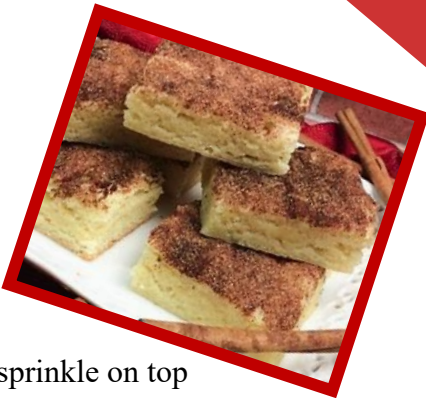


Snickerdoodle Bars

*Recipe
Corner*

Ingredients:

- ★ 2 sticks (1 cup) unsalted butter
- ★ 1 cup dark-brown sugar
- ★ ½ cup granulated sugar
- ★ ½ teaspoon baking soda
- ★ ½ teaspoon cinnamon
- ★ ½ teaspoon salt
- ★ 2 large eggs
- ★ 1 teaspoon pure vanilla extract
- ★ 2 ¼ cups all-purpose flour
- ★ 1 teaspoon cinnamon-sugar, to sprinkle on top



Preparations:

Preheat oven to 350°. Cream butter and sugars with an electric mixer at high speed until fluffy. Add baking soda, cinnamon and salt, then mix at low speed to blend. Add eggs and vanilla extract and beat at medium until just incorporated. Add flour and mix on low speed until blended. Scrape dough into a nonstick 13 by 9 inch metal baking pan, smoothing it in an even layer. Bake until lightly golden and set in center, about 30 minutes.

Transfer pan to a rack, and if desired, sprinkle cinnamon-sugar over warm bars, and then let cool completely. Or dust cooled bars with confectioners' sugar. Cut into 40 bars.

Stories to Remind You to Never Give Up on Your Dreams

Thomas Edison

Did your teacher called you stupid just because you cannot answer a simple math problem? Got fired from your job? Well, you are not alone!

Sir Thomas Edison is not as intelligent as you thought he was. In fact, during his early days, even his teachers told him that he is “too dumb to learn anything and there’s no hope for him.”

He even stopped his formal education at the age of 12. Not only that, he also failed a thousand times with his inventions. Likewise, he even got fired from his first two jobs — after leaking acid on to his boss’ desk, but he did not give up and he did not let those failures drag him down.

Instead, he ignored those criticisms and despite being almost penniless, he turned out to be the most successful inventor of his generation. Having a great influence from motion picture cameras to creating the light bulb.

Come to think of it, if he did give up, you will probably be using candles up to now.

One of his famous quotes is, “Every wrong attempt discarded, is another step forward.”

Harland David Sanders (Colonel Sanders)

If you are one of those people who uses the excuse, “I’m too old, there’s no way I can be successful anymore.” Think again. It is never too late for success.

A great example of this would be, Colonel Sanders. If you are not familiar who this guy is, he is just the founder of the ever-famous Kentucky Fried Chicken (KFC). One of the biggest fast food corporations worldwide.

Though, it was not an instant success. Colonel Harland Sanders started his dream at 65 years old. For most, this would be the time to retire and enjoy the remaining years of their lives. However, Colonel Sanders turned this the other way around.

After getting his retirement benefits, he used his first social security check, amounting to one hundred and five dollars, to start a business (once again) — the start of his journey. Most people would complain after receiving this amount. Not him, though. He believed that restaurant owners would love his original fried chicken recipe and he would get a small percentage once the sales increase.

It was not an easy job. He drove around Kentucky, knocking on every door, sleeping inside his car, and to look formal, he always wore his signature white suit.

Even though KFC is very famous now, do you know how many times people ignored his offer and said, “NO?” Only 1,009 times, but that did not stop him until he got a “Yes!”

***Hooper Housing Authority
Parkview Apartments
September 2020 Newsletter***

Labor Day & Patriot Day

Labor Day History

Labor Day is a dedicated to honoring and remembering the achievements of the US worker. It is a national celebration which recognizes the contributions that American workers have made to the prosperity of their nation. Labor Day is celebrated on the first Monday in September as a three day weekend.

Labor Day Facts & Quotes

- ♦ The Central Labor Union observed the first Labor Day holiday in 1882 in New York City.
- ♦ Labor Day marks the end of the summer season, the beginning of school and the start of football season.
- ♦ According to the rules of fashion, Labor Day Weekend is the last official time where wearing white is appropriate.
- ♦ All labor that uplifts humanity has dignity and importance and should be undertaken with painstaking excellence. - *Martin Luther King Jr.*
- ♦ Labor is prior to, and independent of, capital. Capital is only the fruit of labor, and could never have existed if labor had not first existed. Labor is the superior of capital and deserves much the higher consideration. - *Abraham Lincoln*

Patriot Day (Sept 11) History

Patriot Day is a day the US remembers the terrorist attacks on September 11, 2001. This day is commonly referred to as 9-11 (Nine-Eleven). It is believed that 2,977 people died in the attacks. President George W. Bush proclaimed September 11th Patriot Day in 2002.

Patriot Day Facts

On September 11th, US Flags should be flown at half mast - both on US soil and abroad. A moment of silence is held at 8:46 a.m. (EST) across the nation - commemorating the time the first plane struck the North Tower of the World Trade Center on September 11, 2001.

The National September 11 Memorial and Museum takes up over half of the destroyed World Trade Center site. It contains bronze parapets inscribed with the names of those killed on September 11, 2001 and those killed in the 1993 World Trade Center attack.

Cleaning up Ground Zero, as the World Trade Center was renamed, took 8 months and 19 days, and was completed in May of 2002.

The Twin Towers of the World Trade Center were once the tallest buildings in the world, and contained enough concrete to build a sidewalk from New York City to Washington D.C.

QUARTERLY

PEST CONTROL TREATMENT

February, May, August & November

The **last Tuesday of the month, starting at 10:00 a.m.** Be prepared for this visit to your apartment. Even if you are not at home the treatment will be done.

Remember to report anytime you suspect there is an issue. Being proactive and catching things early is the way to successfully avoid or eliminate any issues. Thank you for your help!



\$\$ RENT REMINDERS \$\$

- ⇒ Rent is due **September 1st**.
- ⇒ Rent is late if received after 4:30 p.m. on **September 5th**.
- ⇒ A charge of \$30 will be assessed on the 6th day of each month for late rent.
- ⇒ An additional \$20 will be assessed if rent is not paid by the 20th of each month.
- ⇒ No partial payment is accepted.
- ⇒ Check, cashier's check, or money order only.
- ⇒ **If you mail your payment please allow at least 5 days.**

Any questions, please call 402-727-4848 or on Tuesdays (9-11) & Fridays (8:30-11) -

Hooper Office Hours

Tuesday - 9:00 a.m. - 3:00 p.m.
(closed for lunch 12:00 p.m. - 12:30 p.m.)
Friday - 8:30 a.m. - 11:00 a.m.

Call the Fremont Housing Office at 402-727-4848 to put in a Work Order.

You can also tell Office Staff on Tuesdays at the Hooper Office, 402-654-2229.

For Maintenance Emergencies ONLY!

**Call - Ed (Maintenance Supervisor) 402-720-1264
or Rita (Executive Director) 402-720-9643.**

The next Regular Board Meeting is on **Wednesday, September 16, 2020**. It will begin at **6:30 p.m.**



Holidays & Days to Remember in September

7 - Labor Day

11 - Patriot Day

13 - Grandparents Day

21 - Peace Day

22 - First day of Fall

LABOR DAY



"A hundred times every day, I remind myself that my inner and outer life depend on the labors of other men, living and dead, and that I must exert myself in order to give in the same measure as I have received and am still receiving."

Albert Einstein

"Inspiration usually comes during work, rather than before it."

— Madeleine L'Engle

Grandma-Approved Home Remedies That Totally Work by Sutton Travis August 28, 2018

Treat Hiccups with Sugar.

You don't even need any medicine to go along with the sugar! Just one to two teaspoons of sugar should do the job to get an annoying bout of hiccups to subside. According to research in the New England Journal of Medicine, the coarse granules can do the trick to brush against the irritated nerve that is causing your diaphragm to heave and ho.

Chew Cherries for Insomnia.

It turns out that cherries are chock-full of melatonin (the hormone that tells your body it's time to fall asleep), so if you find yourself tossing and turning, open up your fridge and pop a handful of cherries in your mouth.

Put Potatoes on Bug Bites.

Did you know that potatoes are good for more than being mashed and baked and French-fried? They actually also have anti-inflammatory properties; a sliced, raw potato, according to a study in the journal Food and Agriculture Immunology, is one of the best compresses to place against an itchy bug bite.

Use Vanilla Extract for Toothaches.

Don't worry, we're not suggesting that you add more sugar to your cavity. However, the tiny concentration of alcohol in vanilla extract can work wonders in numbing your gums around a painful toothache. Simply soak a cotton swab in vanilla extract or add a drop or two to your finger and rub it against the afflicted area for some quite literally sweet relief.

Fight Foot Odor with Vinegar.

Are you one of those people who battles constant embarrassment about the stench emanating from your feet after a long day? For a good old-fashioned home remedy, look no further than the bottle of vinegar in your kitchen cabinet. The Cleveland Clinic recommends soaking your feet in a mixture of one part vinegar and two parts water at nighttime can help to reduce your feet's propensity to stink. Just 20 minutes or so of soaking should do the trick.

Banish Bad Breath with Lemon Juice.

If you find that, no matter how long you swill mouthwash in the morning, your breath is already stale a couple hours into your workday, you might want to opt for one of the most effective oral home remedies: lemon juice. First, gargle with a small cup of acidic lemon juice. (This will kill the bacteria that is causing your breath to stink.) Then, take a few bites of unsweetened yogurt to replace the bad bacteria with beneficial bacteria. This should keep your breath fresh for at least 12 hours.

Heal Wounds with Honey.

Say goodbye to pesky acne scars. A study in the World Journal of Otorhinolaryngology, Manuka honey, has been shown to heal scars in an "aesthetic manner". Just take a healthy dollop of honey and rub it into the scarred area before bedtime to help smoothen your skin. For deeper wounds, you might want to consider adding a wound dressing over the top to let it soak in. And if you happen to get a little in your mouth in the process, it can also make for a sweet treat!

Treat Warts with Duct Tape.

When in doubt, duct tape can get the job—any job—done. And yes, that holds true even when it comes to warts. To rid yourself of a pesky wart, all you need is a roll of duct tape and a bit of patience. First, cover the wart with a strip of tape for a week. This will slowly suffocate the wart. Leave the tape on for a week at a time, then remove it and carefully clean the skin around the wart. Repeat the process as needed until the wart is entirely gone. As a study in the Archives of Pediatric and Adolescent Medicine concluded, using this duct tape method is more effective at removing warts than even cryotherapy, the most common treatment for wart removal in the medical community.

