

February, they say is the month of Love, which is true, some think of it as hearts, candy and flowers, or balloons. There are different ways to celebrate February as well. I recently read a book by one of my favorite authors, Debbie Macomber, in this book she talked about the Power of Generosity. When one thinks about being generous, we usually thing about money or giving something, but in the book, she stated that generosity can be in many forms. Gratitude is one of those, are we generous with gratitude to those we love the most, those near and dear to us, our spouse, a family member who cares for us daily, do we show gratitude only when it might be expected or just on Valentine's day? She suggested that we practice gratitude every day, not only to those dear to us, but to those around us as we

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appreciate or see something special, they have done. I for one am going to try hard to make a practice of that. I hope you will join me and start February off with gratitude.

We had a great turn out for our January Pot Luck, Chris Casey from Eastern Nebraska office on Aging, shared allot of good information, explaining all the services that they offer, he had a great hand out of information, I have copies of that that you can get at the Club House, it's worth the read. Thank you, Chris, for coming.

Our February Pot luck will be the 13<sup>th</sup> at noon, most people enjoy looking at baby pictures and making all those cute comments, so we encourage you to bring a baby pictures or one from your "younger" days along to share and we will all get a chance to guess who they are. I can't wait!!!

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Our February activity day will be February 26<sup>th</sup>, there are many things at the Club House for us to use for activities, but we are always open to anything new, why not bring a neighbor along with you this month.

We also want to thank Elite Professional for the popcorn they gave us at Christmas, hope you were able to get a bag or two. Thanks Jenny! \*\*\*\*\*\*

We want to thank an anonymous donor for the new flannel back table cloths we use on our serving tables at the Club House, it's nice to have matching ones.

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Just a reminder, dues can now be paid to Jane G. at \$5.00 per person, per year, these funds help to cover cost of coffee, paper goods, cleaning supplies etc. for the club house, this is optional. You may also leave your dues with Virginia S. or Rachel. Thank you.

Also if you have an evening

event at the club house, please remember to turn out the lights both inside and out, as well as locking the door when you leave. We thank Alyan B. and Anna B. for checking the door through the week.

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We are still in need of Hosts for our Pot Luck meals each month, as well as housekeepers for the club house, there are signup sheets on the bulletin board by the kitchen, your help is greatly appreciated.

It turned out to be a wise decision to postpone the January Birthday Bingo, it is better to be safe than sorry, we are glad so many of you appreciated that and could enjoyed the day on the 24<sup>th</sup>. We hope that won't happen again.

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Yard Sale, Yard Sale. If you are interested in being involved in a Somer's Point Resident garage sale, tentative dates of May 29<sup>th</sup> and 30<sup>th</sup> are being planned, each person would display their items in their own garage, and it would be advertised on line and in the paper. Contact Irene H. 402-727-6759 or Marilyn B. 402-238-6226. There will be a signup sheet at the Club House. More information will be included in the next month's newsletters.

Allot of people have been sick especially with the flu, we hope that everyone is feeling much better now, and staying away from those "bugs". Some are dealing with other health issues too, we send out best wishes for recovery to Virginia D., Lois D., Jean T., Richard H., Vicki B., and Marilyn H., Jane G. who is recovering from a broken ankle, and we are glad to have Jan C. back in her home again. We also want to wish Steve K.'s mother Lila a quick recovery from her fall. \*\*\*\*\*

There are still flags available at \$1.00 each for by your garage, call Rachel.

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Notes: Alyan B.'s new phone # is 402-919-4310.

Somehow when the last phone list was printed the Club House

number did not get on it, please add 402-753-8200 to your list. Also please note as new residents have come to Somers Point you have received information about them, including their phone number and birthday, please try to remember to add that information to your original lists so you can have the information handy when needed. Thanks.

Our recipe for this month comes from Norma M.

Chuck Roast 2-2 1/2 lb. chuck roast Mix and pour over roast: ½ cup water 1 envelope Italian salad mix 1 envelope Ranch salad mix 1 envelope Brown gravy mix Cover and cook in oven at 250\* for 3-4 hours, or in Crock Pot for 7-8 hours. Use broth and mix with flour and a little water for gravy when done. Delicious!