

Simple Baked Apples

You will need:

- ◆ 6 apples - peeled, cored and sliced
- ◆ 1/2 cup white sugar
- ◆ 3 tablespoons all-purpose flour
- ◆ 1/2 teaspoon ground cinnamon
- ◆ 1/2 teaspoon ground nutmeg
- ◆ 1/4 teaspoon ground cloves
- ◆ 1/2 cup raisins
- ◆ 1/2 cup chopped walnuts
- ◆ 1/2 cup whole milk

Directions:

- ◆ Preheat oven to 350 degrees F (175 degrees C). Grease a 2 quart casserole dish, or coat with non-stick cooking spray.
- ◆ Place apples in a large bowl. In a small bowl, mix together sugar, flour, cinnamon, nutmeg and cloves. Stir spice mixture into apples until evenly distributed. Fold in raisins and walnuts. Spoon into prepared dish. Pour milk evenly over apple mixture.
- ◆ Bake in preheated oven for 45 to 60 minutes, or until soft and bubbly. Allow to cool slightly before serving.
- ◆ For an extra treat, serve with whipped topping or vanilla ice cream!

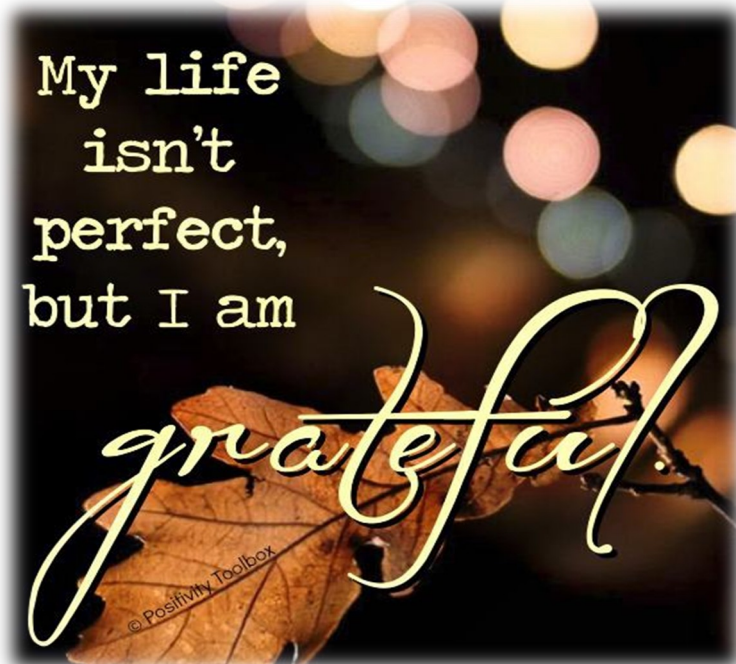


Recipes

Have a little fun with Tongue Twisters!

Try saying each of these phrases at least 3 times as fast as possible. It won't take long before your tongue becomes twisted, and you'll be surprised how much it can make people laugh!

- 1) Red leather, Yellow leather.
- 2) Mother Mingle makes wax matches.
- 3) At Mr. Smith's fresh fish shop, she's welcoming him in.



Hooper Housing Authority Parkview Apartments November 2020 Newsletter

Being Grateful

7 Scientifically Proven Benefits of Gratitude

- Gratitude opens the door to more relationships.
- Gratitude improves physical health.
- Gratitude improves psychological health.
- Gratitude enhances empathy and reduces aggression.
- Grateful people sleep better.
- Gratitude improves self-esteem.
- Gratitude increases mental strength.

*The Fremont Housing Agency
Offices are Closed -
November 11, 26 and 27*



QUARTERLY

PEST CONTROL TREATMENT

February, May, August & November

The last Tuesday of the month, starting at 10:00 a.m. Be prepared for this visit to your apartment. Even if you are not at home the treatment will be done.

Remember to report anytime you suspect there is an issue. Being proactive and catching things early is the way to successfully avoid or eliminate any issues. Thank you for your help!



Hooper Office Hours

Tuesday - 9:00 a.m. - 3:00 p.m.
(closed for lunch 12:00 p.m. - 12:30 p.m.)
Friday - 8:30 a.m. - 11:00 a.m.

Call the Fremont Housing Office at 402-727-4848 to put in a Work Order.
You can also tell Office Staff on Tuesdays at the Hooper Office, 402-654-2229.

For Maintenance Emergencies ONLY!

Call - Ed (Maintenance Supervisor) 402-720-1264
or Rita (Executive Director) 402-720-9643.

The next Regular Board Meeting is on Wednesday, November 18, 2020. It will begin at 6:30 p.m.



\$\$ RENT REMINDERS \$\$

- ⇒ Rent is due November 1st.
- ⇒ Rent is late if received after 4:30 p.m. on November 5th.
- ⇒ A charge of \$30 will be assessed on the 6th day of each month for late rent.
- ⇒ An additional \$20 will be assessed if rent is not paid by the 20th of each month.
- ⇒ No partial payment is accepted.
- ⇒ Check, cashier's check, or money order only.
- ⇒ If you mail your payment please allow at least 5 days.

Any questions, please call 402-727-4848 or on Tuesdays (9-11) & Fridays (8:30-11) - 402-654-2229.

RENT ~ RENT ~ RENT ~ RENT

Holidays and Dates to remember in November

- 1 Daylight Saving Time Ends
- 3 Election Day
- 11 Veterans Day
- 13 World Kindness Day
- 19 Great American Smoke-out
- 26 Thanksgiving Day



November is the month of Thanksgiving and also when some of the best *inventions made their official public debut with the registration of their patents, trademarks, or copyrights.*

November 1

1966: "Apple Jacks" cereal was trademark registered.

November 2

1955: Jim Henson's "Kermit the Frog," the first Muppet, was copyright registered.

November 3

1903: Listerine was trademark registered.

November 4

1862: Richard Gatling received a patent for the machine gun.

November 5

1901: Henry Ford received a patent for a motor carriage.

November 6

1928: Colonel Jacob Schick patented the first electric razor.

November 10

1981: The board game Trivial Pursuit was registered.

November 12

1940: Batman, the original comic strip, was trademark registered.

November 13

1979: Robert Jarvik was granted a patent for an artificial heart.

November 14

1973: Patsy Sherman and Samuel Smith obtained a patent for a method for treating carpets known as Scotchguard.

November 15

1904: Patent Number 775,134 was granted to King C. Gillette for a safety razor.

November 18

1952: ELMER'S glue was trademark registered.

November 20

1923: Patent Number 1,475,024 was granted to Garrett Morgan for a traffic signal.

November 21

1854: Issac Von Bunschoten patented a rosin-oil lamp.

November 24

1874: Patent Number 157,124 was granted to Joseph Glidden for barbed wire fencing.

November 25

1975: Robert S. Ledley was granted patent Number 3,922,522 for "diagnostic X-ray systems" known as the CAT-Scan.

November 26

1895: Russell Penniman received a patent for a transparent photographic film.

November 27

1894: Mildred Lord was granted a patent for a washing machine.

November 28

1905: ARM & HAMMER baking soda was trademark registered.

November 30

1858: John Mason patented the screw neck bottle called the Mason Jar.