

## Cheeseburger Soup

Recipes

#### **Directions**

In a large saucepan over medium heat, cook and crumble beef until no longer pink, 6-8 minutes; drain and set aside. In same saucepan, melt 1 tablespoon butter over medium heat. Sauté onion, carrots, celery, basil and parsley until vegetables are ten der, about 10 minutes. Add potatoes, ground beef and broth; bring to a boil. Reduce heat; simmer, covered, until potatoes are tender, 10-12 minutes.

Meanwhile, in a small skillet, melt remaining butter. Add flour; cook and stir until bubbly, 3-5 minutes. Add to soup; bring to a boil. Cook and stir 2 minutes. Reduce heat to low. Stir in cheese, milk, salt and pepper; cook until cheese melts. Remove from heat; blend in sour cream. Serve with warm bread, enjoy!

## **Ingredients**

1/2 pound ground beef 4 tablespoons butter, divided

3/4 cup chopped onion

3/4 cup shredded carrots

3/4 cup diced celery

1 teaspoon dried basil 1 teaspoon dried parsley flakes

1-3/4 pounds (about 4 cups) cubed peeled potatoes

3 cups chicken broth

1/4 cup all-purpose flour

2 to 4 cups shredded Velveeta cheese

1-1/2 cups whole milk

3/4 teaspoon salt



## **Thanksgiving Traditions to Try Out This Fall**

- Watch your favorite Thanksgiving TV
- Look through old photo albums
- Make donations
- ♦ Volunteer
- ♦ Have a special Thanksgiving prayer
- Make a Black Friday plan
- Have a Friendsgiving
- Start a Gratitude Jar
- Take a family photo
- Host a pot luck
- Have a pie competition
- Create a food tradition
- Have everyone make a toast
- Say something you're thankful for at the dinner table
- Break the turkey wishbone



# 'The Parkview Press' November 2021 Newsletter



Call the Fremont Housing Office at 402-727-4848 to put in a Work Order. You can also tell Office Staff on Tuesdays at the Hooper Office, 402-654-2229.

For Maintenance Emergencies ONLY!

## **Hooper Office Hours**

**Tuesday** - 9:00 a.m. - 3:00 p.m. (closed for lunch 12:00 p.m. - 12:30

#### **Award Letters**

Award letters from Social Security, SSI, Pensions, etc., should be arriving in December. Be sure to bring them to the Office as soon as you get yours so that Tammy can make a copy for your file.

You will need it for your next rent review.

## **BELL RINGING**

Each year, the Salvation Army sponsors "bell ringing" at various locations in an effort to collect donations for those in need. They are always looking for volunteers to ring bells. If interested please call 402-721-0930.



#### **Hooper Board Meeting Notice**

The next Regular Board Meeting is on Wednesday, November 17, 2021.

It will begin at 6:30 p.m.

### RENT REMINDERS

- Rent is due **November 1st**.
- ◆ Rent is late if received after 4:30 p.m. on **November 5th.**
- A charge of \$30 will be assessed on the 6th day of each month for late rent.
- An additional \$20 will be assessed if rent is not paid by the 20th of each month.
- No partial payment is accepted.
- Check, cashier's check, or money order only.
- If you mail your payment please allow at least 10 days. The mail service is slowing down even more than usual.

Any questions, please call 402-727-4848 or on Tuesdays (9-11 am).

## **QUARTERLY**

#### **PEST CONTROL TREATMENT**

February, May, August & November

The last Tuesday of the month, starting at 10:00 a.m. Be prepared for this visit to your apartment. Even if you are not at home the treatment will be done.

Remember to report anytime you suspect there is an issue.
Being proactive and catching things early is the way to successfully avoid or eliminate any issues. Thank you for your help!



## **Thanksgiving Trivia**

## When did America first call for a national Thanksgiving?

America first called for a national day of thanksgiving to celebrate victory over the British in the Battle of Saratoga. In 1789, George Washington again called for national day of thanks on the last Thursday of November to commemorate the end of the Revolutionary War and the ratification of the Constitution. And during the Civil War, both the Confederacy and the Union issued Thanksgiving Day proclamations following major victories.

## Which president refused to recognize Thanksgiving?

Thomas Jefferson was famously the only Founding Father and early president who refused to declare days of thanksgiving and fasting in the United States. Unlike his political rivals, the Federalists, Jefferson believed in "a wall of separation between Church and State" and believed that endorsing such celebrations as president would amount to a state-sponsored religious worship.

#### What does the poem, 'Mary had a little lamb,' have to do with Thanksgiving?

The first official proclamation of a national Thanksgiving holiday didn't come until 1863, when President Abraham Lincoln called for an annual Thanksgiving celebration on the final Thursday in November. The proclamation was the result of years of impassioned lobbying by "Mary Had a Little Lamb" author and abolitionist Sarah Josepha Hale.

## How long has pumpkin pie been a traditional part of Thanksgiving?

Pumpkin pie was a staple on New England Thanksgiving tables as far back as the turn of the 18th century. Legend has it that the Connecticut town of Colchester postponed its Thanksgiving feast for a week in 1705 due to a molasses shortage. There could simply be no Thanksgiving without pumpkin pie.

#### When did we start canning cranberries?

Cranberries were eaten by Native Americans and used as a potent red dye, but sweetened cranberry relish was almost certainly not on the first Thanksgiving table. The pilgrims had long exhausted their sugar supply by November 1621. Marcus Urann canned the first jellied cranberry sauce in 1912 and eventually founded the cranberry growers cooperative known as Ocean Spray.

#### Why is football a Thanksgiving tradition?

The winning combo of football and Thanksgiving kicked off way before there was anything called the NFL. The first Thanksgiving football game was a college match between Yale and Princeton in 1876, only 13 years after Lincoln made Thanksgiving a national holiday. Soon after, Thanksgiving was picked for the date of the college football championships. By the 1890s, thousands of college and high school football rivalries were played every Thanksgiving.

#### Who was the first president to pardon a turkey?

Starting in the 1940s, farmers would gift the president with some plump birds for roast turkey over the holidays, which the first family would invariably eat. While President John F. Kennedy was the first American president to spare a turkey's life ("We'll just let this one grow," JFK quipped in 1963. "It's our Thanksgiving present to him.") the annual White House tradition of "pardoning" a turkey officially started with George H.W. Bush in 1989.

## **Holidays and Dates to Remember**

November

Tuesday, 2nd - Election Day Sunday, 7th - Daylight Saving Time Ends Thursday, 11th - Veteran's Day Thursday, 25th - Thanksgiving Day

## A Story With A Moral....Being Thankful.

A blind boy sat on the steps of a building with a hat by his feet. He held up a sign which said: "I am blind, please help."

There were only a few coins in the hat. A man was walking by. He took a few coins from his pocket and dropped them into the hat. He then took the sign, turned it around, and wrote some words. He put the sign back so that everyone who walked by would see the new words. Soon the hat began to fill up. A lot more people were giving money to the blind boy. That afternoon the man who had changed the sign came to see how things were. The boy recognized his footsteps and asked, "Were you the one who changed my sign this morning? What did you write?"

The man said, "I only wrote the truth. I said what you said but in a different way. I wrote: "Today is a beautiful day but I cannot see it."

Both signs told people that the boy was blind. But the first sign simply said the boy was blind. The second sign told people that they were so lucky that they were not blind.

Should we be surprised that the second sign was more effective?

*Moral:* Be thankful for what you have...Be creative. Be innovative. Think differently and positively. When life gives you a 100 reasons to cry, show life that you have 1000 reasons to smile. Face your

past without regret. Handle your present with confidence. Prepare for the future without fear. Keep the faith and drop the fear. The most beautiful thing is to see a person smiling... And even more beautiful, know that you are the reason behind it!!!

#### **Clean Out Some Clutter!**

Donate old clothes and bags. Clear out clean pieces of clothing, bags, or shoes that you haven't worn or used in the last 18 months. Check your local Goodwill or Salvation Army for specific drop off days, times and article restrictions.

*Donate* books you are finished with. Books that you've read, especially paperbacks, or whose pages have remained unrifled for more than a year.

Donate rarely used small appliances. Come on, when was the last time you whipped up Belgian waffles? And other unused items taking up way too much room in the cupboard.

Donate eye glasses. North Americans toss 4 million pairs of glasses each year. Your local <u>Lion's Club</u> will accept these glasses as donations that will go to sight-limited seniors and other needy recipients. And don't forget prescription sun glasses!

*Recycle* unread magazines and newspapers. Bundle up any newspaper or magazine that you haven't read within a week of receiving or buying it. You may think you'll get back to it, but the odds are against your ever making it to the back page. Cancel subscriptions to save money and space!

Toss anything past it's due date. Anything in your pantry or freezer that has passed its expiration or "best if used by" date. Generally speaking, foods should be kept in the freezer for only two to three months before use.

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