	12 Hamburger Deluxe Potato Salad Pudding Parfait	13 Crispy Chicken Salad Carrots Orange Jell-O	7 Sloppy Joes Onion Rings Rice Krispy Bars	8 Pork Loin Oven Fried Potatoes 3 Bean Salad Applesauce	9 Oven Baked Chicken Macaroni Salad Baked Beans Chocolate Chip Cookie	10 Yum Yums Chips Pickle Cookie
18 Creamy Chicken Ritz Casserole Green Beans Chocolate Pudding	19 Texas Hash Bread and Butter Raisin Oatmeal Cookie	20 Taco Salad Tortilla Chips Peanut Butter Cookie	14 Pulled Pork Sandwich Red Potatoes Coleslaw	15 Creamy Chicken Ritz Casserole Carrots & Peas Angel Food Cake	16 Goulash Garlic Stick Green Beans Jell-O Delight	17 Pulled Pork Sandwich Chips Pears
25 Beef Sandwich Chips Jell-O Salad	26 Hot Ham Sandwich Vegetable Pasta Salad Fresh Fruit	27 3 Plate Salad Pineapple Cake	21 Creamed Chicken Over Biscuits Peas Peanut Butter Frosted Brownies	22 Scrambled Eggs Sausage Biscuits & Gravy Fruit	23 Hamburger Green Bean Tater Tot Casserole Bread and Butter Cherry Fluff	24 Hamburger Green Bean Tater Tot Casserole Bread and Butter Cherry Fluff
			28 Lasagna Green Beans Garlic Stick Cupcake Delight	29 Chef Salad with CROUTONS Snicker Salad	30 Grilled Cheese Sandwich Tomato Soup Pickle Poke Cake	31 Hot Ham Sandwich Vegetable Pasta Salad Vanilla Pudding

Bi-Weekly menus for participants are still necessary and available at the Gifford & Stanton Tower offices. If you are interested in the Food Service Program, please feel free to contact Resident Support Services at 727-4848 ext.112 or stop down at the office during regular business hours.

# 4TH OF JULY WORD SEARCH

T M N W Q J E T A R B E L E C D Y  
 I M T Q H H Y M Q R Q U D U E I A  
 O Q T A W Q M Z Y E X U C C N T D  
 I N D E P E N D E N C E L C J A I  
 A S I O U O R H A M U A A T U Q L  
 N K S A M E R I C A R P P S O S O  
 U R P U F U B E E A Y S T R U B H  
 P O A Y D L D W T O E C I N C I P  
 K W R W E A A I L P O E A U E O N  
 F E K H T F O G I A D E U S D I H  
 Y R L I I N T R B E M D T N A T L  
 L I E T N P T Z E U R A E T R S C  
 U F R E U S L Q R R R U I U A A E  
 J V S O D L K V T S L R O K P J B  
 W I T O E O M O Y B B F I U P J L  
 I A S V Y E M R E D R E M M U S E

America	Fireworks	Independence	Red	United
Blue	Flag	July	Sparklers	White
Britain	Fourth	Liberty	Stars	
Celebrate	Freedom	Parade	Stripes	
Declaration	Holiday	Picnic	Summer	

## JULY COMMODITY DELIVERY

JULY 20, 2021

We will make an announcement when you can start coming down so please listen to your floor to be called so that we do not jam up the elevator!



A lot of time has gone into helping NENCAP update the lists of residents who receive commodities. As we advised at the last distribution, if you are not on the list you will not get a box. NENCAP will be taking names off the list if boxes are not being picked up! Be sure to sign the pick up slip when you get your box. If someone is picking the box up for you they will sign YOUR name.

Please be sure to be on time when attending activities or guest speaker events. This will help show our guest speakers and attendee's our appreciation and respect. Thank you!



## OVERNIGHT GUESTS



When you have guest(s) stay overnight you must fill out an overnight guest form before you have a guest(s) over. Completing the form after the guest(s) stay is too late. This is in your lease. You may pick up forms at the office and the first floor bulletin board at Stanton Tower.

## THE NEBRASKA DEPARTMENT OF HEALTH AND HUMAN SERVICES



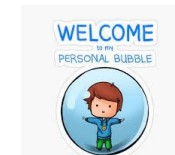
HAS ADDED  
VISION AND DENTAL  
TO THE MEDICAID  
EXPANSION  
PROGRAMS



Thanks

A big thank you to Suzanne, Tom and Deb, Kris, and John L. for all of their hard work making the courtyard look beautiful. The courtyard and surrounding flowers are AMAZING!!! If anyone is interested in helping water plants please let any of the above residents know.

## The small elevator and our personal bubbles



We truly appreciate your cooperation and patience while we work through the elevator project! The crew is diligently working on the large elevator at this time leaving us with the small elevator. As we wrap up this project we are asking for your continued cooperation and be mindful of the occupancy and weight standards. Please load only 3 to 4 people on the elevator at one time. Please be respectful of other people's personal bubbles.



## SCHEDULING CONTRACTOR APPOINTMENTS

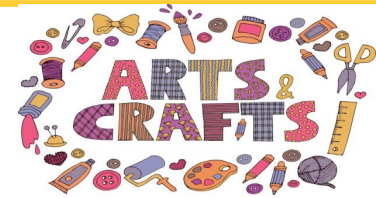
When scheduling appointments with contractors such as Spectrum, phone companies, etc. to set up cable and/or phones, please schedule these appointments during office hours. Appointments must be scheduled between 9:00 am-12:00 pm or 12:30 pm-3:00 pm.



Thank you

A special thank you to Betty B. for donating flowers for the square flower bed behind the dining room. Betty picked them out to plant there after she had decorated graves.

A BIG thank you to Penny from Jan for the meal deliveries that she did at Gifford Tower when both elevators were down and Penny had to use the stairs to get the meals delivered!!! Way to go Penny!!!



EVERY MONDAY

2:00 PM-4:00 PM

GIFFORD TOWER COMMUNITY ROOM



TRIVIA

THURSDAY, JULY 22

1:30-2:30

Stanton Tower Community Room

HUMANA FARMERS MARKET



Brad from Humana will bring fresh produce and you will be able to choose what you want while supplies last

JULY 14, 2021

2:30 pm-Stanton Tower Community Room

The Links brought to you by Merrymakers



JULY 15, 2021

2:00-3:00PM STANTON TOWER COMMUNITY ROOM

JULY MOVIES AT GIFFORD TOWER



Movies will be shown on Wednesdays at 3:00 pm in the Gifford Tower Community Room

July 7-Instant Family

July 14-Friends with Benefits



July 21-The Terror of a Tiny Town

July 28-The Stray



Residents having some fun making a video for the Home Instead Pen Pal Program!!!



Thank you to all who participated!



FREMONT HOUSING AUTHORITY BOARD MEETING  
JULY 28, 2021  
11:30 AM  
Gifford Tower Community Room

BOARD MEETING



STANTON TOWER RESIDENT COUNCIL AND SOCIAL CLUB MEETING  
WEDNESDAY, JULY 7, 2021  
2:30 PM

