



Fremont Housing
Agency

OCTOBER 2020

TWO TOWER TALK



Rita Grigg

Executive Director

Darci Blakely

Housing Program

Manager

RENT DUE

Rent is due

Thursday October 1st

Your payment must be in
the drop box by 3:00 pm

on Monday,

October 5, 2020.

REMEMBER!!!

Checks or Money

Orders Only!

NO CASH!!!!!!



RENT
is due

**For after hour
Maintenance
emergencies
contact:**

Ed: 402 720-1264

Rita: 402 720-9643



*Emergency
Contact
Information*



MEET THE ALMOST NEW GIFFORD HOUSING SPECIALIST

I am Tammy McLuckie, I moved here from Manson, Iowa to Nebraska in April 2020, I moved here with my boyfriend of 6 years. I have 3 children ages 22, 21, and 19. I am a very family-oriented person. I come from a family of 6, I am the youngest of 4 children. My hobbies are reading, camping, fishing. I have currently picked up a couple new hobbies of target shooting and hunting.

Prior to coming to Fremont Housing Agency, I worked in the transportation industry for 5 years. I worked in payroll, dispatching, as well as doing HR duties. I also worked in an Elementary School for 4 years as a teacher's associate. I started at Fremont Housing as a temp in April and became an official employee on July 1, 2020. I have enjoyed meeting residents and helping them with their housing needs.

THREE RIVERS FLU SHOT CLINIC

TUESDAY OCTOBER 13, 2020

**1:15-1:45-GIFFORD COMMUNITY
ROOM**

**2:00-2:30-STANTON TOWER
COMMUNITY ROOM**

**The cost is \$30.00 and they will bill all insurance
companies. Masks and social distancing is required.**



**The Offices, Kitchen, and Dining Room
will be closed on Monday, October 12th
for Columbus Day!**

**We will also be closed Friday,
October 23rd**

No meals will be served.



WASHERS AND DRYERS OUT OF ORDER



If a washer or dryer is out of order you can put a sign on it but you **MUST** notify the office that a machine is not working so that a work order can be put in. They cannot be repaired if maintenance does not know that they are not working!!



Pestrol September Schedule

Wednesday October 14th

Starting at 12:00 pm

Gifford Floors 5, 6, 7 Stanton Floors 5, 6, 7



The Maintenance Department
will be doing bed bug checks at
Stanton Tower on



Wednesday, October 14

Thursday-October 15

Friday-October 15



The RSSC Kathy
Casper will be at Gifford
Tower every Tuesday
10:00 am-11:00 am
to meet with Gifford residents

Stop by or call and schedule an
appointment!!!



DON'T FORGET TO VOTE!!!!

**ELECTION DAY IS TUESDAY
NOVEMBER 3**



NO SMOKING POLICY REMINDER

The Fremont Housing Agency has **"SMOKE FREE PROPERTY"**. With the winter months coming up it is tempting to smoke in your apartment. **YOU MUST GO OUTSIDE!!!!** This is against the policy so here is a reminder for residents in violation of the **NO SMOKING POLICY!**

- Fined \$200 for the 1st reported smoking violation in the unit resulting from complaints filed with the office, inspections or discovered upon entry into the apartment by any housing staff, contractors, guests, or other persons entering the unit.
- Fined \$300 for the 2nd reported smoking violation.
- Evicted from public housing for the 3rd reported violation





Commodities

Friday, October 16th

Staff will deliver
Gifford Tower commodities to their
apartments.

Stanton Tower will be called to the
community room floor by floor.
Social Distance please!!!!

Staff will continue to distribute the
Commodities.

The RSSC Kathy Casper has a food
pantry in her office with the extra food
commodities. If you **NEED** food call the
RSSC 402 727-4848 ext. 109 and
schedule a time to pick up food that you
need. This includes everyone-no matter
your age, income or building!!



**The RentWise
class scheduled
for October 21,
2020 has been
canceled. Rent Wise will be
held on November 9, 2020.
More information will be
provided later in October.**

RMIENDER!!!!

**THE STANTON AND
GIFFORD OFFICES
HAVE FACE MASKS**

FOR RESIDENTS ONLY!

Please stop and pick up one if you have
not done so already. A variety of sizes
are available, however, we are not able
to give residents a choice on the masks.



Does anyone need a wheel
chair? It is not motorized but
the push kind,. Call Kathy
Casper, the Resident Support
Services Coordinator
if you do. 402 720-9938.



**Feet 4 Keeps
Toe Nail Clinic
Monday-November 2
12:30-3:30
Sara Bourek 402 719-9770**



**OCTOBER 15, 2020 TO
DECEMBER 7, 2020**

The best time to join a Medicare health
or drug plan is when you first get
Medicare. Signing up when you're first
eligible can help you avoid paying
a lifetime Part D late enrollment penalty.
If you miss your first chance, generally
you have to wait until fall for
Medicare's annual Open Enrollment
Period (October 15–December 7) to join
a plan. During this time each year, you
can also drop or switch your plan
coverage.

If you have Medicare and Medicaid
there are several advantage plans for
you.



Inspections will be coming up soon. We want everyone to pass inspections!!

It is time to get cleaning now!!!

Here is a weekly and daily chore chart to help you. You should always try to keep your apartments clean so continue to follow this throughout the year!

Weekly Chores

Monday	—————>	Laundry Catch-Up Kitchen Wipe Down
Tuesday	—————>	Floors: sweep, mop & vacuum 15 minute pick up & wipe down
Wednesday	—————>	Errands Car and entry way clean up
Thursday	—————>	Bathrooms Budget Check
Friday	—————>	Deep Kitchen Clean Dusting - focus on one room
Saturday	—————>	Project Day
Sunday	—————>	Prepare for the week ahead

Every Single Day; Because I Said So

- Do the dishes and sanitize food prep areas
- Wipe down the bathroom sink & toilet
- Sweep or quickly vacuum high traffic areas
- Put your stuff away
- Check your schedule

SOCIAL SECURITY SCAM ALERT!!!

A resident at Stanton Tower received a phone call from someone claiming to be from Social Security telling her that her SSI would be terminated unless to refile. The resident hung up the phone and called the number back. It was not Social Security.



Here are the top Government imposter scams!

1. Social Security Administration
2. Health and Human Services/Medicaid
3. Police, Sheriff, or FBI
4. IRS imposter
5. Federal Trade Commission

Here is what you should know!!

- ♦ Government Agencies do not call people out of the blue with threats or promises of money
- ♦ Never give out personal information
- ♦ **DO NOT TRUST** caller ID
- ♦ Check with the real agency
- ♦ NEVER pay with a gift card or wire transfer
- ♦ Report Government imposter scams at [ftc.gov/complaint](https://www.ftc.gov/complaint)
- ♦ Learn more at [ftc.gov/imposters](https://www.ftc.gov/imposters)



NOVEMBER 1ST



If you just learn a single trick, Scout, you'll get along a lot better with all kinds of folks. You never really understand a person until you consider things from his point of view . . . until you climb inside of his skin and walk around in it.

QUOTEHD.COM

Atticus Finch

TRIVIA!!!!



THURSDAY-October 22 1:30-2:30 pm
Stanton Tower Community Room

Only two to a table- Only 22 residents allowed
SOCIAL DISTANCE-6 Feet-Wear a mask if you please!

Halloween Word Search



Q	M	T	J	V	M	P	L	P	L	S	W	R	Y	N	Y
S	B	R	L	E	F	W	H	X	B	V	C	L	P	K	W
P	H	P	Q	V	F	T	O	S	H	T	F	X	H	X	H
O	B	F	H	D	J	I	J	N	O	T	E	L	E	K	S
O	R	Q	C	A	N	D	Y	I	F	U	Q	I	O	O	B
K	G	H	O	S	T	S	L	K	J	J	E	N	D	O	S
Y	M	Z	L	G	J	F	C	P	H	E	K	Y	J	X	Y
I	T	E	C	O	S	T	U	M	E	S	L	A	H	X	A
V	G	A	X	B	K	L	M	U	M	M	Y	H	A	K	S
E	A	A	B	L	Z	S	T	P	P	I	B	U	L	H	M
D	M	W	F	I	T	P	A	R	T	Y	Q	G	L	C	U
A	E	Y	Q	N	U	G	E	S	S	L	H	Z	O	T	S
S	S	B	J	E	C	C	R	F	F	K	X	P	W	I	Y
T	R	I	C	K	U	P	T	J	A	S	L	Z	E	W	E
F	T	Z	Q	W	P	X	B	J	Q	A	B	I	E	U	W
M	T	V	C	R	J	K	U	D	T	M	U	S	N	H	O

BOO
GAMES
HALLOWEEN
PARTY
SPOOKY
WITCH

CANDY
GHOSTS
MASK
PUMPKINS
TRICK

COSTUMES
GOBLIN
MUMMY
SKELETON
TREAT



October 2020



Sun	Mon	Tue	Wed	Thu	Fri	Sat
SUBJECT TO CHANGE*		<p>Bi-Weekly menus for participants are still necessary and available at the Gifford & Stanton Tower offices. If you are interested in the Food Service Program, please feel free to contact Resident Support Services at 727-4848 ext.109 or stop down at the office during regular business hours.</p>				
4 Polish Sausage Mashed Potatoes Jell-O Cookie	5 Tomato Soup 1/2 Cheese Sandwich Apple Crisp	6 Sweet N' Sour Pork with Rice Corn Mandarin Oranges	7 Fish Fillet Coleslaw Dinner Roll Cookie	8 Ham and Scalloped Potatoes Bread and Butter Green Beans Pudding	9 Turkey Casserole Dinner Roll Pumpkin Pie	10 Egg Salad Sandwich Chips Pickle
11 Ham Slice Mashed Potatoes Carrots/Peas Oranges	12 KITCHEN AND DINING ROOM CLOSED NO MEALS WILL BE SERVED	13 Cheeseburger Tater Tots Ambrosia Salad	14 Salmon Patty with Dill Sauce Mashed Sweet Potatoes Peas Chocolate Cake	15 Vegetable Soup Corn Bread Jell-O	16 KITCHEN AND DINING ROOM CLOSED NO MEALS WILL BE SERVED	17 Cheeseburger Chips Pickle Chocolate Cake
18 Breakfast Burrito Tomato Slice Cookie	19 KITCHEN AND DINING ROOM CLOSED NO MEALS WILL BE SERVED	20 Breaded Chicken Breast Hash Brown Bake Cranberry Sauce Lemon Cake	21 Lasagna Garlic Stick Green Beans Strawberry Fluff	22 Turkey and Swiss On Rye Pickle Carrot Salad Pears	23 KITCHEN AND DINING ROOM CLOSED NO MEALS WILL BE SERVED	24 Turkey Swiss Sandwich Chips Pickle Cake
25 Lasagna Bread and Butter Green Beans Cookie	26 Chili Mac Casserole Corn Vanilla Pudding with Cherries	27 Pork Loin Baked Potato Mixed Vegetables Orange Supreme Salad	28 Deli Beef Sub Macaroni Salad Red Velvet Cake with Cream Cheese Frosting	29 Liver and Onions Creamy Potatoes Orange Candy Carrots Fruit Cocktail	30 Chicken Fried Steak Mashed Potatoes with Country Gravy Cook's Choice Vegetable	31 Ham Salad Sandwich Pickle Cole Slaw Butterscotch Pudding

Fremont Housing Agency

2510 N. Clarkson St.
Fremont, NE 68025
(402) 727-4848
(402) 727-4751 - fax
www.fremonthousing.org

Resident Support Services

Stanton Tower 205
(402) 727-4848 ext. 109

**IMPORTANT
NUMBERS****Central Navigation**

Centralized Intake
402 721-4157

Fremont Police Dept.

(402) 727-2677
Emergency - 911

Fremont Fire Dept.

(402) 727-2688
Emergency - 911

General Assistance

(402) 727-2731

**Health & Human
Services**

(402) 595-1258

Salvation Army

(402) 721-0930

**Northeastern Nebraska
Community Action
Partnership-NENCAP**

(402) 721-0619

**Eastern Nebraska Office
on Aging-ENOA**

(402) 721-7770
Senior Center
(402) 727-2815
RSVP Car-Go
(402) 561-2224

Uniquely Yours

(402) 727-8977

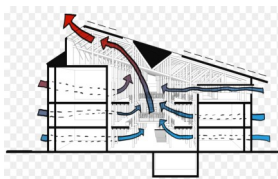
ProMed Care

**Brooke from ProMed Care will be here
to explain the Medicaid waiver to
residents and the services that ProMed
Care can provide for you**



Wednesday October 14, 2020

1:30pm-Stanton Tower Community Room

LEARN ABOUT THE BUILDING SYSTEMS

**Ever wonder why we cannot turn
the air conditioning and heat off
and on to adjust to the daily
weather changes?**

Find out at the Building Systems Meeting October 1st

2:00 PM-Stanton Tower

2:45 PM-Gifford Tower

**SOME REASONS WHY YOU
SHOULD VOTE**

1. Housing related policies/affordable housing

2. Current COVID-19 crisis

3. Build Stronger Communities-lack of representation of low-income voters, minority votes, and voters with disabilities means people most often affected by government policies are unable to change or participate in the conversations about this policies.

4. Government programs such as SNAP, public assistance agencies, and state disability services are underfunded and understaffed

5. Political opposition to expanding the electorate



**Stanton Tower Social Club
Presents Merrymakers
Kim Eames**

**October 6, 2020 1:30 PM
outside -Bring your own chairs**

**Practice Social Distancing-6 feet apart
Bring your own nonalcoholic beverage
No snacks or beverages will be provided**



**FAIR
HOUSING:
IT'S NOT AN
OPTION. IT'S
THE LAW.**