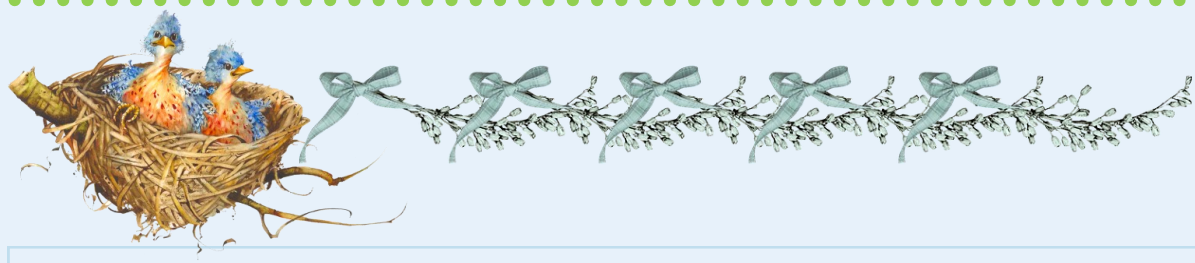


**Volunteering** has many benefits. It gives you the opportunity to learn, grow, explore, face exciting challenges, meet new people, make friends and help others. So dedicate your time, commitment and passion today!  
*The following are always looking for good people who like to give of their time.*

Fremont Area United Way  
Fremont Health  
Salvation Army  
Keene Memorial Library  
Parks & Recreation  
Uniquely Yours

Nye Legacy Health & Rehabilitation  
Fremont Habitat for Humanity  
The Bridge  
Fremont Family YMCA  
The Hope Center for Kids



Fremont Housing Agency  
2510 N. Clarkson St.  
Fremont, NE 68025



## Section 8 Sound

### January - February– March 2022

#### Quarterly Newsletter



#### \*\*\*REMINDER FROM TINA ABOUT REQUIRED PAPERWORK\*\*\*

When you get your SSI or Social Security award letter, take it to Tina, the Section 8 Coordinator, as soon as possible, so Tina can make copies for your recertification.

*You can also mail a copy to Tina at:*  
2510 N Clarkson St., Fremont, NE 68025

*Thank you.*



#### Kind Ways to Help Elderly Neighbors during Winter

by Julia Nene Pratt on February 23, 2018

*Here are four simple ideas that show a little kindness can go a long way:*

- ◆ Keep their pathways snow and ice-free. Consider shoveling their driveway and sidewalks for them before applying a de-icing agent, as well as porch steps and railings.
- ◆ Touch base before and after winter storms. If a winter storm is brewing, ask if they have a battery-powered radio, first aid kit, warm blankets, and prescription medications.
- ◆ Check up on them periodically, anyway. You can ask if they're feeling well or not, and if they have operational heat, water, and working detectors.
- ◆ Share a hot meal. There's nothing like visiting with a neighbor over a steaming bowl of soup or chili. Those foods can also warm up the body and deter hypothermia in the colder months.

#### The Fremont Housing Agency Offices Are Closed On:

1/17/2022 - Martin Luther King Jr's Day

2/21/2022 - President's Day

Congratulations to **Requita Keeler** for being honored as a **"2021 Employee of the Year"** by the Fremont Family YMCA at the annual Heritage Club Dinner this past November!! From the accolades she received in the article by the Fremont Tribune recently, it seems Requita is a very valuable and important member of the Fremont Family YMCA. She works at the front desk and in membership services.

Romantic Things to Do on Valentine's Day That You'll Never Forget!

1. Play a board game.
2. Make music playlists for each other.
3. Take a hike.
4. Take an online drink mixology class.
5. Play tourist in your own town.
6. Set up a waffle bar.
7. Make a scrapbook of your relationship.
8. Bake something sweet.
9. Go for a drive.
10. Craft something together.
11. Cook dinner together.
12. Exchange heartfelt gifts.
13. Send your partner on a treasure hunt.
14. Take a day trip.
15. Take a class together.
16. Have a snowball fight.
17. Watch each other's favorite movie.
18. Read love poems together.
19. See a play.
20. Go dancing.
21. Go to an arcade.
22. See a movie.
23. Take a cooking class.
24. See a live comedy show.
25. Recreate a favorite date.
26. Have a candlelit dinner at home.
27. Watch the sunset.
28. Go for a romantic walk.
29. Attend a wine tasting.
30. Go to a restaurant you've been wanting to go to.

“The mission of the Fremont Housing Agency is to be a leading, innovative, affordable housing agency dedicated to assisting low to moderate income families, elderly, and disabled residents who are striving to improve the quality of their lives through independent living or self-sufficiency.”

SNOW REMOVAL

If it is your responsibility to shovel snow from your porch, sidewalks and driveways, please do so. This is for everyone's safety, including your own.

Thank you.



Good communication is an important aspect of running a successful property management business. Some tips to promote healthy business relationships between Landlords or Section 8 Staffing Coordinators and their Tenants.

- ◆ Clearly express needs and wishes.
- ◆ Offer practical solutions.
- ◆ Be polite.
- ◆ Remain calm and keep things professional.
- ◆ Share expectations.
- ◆ Express genuine gratitude.
- ◆ Share relevant, timely information.
- ◆ Ask questions!

\*\*\*\*\*

It is your responsibility!!!!!!!  
Report income, job, phone number or any other changes to Tina as soon as they happen!! Do not wait!!



**Calendar - Dates to Keep in Mind**

- January 1 - New Year's Day
- January 17 - Martin Luther King Jr. Day
- February 2 - Groundhog's Day
- February 14 - Valentine's Day
- February 21 - President's Day
- March 1 - Mardi Gras
- March 2 - Ash Wednesday
- March 13 - Daylight Savings Time begins
- March 20 - Spring begins
- March 17 - St. Patrick's Day

What the Robin Told

The wind  
told the grasses,  
And the grasses  
told the trees.  
The trees  
told the bushes,  
And the bushes  
told the bees.  
The bees  
told the robin,  
And the robin  
sang out clear:  
Wake up!  
Wake up!  
Spring is here!

**Fremont Housing Agency**  
**Contact: TINA**  
2510 N. Clarkson St.  
Fremont, NE 68025  
(402) 727-4848  
(402) 727-4751 - fax  
[www.fremonthousing.org](http://www.fremonthousing.org)  
**Fremont Police Dept.**  
(402) 727-2677  
Emergency - 911  
**Fremont Fire Dept.**  
(402) 727-2688  
Emergency - 911  
**General Assistance**  
(402) 727-2731  
**Health & Human Services**  
(402) 727-3200  
**LifeHouse**  
(402)-721-3125  
**Salvation Army**  
(402) 721-0930