



Here we are in a new month and our lives are still “hanging in the air”, what will happen next, will this pandemic ever go away? How will our new President handle our government issues? We wonder about all those things, but there seems to be very little we can do about it ourselves. So, with the month of “Love” we are reminded once again that people especially our family is important to us. How we show our love is different for everyone, but first of all we must love ourselves. By doing that we can reach out to all we know:

- Doing all the good we can.
- By all the means we can.
- In all the ways we can.
- In all the places we can.
- To all the people we can.
- As long as we can.

May a new Love begin this month of February with us in this New Year.

## 2021 Somers Point Newsletter

The covid shots will soon be available for people over 65, if you haven't registered to get on the appointment waiting list, you may do so by going to the Three River's Health website or by calling them. They will then call you to make an appointment.

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We are going to begin February with having Bingo again at the Club House. It will be held on Friday the 5<sup>th</sup> and 19<sup>th</sup>, at 1:30. Tables and chairs have been set to promote proper distancing, we ask that you do not move them. Tables, chairs, and Bingo cards will all be sanitized, and it will be your choice if you wear a mask or not. We ask that everyone respect each other's space.

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We will also have a short meeting to discuss the plans for this year, we are open to any new ideas or suggestion for

activities, however these activities cannot happen if people are not willing to get involved to make them happen. Along with these activities comes planning, helping with them, and cleaning up afterwards. So, bring your ideas, many hands work well together.

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Annual dues of \$5.00 per person can be paid to Jane G. at any time. These monies are used to cover cost of expenses for the club house, such as cleaning supplies, and paper products, as well as memorials.

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We have had several residents who have been sick recently, or in quarantine, we hope that everyone is healthy once again.

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We were also saddened to hear of the death of Aileen H. Aileen and Pete had recently moved to Dunklau Gardens. Our sympathy goes out to Pete and his family.

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Linda S. would like to thank all who called and checked on her and brought food while she was

dealing with the covid. Aren't neighbors wonderful!!!

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With the winter weather, we are reminded about safety, the snow removal guys have done a great job, but we still need to be mindful of ice, and snow build up when we go out. One can never be too careful.

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The installation of showers rather than tubs has started for Somers Point I residents. They are very much appreciated. We give a big thanks to the FHA Staff, Board of Commissioners and Strong Plumbing.

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Just a reminder, the club house is there for us to use for activities for our residents, but residents may also use it for family gathering etc. However, if it is used, remember that it is your responsibility to clean up after yourselves by wiping tables, vacuuming, cleaning restrooms, and taking out the garbage.

Our recipes this month come from Barb C.

#### Cheap and Easy Salad

3 oz. any flavor Jell-O  
1 16 oz. cottage cheese  
Mix together, fold in  
1 can fruit cocktail and an  
8 oz. container of Cool Whip.  
Refrigerate overnight.  
You can add cut up strawberries  
right before serving if desired to  
avoid cutting down on thickness.

#### Caramel Apple Salad

3 cups apples chopped  
1 cup dry roasted peanuts  
8 oz. Cool Whip  
1-3oz pkg. instant butterscotch  
pudding.  
1 cup miniature marshmallows  
8 oz. crushed pineapple, drained  
Mix well, serve cold, tastes like  
caramel apples.

## Scam Alert!!

Always be aware of people  
trying to take advantage of you!

Ways they will try to contact  
you are by calling you,  
visiting you at home, mailing  
and emailing you.

Be on guard and never  
give out any personal  
information!

Lock your front doors and  
don't open them to **anyone**  
who is a stranger to you!

**Never** send money or give your  
banking information to anyone  
You don't know, **for any reason.**

Follow these reminders to help  
protect your information and  
You'll be prepared not to fall for  
any false promises or threats.