

Halloween

Halloween is both a secular and religious holiday. It is celebrated on October 31. Although countries all over the world celebrate Halloween or a form of it. Christian churches may celebrate All Hallows Day or All Saints Day. The secular celebration is marked by dressing up in costumes and trick-or-treating and carnival style events characterized by spooky elements such as ghosts.

The original source of Halloween is believed to be of pagan tradition, although many believe the Christian celebrations came first. These festivals often honored gods of fruits, such as the Roman Pomona. Others, like the festival of Parentalia, may have honored the deceased.

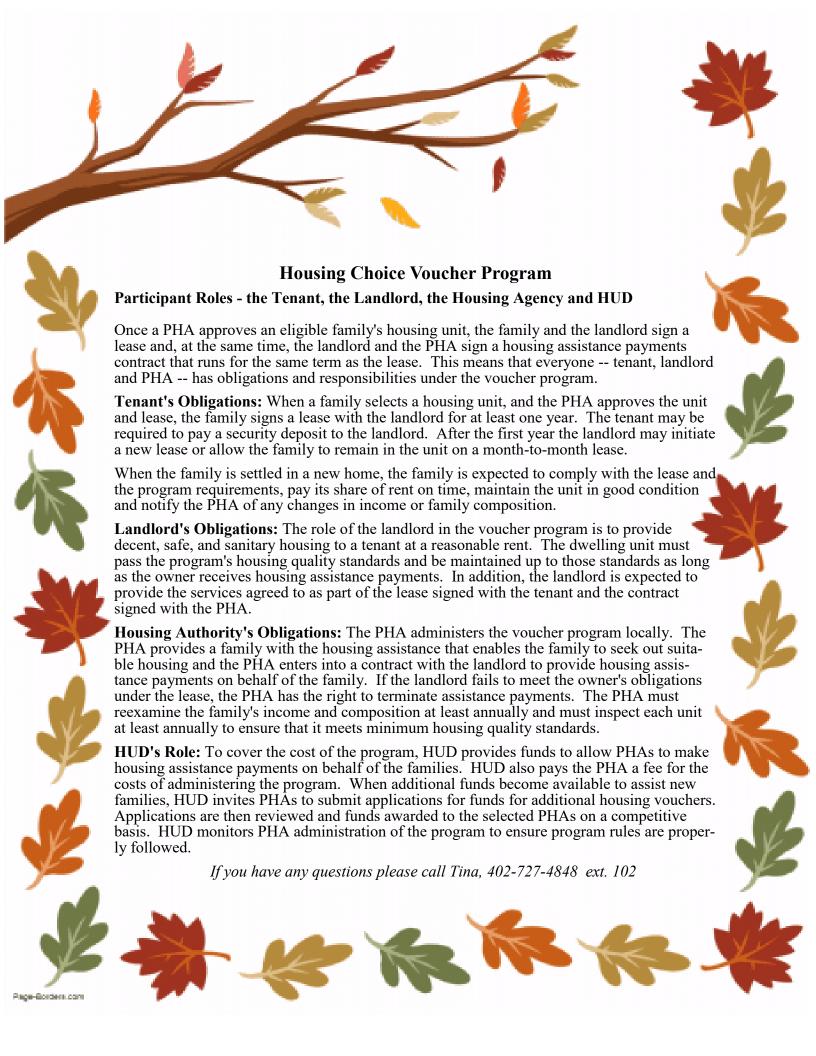
The Celtic festival of Samhain is of major influence, which marked the end of summer and the harvest. Bonfires were lit, often to provide light for those bringing in livestock from the fields or mountains to be slaughtered for winter. On this day, the Celts believe that the door to the underworld was opened, letting in spirits. They would hold a feast, setting a place for any deceased relatives, as they were believed to visit home on this day. Mean spirits entered the earthly realm as well. People would dress in costume in order to confuse these spirits.

This evolved into the custom of visiting houses to collect food for the feast while in costume, a precursor to trick-or-treating.

There were several legends associated with Samhain due to the believed opening of the underworld: The body parts of those who had died since the last Halloween would become animated and possess the living. This is why many observers would extinguish fire inside of their house and purposely make it very cold so that spirits would not be drawn there.

In the second half of the 19th century, America was flooded with new immigrants. These new immigrants, especially the millions of Irish fleeing the Irish Potato Famine, helped to popularize the celebration of Halloween nationally.

The FHA Offices Will Be Closed: Monday, October 11 Thursday, November 11 Thursday, November 25 Friday, November 26 Friday, December 24





## **Ways to Give Without Expectations**



- 1. Let someone vent, even if you can't offer a solution, just to be an ear—without considering how well they listened to you last week.
- 2. Help someone who is struggling with difficult feelings by admitting you've felt the same thing—without considering whether they'd be as open with you.
- 3. Ask, "What can I do to help you today?" Then let it go after following through.
- **4.** Tell someone how you feel about them, even if it makes you feel vulnerable, just to let them know they're loved and not alone.
- **5.** Apologize when you've acted selfishly, even if you don't like feeling wrong, because it will remind the other person they deserve to be treated with respect.
- **6.** Let someone else educate you, even if you're tempted to stay closed minded, because you value their knowledge and appreciate their willingness to share it.
- 7. Forgive someone who wronged you because you have compassion for them, not because you know they'll owe you.
- **8.** Hold someone's hand when they feel vulnerable to let them know you haven't judged them.
- 9. Give your full attention to the person in front of you when you're tempted to let your thoughts wander just to show them their words are valuable.
- 10. Assume the best when you're tempted to suspect someone for no valid reason—even if they haven't always given you the benefit of the doubt.
- 11. Accompany someone to an appointment or drive them to an interview when they need support just to help them feel strong.
- 12. Tell someone you believe in their potential, even if they haven't always shown you the same support.



This service is available to: the general public, the elderly, and persons with disabilities.

Serving: Cass, Dodge, Douglas, Sarpy, and Washington counties

**To book your ride:** Toll Free 1-888-210-1093 **Hours to call:** 8:00 a.m.-5:00 p.m. Monday-Friday

# Dates to Keep in Mind

#### October

- 5 World Teachers Day
- 11 Columbus Day
- 16 Boss' Day
- 24 United Nations Day
- 26 National Pumpkin Day
- 31 Halloween Day

#### November

- 2 Election Day
- 7 Daylight Savings Time ends
- 11 Veterans Day
- 13 World Kindness Day
- 25 Thanksgiving Day
- 26 Black Friday

#### December

- 10 Human Rights Day
- 15 Bill of Rights Day
- 21 First Day of Winter
- 31 New Year's Eve



Fremont Housing Agency Contact: Tina

2510 N. Clarkson St. Fremont, NE 68025 (402) 727-4848 (402) 727-4751 - fax www.fremonthousing.org

Fremont Police Dept. (402) 727-2677 Fremont Fire Dept.

(402) 727-2688 Emergency - 911

General Assistance (402) 727-2731

Health & Human Services (402) 727-3200

LifeHouse (402)-721-3125

\*\*\*\*\* **REMINDER:** If you receive a rent increase or other change notification from your Landlord, and you have not heard from Tina within 10 days stating that she has approved the change, you need to call her. 402-727-4848 ext. 3

# easons Greetings

## Some Rights of Section 8 Renters -

- a. To live in decent, safe and sanitary housing that is free from environmental hazards including leadbased paint.
- b. To have timely repairs and quality maintenance.
- c. To be given reasonable notice in writing of any inspection or other entry into your apartment.
- d. To keep all information provided by management confidential.

### Some Responsibilities of Section 8 Renters -

- b. Pay your share of rent on time.
- c. Maintain the unit in good condition.
- d. Notify the Housing Agency of any changes in income or family composition.

Fremont Housing Agency 2510 N. Clarkson St. Fremont, NE 68025





