



On the Sunday following Labor Day, National Grandparents Day honors the love only grandparents can provide.

Grandparents and their grandchildren share a special bond. These hugging, caring and patient people in the lives of children offer more than a generous dose of love. Grandparents provide an abundance of wisdom. They also offer guidance and stability.

When grandchildren need a story, grandparents tell the best. A grandparent's wealth of family history and lore offers lessons of their own. Through humorous stories and some serious ones, grandparents gently point grandchildren in the right direction.

The forget-me-not is the official flower for National Grandparents Day.

HOW TO OBSERVE #NationalGrandparentsDay

Celebrate the friends you have and the new ones you have yet to meet!

- ⇒ Spend time with your grandparents
- ⇒ Learn about their life and ask questions to keep the stories coming
- ⇒ Do the things they enjoy doing
- ⇒ Take your grandparents on an adventure
- ⇒ Write a letter to your grandparents
- ⇒ Learn something from a grandparent
- ⇒ Help them out. Clean out a flower bed. Mow the lawn. Fix the internet.
- ⇒ Take a photo to capture moments or look through old photos with them
- ⇒ If you no longer have living grandparents, share a fond memory of them

<https://nationaldaycalendar.com/national-grandparents-day-sunday-after-labor-day/>

Labor Day

word search

Words may be horizontal, vertical
and diagonal.

H	M	G	E	M	P	L	O	Y	M	E	N	T	V
J	K	T	S	W	Z	M	I	R	V	C	P	I	F
H	O	L	I	D	A	Y	S	Y	V	Z	R	N	M
B	Z	P	X	C	F	T	T	U	N	X	O	B	A
R	F	A	S	Z	C	I	C	A	E	K	F	K	P
E	Y	R	T	E	N	E	C	Y	E	P	E	M	X
A	L	T	P	U	P	I	L	C	I	V	S	O	Z
K	C	Y	M	T	R	T	I	Q	R	Q	S	N	W
Z	R	M	S	E	R	F	E	O	L	D	I	D	E
U	O	B	M	Y	F	A	B	M	X	A	O	A	E
C	Z	A	K	O	L	A	V	D	B	Y	N	Y	K
D	F	R	Z	M	L	J	U	E	F	E	A	G	E
E	O	V	N	O	X	Z	J	M	L	A	R	R	N
W	E	B	A	R	B	E	C	U	E	L	K	C	D

WEEKEND
COMMUNITY
AMERICAN
OFFICE

LABOR
SEPTEMBER
TRAVEL
WORK

BARBECUE
DAY
PROFESSION
MONDAY

EMPLOYMENT
HOLIDAY
BREAK
PARTY

Fremont Housing Agency
2510 N. Clarkson St.
Fremont, NE 68025
(402) 727-4848
(402) 727-4751 - fax
www.fremonthousing.org

Resident Support Services
Stanton Tower 205
(402) 727-4848 ext. 109

**IMPORTANT
NUMBERS**

Central Navigation
Centralized Intake
402 721-4157

Fremont Police Dept.
(402) 727-2677
Emergency - 911

Fremont Fire Dept.
(402) 727-2688
Emergency - 911

General Assistance
(402) 727-2731

**Health & Human
Services**
(402) 595-1258

Salvation Army
(402) 721-0930

**Northeastern Nebraska
Community Action
Partnership-NENCAP**
(402) 385-6300

**Eastern Nebraska Office on
Aging-ENOA**
(402) 721-7770
Senior Center
(402) 727-2815
Rural Transportation
(888) 210-1093

Uniquely Yours
(402) 727-8977



**FAIR
HOUSING:
IT'S NOT AN
OPTION. IT'S
THE LAW.**



SAM Workshop

Tuesday | September 13th | 2:00 PM—3:30 PM
Gifford Tower Community Room

Sharing your thoughts on a topic or attempting to answer questions will earn you a “Raffle Ticket” each time you participate. A drawing for the winning ticket will be held at the end of the workshop.

Please join us for refreshments, snacks and a chance to win a gift card. Sign up at your tower's office.

Kim Eames with MERRY MAKERS

Wednesday | September 21st | 2:00 PM—3:00 PM
Gifford Tower Community Room

~*Humans aren't meant to be alone all the time*~

Connecting as part of a community is important for our mental balance. Connecting with those in our community can help us develop a stronger sense of personal and collective identity.

Please consider this as you make your decisions to attend or not to attend activities held in your immediate community.

PEST-TROL SERVICES

Floors 2 through 5 | Stanton Tower | September 14th
Floors 2 through 5 | Gifford Tower | September 28th

Scheduled Office Closures in September

Stanton & Section 8 | Wednesday September 21st | All Day
Stanton & Section 8 | Thursday September 22nd | All Day
Stanton & Gifford | Thursday September 29th | All Day



Feet 4 Keeps Foot Care Clinic

Tuesday October 11th
Call for an appointment with Sara Bourek



**Fremont Housing
Agency**

Rita Grigg
Executive Director

Danielle Lierman
**Housing Program
Manager**

RENT DUE

Rent is due
Thursday, September
1st. To avoid a late fee,
your payment must be
in the drop box by
3:00 pm on Monday,
September 5th.



For after hour
Maintenance
emergencies
contact:

Ed: 402 720-1264

Rita: 402 720-9643



“Let’s Talk...”

September 2022

Fremont Housing Agency (FHA) Mission

To assist families with safe, decent and affordable housing opportunities as they work toward self-sufficiency and improving the quality of their lives; to operate in an efficient, ethical and professional manner; and to create and maintain partnerships with its clients and appropriate community agencies in order to accomplish this mission. FHA's clients are our residents and applicants for all programs and properties.

Each and every FHA staff member has a passion to fulfill

September is FHA Staff Appreciation Month

Positive recognition helps staff see that their hard work is appreciated both by those that they serve and the organization they work for. Appreciation builds morale and motivates staff to continue great work. Showing gratitude to a staff member creates a ripple effect of kindness in the environment.

Being thankful and expressing it to others is good for our health and happiness. Not only does it feel good, it also helps us build trust and closer bonds with the people around us.

There will be Pumpkin shaped cut outs in the Office Areas, Community Room, and Lobby for residents to relay their gratitude of staff members and make positive comments about a job well done. Be sure to take the time to relay your gratitude, because it feels good when someone tells you you've done a great job!

A little act of kindness goes a long way



The act of tossing a small stone into the water will result in a change that can be felt much farther away than the initial entry point—proof that small actions can lead to much bigger changes, even if you can't see how far they can reach



September 2022 Activities



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 Bingo Cancelled	3 2-3 Coffee Stanton 5th Floor Solarium
4	5 2-4 Art Club Gifford Tower Community Rm	6	7	8	9 Bingo Cancelled	10 2-3 Coffee Stanton 5th Floor Solarium
11	12 2-4 Art Club Gifford Tower Community Rm	13 2-3:30 SAM Workshop Gifford Community Rm	14 PESTROL Floors 2-5 Stanton Tower	15 Trivia Cancelled	16 Bingo Cancelled	17 2-3 Coffee & Rolls Stanton 5th Floor Solarium
18	19 2-4 Art Club Gifford Tower Community Rm	20	21	22	23 Bingo Cancelled	24 2-3 Coffee Stanton 5th Floor Solarium
25	26 2-4 Art Club Gifford Tower Community Rm	27	28 PESTROL Floors 2-5 Gifford Tower	29 2:00 Game Day Stanton 5th Floor Solarium	30 Bingo Cancelled	

Community Entertainment

Fremont's Saturday Morning Farmers Market
Open's September 3rd at 7:00 AM | Located at 1945 East Military Avenue
Farmers Market modus operandi (M.O.) - Eat Healthy Support Local

Fremont's Saturday Morning Farmers Market
Open's September 3rd at 7:00 AM | Located at 1945 East Military Avenue
Farmers Market modus operandi (M.O.) - Eat Healthy Support Local

Fremont Opera House Luncheon
Opera House 541 N. Broad Street
Wednesday, September 7th | Doors open at 11:45am | Lunch at Noon
Entertainment by the Midland University Jazz Band
\$15 per person - cash or check day of the luncheon
RSVP by September 5th by filling out the form at <http://fremontoperahouse.org/events/opera-house-luncheon-9-7-2022/>
You can register using your Smart Phone

Fremont Opera House Luncheon
Opera House 541 N. Broad Street
Wednesday, September 7th | Doors open at 11:45am | Lunch at Noon
Entertainment by the Midland University Jazz Band
\$15 per person - cash or check day of the luncheon
RSVP by September 5th by filling out the form at <http://fremontoperahouse.org/events/opera-house-luncheon-9-7-2022/>
You can register using your Smart Phone

Fremont Opera House Luncheon
Opera House 541 N. Broad Street
Wednesday, September 7th | Doors open at 11:45am | Lunch at Noon
Entertainment by the Midland University Jazz Band
\$15 per person - cash or check day of the luncheon
RSVP by September 5th by filling out the form at <http://fremontoperahouse.org/events/opera-house-luncheon-9-7-2022/>
You can register using your Smart Phone

Fremont Opera House Luncheon
Opera House 541 N. Broad Street
Wednesday, September 7th | Doors open at 11:45am | Lunch at Noon
Entertainment by the Midland University Jazz Band
\$15 per person - cash or check day of the luncheon
RSVP by September 5th by filling out the form at <http://fremontoperahouse.org/events/opera-house-luncheon-9-7-2022/>
You can register using your Smart Phone

Fremont Opera House Luncheon
Opera House 541 N. Broad Street
Wednesday, September 7th | Doors open at 11:45am | Lunch at Noon
Entertainment by the Midland University Jazz Band
\$15 per person - cash or check day of the luncheon
RSVP by September 5th by filling out the form at <http://fremontoperahouse.org/events/opera-house-luncheon-9-7-2022/>
You can register using your Smart Phone

Fremont Opera House Luncheon
Opera House 541 N. Broad Street
Wednesday, September 7th | Doors open at 11:45am | Lunch at Noon
Entertainment by the Midland University Jazz Band
\$15 per person - cash or check day of the luncheon
RSVP by September 5th by filling out the form at <http://fremontoperahouse.org/events/opera-house-luncheon-9-7-2022/>
You can register using your Smart Phone

Fremont Opera House Luncheon
Opera House 541 N. Broad Street
Wednesday, September 7th | Doors open at 11:45am | Lunch at Noon
Entertainment by the Midland University Jazz Band
\$15 per person - cash or check day of the luncheon
RSVP by September 5th by filling out the form at <http://fremontoperahouse.org/events/opera-house-luncheon-9-7-2022/>
You can register using your Smart Phone

Fremont Hispanic Festival

Saturday September 10th | 12 PM | John C. Fremont City Park

A celebration of the culture and heritage of peoples native to Spanish speaking countries.

During this festival we are honoring and celebrating the independence days of our neighbors who have cultural roots in Latin America. The festival will offer a variety of activities, entertainment, and cultural experiences for the entire family.

***Craft Booths *Dance Performers *Ethnic Foods *Music *Live Entertainment**

Fremont Hispanic Festival

Saturday September 10th | 12 PM | John C. Fremont City Park

A celebration of the culture and heritage of peoples native to Spanish speaking countries.

During this festival we are honoring and celebrating the independence days of our neighbors who have cultural roots in Latin America. The festival will offer a variety of activities, entertainment, and cultural experiences for the entire family.

***Craft Booths *Dance Performers *Ethnic Foods *Music *Live Entertainment**

Fremont Hispanic Festival

Saturday September 10th | 12 PM | John C. Fremont City Park

A celebration of the culture and heritage of peoples native to Spanish speaking countries.

During this festival we are honoring and celebrating the independence days of our neighbors who have cultural roots in Latin America. The festival will offer a variety of activities, entertainment, and cultural experiences for the entire family.

***Craft Booths *Dance Performers *Ethnic Foods *Music *Live Entertainment**

Fremont Hispanic Festival

Saturday September 10th | 12 PM | John C. Fremont City Park

A celebration of the culture and heritage of peoples native to Spanish speaking countries.

During this festival we are honoring and celebrating the independence days of our neighbors who have cultural roots in Latin America. The festival will offer a variety of activities, entertainment, and cultural experiences for the entire family.

***Craft Booths *Dance Performers *Ethnic Foods *Music *Live Entertainment**

Fremont Hispanic Festival

Saturday September 10th | 12 PM | John C. Fremont City Park

A celebration of the culture and heritage of peoples native to Spanish speaking countries.

During this festival we are honoring and celebrating the independence days of our neighbors who have cultural roots in Latin America. The festival will offer a variety of activities, entertainment, and cultural experiences for the entire family.

***Craft Booths *Dance Performers *Ethnic Foods *Music *Live Entertainment**

Estrada Brothers Band
Saturday September 10th | 4:30pm-6:30pm | 541 N. Broad St.
Enjoy live music in the Opera House parking lot. Bring your own lawn chairs! Authentic food by Taqueria El Quetzal. Margaritas and ice cream by Reinita.

Estrada Brothers Band
Saturday September 10th | 4:30pm-6:30pm | 541 N. Broad St.
Enjoy live music in the Opera House parking lot. Bring your own lawn chairs! Authentic food by Taqueria El Quetzal. Margaritas and ice cream by Reinita.

Estrada Brothers Band
Saturday September 10th | 4:30pm-6:30pm | 541 N. Broad St.
Enjoy live music in the Opera House parking lot. Bring your own lawn chairs! Authentic food by Taqueria El Quetzal. Margaritas and ice cream by Reinita.

Events at Nebraska Quilt Company

- ♦ **1st Saturday Sew Day September 3rd at 10 AM – 4 PM**
Bring a project to work on and we will provide the space, irons, and cutting mats. Invite friends and bring snacks to share! Tickets - www.nebraskaquiltcompany.com/products/
- ♦ **Kimberbell 2 Day Event: Home Sweet Haunted Home**
Thursday September 8th at 8 AM & Friday September 9th at 10 AM
Create five bewitching projects with other stitching enthusiasts.
Projects include: Dead & Breakfast Tea Towel; Haunted Home 3D House with Kimberbell Shape Form and fairy lights; Quilted Pumpkins; and Flyaway Bats Throw Pillow
All event projects are made in 5×7 and 6×10 hoops, with additional sizes also available. From pumpkins and spiderwebs to bats and more, there's no place like Home Sweet Haunted Home.

- ## Events at Nebraska Quilt Company
- ♦ **1st Saturday Sew Day September 3rd at 10 AM – 4 PM**
Bring a project to work on and we will provide the space, irons, and cutting mats. Invite friends and bring snacks to share! Tickets - www.nebraskaquiltcompany.com/products/
 - ♦ **Kimberbell 2 Day Event: Home Sweet Haunted Home**
Thursday September 8th at 8 AM & Friday September 9th at 10 AM
Create five bewitching projects with other stitching enthusiasts.
Projects include: Dead & Breakfast Tea Towel; Haunted Home 3D House with Kimberbell Shape Form and fairy lights; Quilted Pumpkins; and Flyaway Bats Throw Pillow
All event projects are made in 5×7 and 6×10 hoops, with additional sizes also available. From pumpkins and spiderwebs to bats and more, there's no place like Home Sweet Haunted Home.

Events at Nebraska Quilt Company

- ♦ **1st Saturday Sew Day September 3rd at 10 AM – 4 PM**
Bring a project to work on and we will provide the space, irons, and cutting mats. Invite friends and bring snacks to share! Tickets - www.nebraskaquiltcompany.com/products/
- ♦ **Kimberbell 2 Day Event: Home Sweet Haunted Home**
Thursday September 8th at 8 AM & Friday September 9th at 10 AM
Create five bewitching projects with other stitching enthusiasts.
Projects include: Dead & Breakfast Tea Towel; Haunted Home 3D House with Kimberbell Shape Form and fairy lights; Quilted Pumpkins; and Flyaway Bats Throw Pillow
All event projects are made in 5×7 and 6×10 hoops, with additional sizes also available. From pumpkins and spiderwebs to bats and more, there's no place like Home Sweet Haunted Home.

- ## Events at Nebraska Quilt Company
- ♦ **1st Saturday Sew Day September 3rd at 10 AM – 4 PM**
Bring a project to work on and we will provide the space, irons, and cutting mats. Invite friends and bring snacks to share! Tickets - www.nebraskaquiltcompany.com/products/
 - ♦ **Kimberbell 2 Day Event: Home Sweet Haunted Home**
Thursday September 8th at 8 AM & Friday September 9th at 10 AM
Create five bewitching projects with other stitching enthusiasts.
Projects include: Dead & Breakfast Tea Towel; Haunted Home 3D House with Kimberbell Shape Form and fairy lights; Quilted Pumpkins; and Flyaway Bats Throw Pillow
All event projects are made in 5×7 and 6×10 hoops, with additional sizes also available. From pumpkins and spiderwebs to bats and more, there's no place like Home Sweet Haunted Home.

Events at Nebraska Quilt Company

- ♦ **1st Saturday Sew Day September 3rd at 10 AM – 4 PM**
Bring a project to work on and we will provide the space, irons, and cutting mats. Invite friends and bring snacks to share! Tickets - www.nebraskaquiltcompany.com/products/
- ♦ **Kimberbell 2 Day Event: Home Sweet Haunted Home**
Thursday September 8th at 8 AM & Friday September 9th at 10 AM
Create five bewitching projects with other stitching enthusiasts.
Projects include: Dead & Breakfast Tea Towel; Haunted Home 3D House with Kimberbell Shape Form and fairy lights; Quilted Pumpkins; and Flyaway Bats Throw Pillow
All event projects are made in 5×7 and 6×10 hoops, with additional sizes also available. From pumpkins and spiderwebs to bats and more, there's no place like Home Sweet Haunted Home.

Events at Nebraska Quilt Company

- ♦ **1st Saturday Sew Day September 3rd at 10 AM – 4 PM**
Bring a project to work on and we will provide the space, irons, and cutting mats. Invite friends and bring snacks to share! Tickets - www.nebraskaquiltcompany.com/products/
- ♦ **Kimberbell 2 Day Event: Home Sweet Haunted Home**
Thursday September 8th at 8 AM & Friday September 9th at 10 AM
Create five bewitching projects with other stitching enthusiasts.
Projects include: Dead & Breakfast Tea Towel; Haunted Home 3D House with Kimberbell Shape Form and fairy lights; Quilted Pumpkins; and Flyaway Bats Throw Pillow
All event projects are made in 5×7 and 6×10 hoops, with additional sizes also available. From pumpkins and spiderwebs to bats and more, there's no place like Home Sweet Haunted Home.

Events at Nebraska Quilt Company

- ♦ **1st Saturday Sew Day September 3rd at 10 AM – 4 PM**
Bring a project to work on and we will provide the space, irons, and cutting mats. Invite friends and bring snacks to share! Tickets - www.nebraskaquiltcompany.com/products/
- ♦ **Kimberbell 2 Day Event: Home Sweet Haunted Home**
Thursday September 8th at 8 AM & Friday September 9th at 10 AM
Create five bewitching projects with other stitching enthusiasts.
Projects include: Dead & Breakfast Tea Towel; Haunted Home 3D House with Kimberbell Shape Form and fairy lights; Quilted Pumpkins; and Flyaway Bats Throw Pillow
All event projects are made in 5×7 and 6×10 hoops, with additional sizes also available. From pumpkins and spiderwebs to bats and more, there's no place like Home Sweet Haunted Home.

Events at Nebraska Quilt Company

- ♦ **1st Saturday Sew Day September 3rd at 10 AM – 4 PM**
Bring a project to work on and we will provide the space, irons, and cutting mats. Invite friends and bring snacks to share! Tickets - www.nebraskaquiltcompany.com/products/
- ♦ **Kimberbell 2 Day Event: Home Sweet Haunted Home**
Thursday September 8th at 8 AM & Friday September 9th at 10 AM
Create five bewitching projects with other stitching enthusiasts.
Projects include: Dead & Breakfast Tea Towel; Haunted Home 3D House with Kimberbell Shape Form and fairy lights; Quilted Pumpkins; and Flyaway Bats Throw Pillow
All event projects are made in 5×7 and 6×10 hoops, with additional sizes also available. From pumpkins and spiderwebs to bats and more, there's no place like Home Sweet Haunted Home.



ANNOUNCEMENTS



Defining the Service Coordination Program

ROSS (Resident Opportunity Self-Sufficiency) Grant Service Coordinator assesses the needs of residents and coordinate available resources in the community to meet those needs.

ROSS Grant Coordinators help each participant to advance towards their goals, personal priorities, and interests through needs assessments, action plans, case management, and referrals to community and web-based services.

A Service Coordinator will work with participants to establish individual goals appropriate to his or her stage of life. Goal-setting is led by the needs of the Resident and based on the outcome of the Needs Assessment.

Through the use of “Person-Centered approach”, residents and the Service Coordinator will collaborate to tailor goals to the Resident’s unique circumstances.

The program works to promote the development of local strategies to coordinate the use of assistance with public and private resources, for supportive services and resident empowerment activities.

To schedule an appointment, please call Darci at extension 109

Defining the Service Coordination Program

ROSS (Resident Opportunity Self-Sufficiency) Grant Service Coordinator assesses the needs of residents and coordinate available resources in the community to meet those needs.

ROSS Grant Coordinators help each participant to advance towards their goals, personal priorities, and interests through needs assessments, action plans, case management, and referrals to community and web-based services.

A Service Coordinator will work with participants to establish individual goals appropriate to his or her stage of life. Goal-setting is led by the needs of the Resident and based on the outcome of the Needs Assessment.

Through the use of “Person-Centered approach”, residents and the Service Coordinator will collaborate to tailor goals to the Resident’s unique circumstances.

The program works to promote the development of local strategies to coordinate the use of assistance with public and private resources, for supportive services and resident empowerment activities.

To schedule an appointment, please call Darci at extension 109

Defining the Service Coordination Program

ROSS (Resident Opportunity Self-Sufficiency) Grant Service Coordinator assesses the needs of residents and coordinate available resources in the community to meet those needs.

ROSS Grant Coordinators help each participant to advance towards their goals, personal priorities, and interests through needs assessments, action plans, case management, and referrals to community and web-based services.

A Service Coordinator will work with participants to establish individual goals appropriate to his or her stage of life. Goal-setting is led by the needs of the Resident and based on the outcome of the Needs Assessment.

Through the use of “Person-Centered approach”, residents and the Service Coordinator will collaborate to tailor goals to the Resident’s unique circumstances.

The program works to promote the development of local strategies to coordinate the use of assistance with public and private resources, for supportive services and resident empowerment activities.

To schedule an appointment, please call Darci at extension 109

Defining the Service Coordination Program

ROSS (Resident Opportunity Self-Sufficiency) Grant Service Coordinator assesses the needs of residents and coordinate available resources in the community to meet those needs.

ROSS Grant Coordinators help each participant to advance towards their goals, personal priorities, and interests through needs assessments, action plans, case management, and referrals to community and web-based services.

A Service Coordinator will work with participants to establish individual goals appropriate to his or her stage of life. Goal-setting is led by the needs of the Resident and based on the outcome of the Needs Assessment.

Through the use of “Person-Centered approach”, residents and the Service Coordinator will collaborate to tailor goals to the Resident’s unique circumstances.

The program works to promote the development of local strategies to coordinate the use of assistance with public and private resources, for supportive services and resident empowerment activities.

To schedule an appointment, please call Darci at extension 109

Defining the Service Coordination Program

ROSS (Resident Opportunity Self-Sufficiency) Grant Service Coordinator assesses the needs of residents and coordinate available resources in the community to meet those needs.

ROSS Grant Coordinators help each participant to advance towards their goals, personal priorities, and interests through needs assessments, action plans, case management, and referrals to community and web-based services.

A Service Coordinator will work with participants to establish individual goals appropriate to his or her stage of life. Goal-setting is led by the needs of the Resident and based on the outcome of the Needs Assessment.

Through the use of “Person-Centered approach”, residents and the Service Coordinator will collaborate to tailor goals to the Resident’s unique circumstances.

The program works to promote the development of local strategies to coordinate the use of assistance with public and private resources, for supportive services and resident empowerment activities.

To schedule an appointment, please call Darci at extension 109

Defining the Service Coordination Program

ROSS (Resident Opportunity Self-Sufficiency) Grant Service Coordinator assesses the needs of residents and coordinate available resources in the community to meet those needs.

ROSS Grant Coordinators help each participant to advance towards their goals, personal priorities, and interests through needs assessments, action plans, case management, and referrals to community and web-based services.

A Service Coordinator will work with participants to establish individual goals appropriate to his or her stage of life. Goal-setting is led by the needs of the Resident and based on the outcome of the Needs Assessment.

Through the use of “Person-Centered approach”, residents and the Service Coordinator will collaborate to tailor goals to the Resident’s unique circumstances.

The program works to promote the development of local strategies to coordinate the use of assistance with public and private resources, for supportive services and resident empowerment activities.

To schedule an appointment, please call Darci at extension 109

Defining the Service Coordination Program

ROSS (Resident Opportunity Self-Sufficiency) Grant Service Coordinator assesses the needs of residents and coordinate available resources in the community to meet those needs.

ROSS Grant Coordinators help each participant to advance towards their goals, personal priorities, and interests through needs assessments, action plans, case management, and referrals to community and web-based services.

A Service Coordinator will work with participants to establish individual goals appropriate to his or her stage of life. Goal-setting is led by the needs of the Resident and based on the outcome of the Needs Assessment.

Through the use of “Person-Centered approach”, residents and the Service Coordinator will collaborate to tailor goals to the Resident’s unique circumstances.

The program works to promote the development of local strategies to coordinate the use of assistance with public and private resources, for supportive services and resident empowerment activities.

To schedule an appointment, please call Darci at extension 109

Announcements

- ◆ You now have the option to **pay your rent online** from the comfort of your own home. You can go to www.myuflex.com to register and sign up. There is a minimal fee of \$1 per transaction. For questions about using the on-line payment system, please contact: customersupport@myuflex.com
- ◆ The **Stanton Community Room** will be **closed** in September and October for **construction**.
- ◆ **FHA prohibits flushing wet wipes.** Many plumbing experts would attest to the fact that wet wipes have been found intact within drainpipes even months after being flushed. More importantly, because they do not break apart, they form a massive buildup that results in the clogging of drain lines and eventually backed up plumbing systems.
- ◆ Fremont Housing Agency has an opening on the Board of Commissioners for a **Resident Board member**. This is a volunteer (unpaid) position that may be filled by a Resident of the Stanton or Gifford Tower who has a signed lease and is at least 19 years of age. If you are interested in serving as a Resident Board member, please contact Rita Grigg, Executive Director at: 402-727-4848 Ext. 5 or email fhauthority@fremonthousing.org.

- ## Announcements
- ◆ You now have the option to **pay your rent online** from the comfort of your own home. You can go to www.myuflex.com to register and sign up. There is a minimal fee of \$1 per transaction. For questions about using the on-line payment system, please contact: customersupport@myuflex.com
 - ◆ The **Stanton Community Room** will be **closed** in September and October for **construction**.
 - ◆ **FHA prohibits flushing wet wipes.** Many plumbing experts would attest to the fact that wet wipes have been found intact within drainpipes even months after being flushed. More importantly, because they do not break apart, they form a massive buildup that results in the clogging of drain lines and eventually backed up plumbing systems.
 - ◆ Fremont Housing Agency has an opening on the Board of Commissioners for a **Resident Board member**. This is a volunteer (unpaid) position that may be filled by a Resident of the Stanton or Gifford Tower who has a signed lease and is at least 19 years of age. If you are interested in serving as a Resident Board member, please contact Rita Grigg, Executive Director at: 402-727-4848 Ext. 5 or email fhauthority@fremonthousing.org.