



**July 2023
Somers Point Newsletter**

Happy July, a time to celebrate our freedom, a time to show our appreciation to our Veterans, for all gave some and some gave all.

Do you wake up each day with Gratitude or an Attitude? I recently read this quote by LeVar Burton, "Gratitude is the grace that makes the blessings flow." So, if we wake up with gratitude, we don't need to worry about an attitude, but if we don't keep that gratitude, it will turn into an attitude that may not make us have a good day. How we react to what happens to us, around us, or even to those we love can cause an attitude change. Recently I heard of a young man who had an attitude, he was adopted, and life had been rough, but his adoptive Mother challenged him to do one good thing each day. After a lot of arguing, he finally agreed to try it. His first good deed was opening the door for someone at school, from the response, he discovered it wasn't all that bad to start doing something

Good. So, he started working harder at other good deeds, and money that he acquires through that, is going to adoption agencies to help other children who are in the system waiting for adoption. I wonder if he wakes up with Gratitude or an Attitude each day, what do you wake up with? May you have a Gratitude Day.

What a wonderful thing for those of you who were alone on Memorial Day to share a meal and time together, thanks to those who organized it. Did that improve your attitude? Hope so.

A big thank you to Housing for the wonderful BBQ meal they provided for us in June. It was nice to get to know the staff and meet some of the board members. Come again.

Our July 13th meal will be provided by Vern & Jan, Virginia, and Rachel. The menu will be hot dogs, brauts, potato salad, and dessert, the sign-up sheet is at the Club House.

Remember the meals will now be \$4.00 per person, the deadline to sign up is July 7th.

We also appreciate all the time and effort that Rita and the Housing Board have been putting into bringing ALLO to Somers Point. Some of us may be waiting longer than others, but the wait will be worth it all in the end. We thank ALLO for all their extra work also.

We are very fortunate to have the recycling container at the club house, and many of you have been helping to fill it. It would help greatly if any boxes put in the can were broken down first. Also, if the water bottles are crushed this would help save space. It was stated to remove the labels and lids, which was an error, you do not need to do that. Please remember to rinse bottles and cans, they can smell bad from the heat and definitely invite rodents and bugs. As a result of the use of this service another container has been added. We would like to keep one container for boxes, papers, and cardboard. Please remember if the container is full, you need to save it till the container is emptied again. Please do not set it beside the container, and please do not put items that are in plastic sacks or bags in the container, always empty your bags. They do not except that type of plastic. Thanks for your help. Keep on recycling.

Reminder: Keene Memorial Library will be at the Club House the 3rd Wednesday of each month at 10:30, with books for you to pick from, or order, they will gladly deliver to your home. Reading is good for the mind. Note: the July date is the 12th.

Notice: Becky M.'s new phone number is 402-720-4221.

Our July Birthdays are:

- Fran M.-----1st
- Doris F. -----1st
- Aileen "Alie" N. -----2nd
- Karen L.-----7th
- Shirley O.-----7th
- Gary M.-----7th
- Susy O.-----7th
- Connie O.-----15th
- Virginia S.-----21st

We send Get Well wishes to:

- Mary R. after her fall.
- Marylin H., Betty H., Suzanne W.
- Sandy B. and Jill P.

We thank Allyn B., Lanora P., and Betty K. for being faithful at putting out the flags along the sidewalk on special days. It is greatly appreciated. Allyn has stated he will be responsible for putting out and pick up the flags in Somers Pt. I

Leona and Gib would like to thank all of you who have been praying for their Grandson Matthew since his motorcycle accident, he is on a long road to recovery, and doing well, they ask for continued prayers.

Several people have shown interest in having a Fall Garage Sale. If you are interested there is a sign-up sheet at the club house, please suggest a date.

Treasurer's Report:

Bingo Fund----- \$477.45
 Meals-----\$168.98
 General-----\$269.88
 Total----- \$916.31

Our Recipe comes from the Outside the Box Cookbook, put out by CSFP:

Southwest Fruit Salsa

- 1 can mixed fruit; drained
- ½ cup onion chopped
- 2 T. Lime juice
- ¼ cup green pepper chopped
- 1/8 t. black pepper

Mix well, let stand 15 minutes at room temperature, or refrigerate for 6 hours before serving. Serve with tortilla chips or topping for grilled fish, chicken, pork, or beef.

Serves 6

How to cut a recipe in half and third

Recipe:	Cut in half:	Cut in Thirds:
1 cup	½ cup	1/3 cup
¾ cup	6 Tbsp.	¼ cup
2/3 cup	1/3 cup	3T. 1 ½ tsp
½ cup	¼ cup	2 T. 2tsp.
1/3 cup	2 T. 2 tsp.	1 T. ¼ tsp
1 Tbsp.	1 ½ tsp.	1 tsp.
1 tsp.	½ tsp.	¼ tsp.
½ tsp.	¼ tsp.	1/8 tsp.
¼ tsp.	1/8 tsp.	Dash

Happy 4th of July,

Be thankful for your

Independence.