

## Strawberry Pretzel Salad

### INGREDIENTS

- \* 1 1/2 cups crushed pretzels
- \* 4 1/2 tablespoons white sugar
- \* 3/4 cup butter, melted
- \* 1 cup white sugar
- \* 2 (8 ounce) packages cream cheese
- \* 1 (8 ounce) container frozen whipped topping, thawed
- \* 1 (6 ounce) package strawberry flavored Jell-O(R)
- \* 2 cups boiling water
- \* 1 (16 ounce) package frozen strawberries

### DIRECTIONS

Preheat oven to 350 degrees F (175 degrees C).

Mix together the pretzels, 4 1/2 tablespoons sugar and melted butter. Press into the bottom of a 9x13 inch pan. Bake for 10 minutes, or until lightly toasted. Set aside to cool completely.

In a medium bowl, beat the sugar and cream cheese until smooth. Fold in whipped topping. Spread evenly over the cooled crust. Refrigerate until set, about 30 minutes.

In a medium bowl, stir together the gelatin mix and boiling water. Mix in frozen strawberries, and stir until thawed. Pour over cream cheese mixture in pan. Refrigerate until completely chilled, at least 1 hour.



Recipe  
Corner

Soon we will be experiencing those hot, humid days of summer, which often bring intense rain and thunderstorms. Before storm season starts, take some steps to get your home ready.

### SOME WAYS TO PREPARE FOR A SUMMER STORM

1. Keep a well-stocked first aid kit.
2. Prepare for power outages. Be sure you have flashlights or electric lanterns on hand.
3. Create an evacuation plan. Plan one or more meet-up locations so you can find each other if communication networks fail.
4. Store water and non-perishable foods. Keep at least three days worth of food and water on hand *for each member* of your family, including pets.
5. Clothing & bedding. Your supplies should include a set of durable clothing, extra socks and underwear and lightweight bedding for each family member.
6. Secure outdoor furniture.
7. Stock up on fun activities.



## Hooper Housing Authority Parkview Apartments July 2020 ~~ Newsletter



### 27 LITTLE FREEDOMS WE TAKE FOR GRANTED EVERY DAY

By Gigi Engle June 18, 2015

You trip when your phone only has 16 percent battery. You stamp your feet when the movie is sold out. Yes, all these annoyances sure do make life hard, don't they?

Think about the things you complain about and then take a minute to catalog all the times in a day you get irritated by something or someone.

When you think about it, none of these things will mark the end of the world.

It is time to take a minute and look at the big picture. It is time to be grateful for everything we have because, seriously, we are so incredibly lucky.

We have so many freedoms we do not fully appreciate. We really should. Life is good. Life is beautiful.

**Look around you and take a minute to treasure everything you have.**

1. We have the freedom to work in high-powered jobs. Men and women are equals, and we are killing the game.
2. We have the freedom to voice our opinions. We can say whatever we want without fear of repercussions.
3. We have the freedom to work wherever we want. We can now work from anywhere in the world.
4. We have the freedom to attend college. An education is the most important investment you can make.
5. We have the freedom to dress however we want to dress. And wear it with pride!
6. We have the freedom to make things happen for ourselves. You do not need to wait for things to happen. You can make them happen.
7. We have the freedom to connect with friends all over the world. Thanks to modern technology, we can keep in touch with everyone across the globe.
8. We have the freedom to listen to music whenever we want to. We have our music on our phones, right at our fingertips.
9. We have the freedom to travel all over the world. We are a generation infected with wanderlust.
10. We have the freedom to cut toxic people out of our lives. You always have the power to walk away from the people who add no value to your life.
11. We have the freedom to be who we want to be. Never be afraid to chase your dreams.
12. We have the freedom to do things that make us happy. Forget what anyone else says and just do you.
13. We have the freedom to choose ourselves first. Take a big old drink of self-love.
14. We have the freedom to document our experiences. Your journey will never be lost but memorialized in photographs.
15. We have the freedom to make our own choices. You answer to only yourself.

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## QUARTERLY

### PEST CONTROL TREATMENT

February, May, August & November

The **last Tuesday of the month, starting at 10:00 a.m.** Be prepared for this visit to your apartment. Even if you are not at home the treatment will be done.

Remember to report anytime you suspect there is an issue. Being proactive and catching things early is the way to successfully avoid or eliminate any issues. Thank you for your help!



### \$\$ RENT REMINDERS \$\$

- ⇒ Rent is due **July 1st**.
- ⇒ Rent is late if received after 4:30 p.m. on **July 5th**.
- ⇒ No partial payment is accepted.
- ⇒ Check, cashier's check, or money order only.
- ⇒ **If you mail your payment please allow at least 5 days.**

Any questions, please call 402-727-4848 or on Tuesdays (9-11) & Fridays (8:30-11) - 402-654-2229.

**RENT ~ RENT ~ RENT ~ RENT**

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### Hooper Office Hours

Tuesday - 9:00 a.m. - 3:00 p.m.  
(closed for lunch 12:00 p.m. - 12:30 p.m.)  
Friday - 8:30 a.m. - 11:00 a.m.

**Call the Fremont Housing Office at 402-727-4848 to put in a Work Order.**

**You can also tell Office Staff on Tuesdays, 9 a.m.- 3 p.m. and Fridays, 8 a.m.—11 a.m. at the Hooper Office, 402-654-2229.**

**For Maintenance Emergencies ONLY!**

**Call - Ed (Maintenance Supervisor) 402-720-1264 or Rita (Executive Director) 402-720-9643.**

The next Regular Board Meeting is on **Wednesday, July 15, 2020**. In the Parkview Community Room. It will begin at **6:30 p.m.**



### Holidays & Days to Remember in July

**4 - Independence Day**

**15 - World Youth Skills Day**

**26 - Parent's Day**

**30 - International Day of Friendship**



### Why should I Be patriotic?

You should be patriotic because the State, as a whole, does much more for you than you as an individual can ever do for the State. Patriotism is just another form of being thankful for receiving the services you avail of the nation.

### How can we demonstrate our patriotism?

We can show our patriotism by having respect for our flag, paying allegiance to our flag, and knowing the national anthem. We can show our patriotism by being involved in civic activities, being responsible citizens, and following the laws of our country, even if we disagree.

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16. We have the freedom to be a little selfish. You are your own number one. Remember that.

17. We have the freedom to learn something new every day. The world is ripe with endless information.

18. We have the freedom to walk away from bad situations. You do not have to stay if it is damaging.

19. We have the freedom to eat whatever we want. All the carbs. Every day.

20. We have the freedom to love whoever we want. Everyone has the right to love whomever they love.

21. We have the freedom to fight for our beliefs. We can be activists and stand up for what is right.

22. We have the freedom to make real changes in the world. We have endless potential.

23. We have the freedom to stop listening to what society expects of us. Forget society. You are your own person.

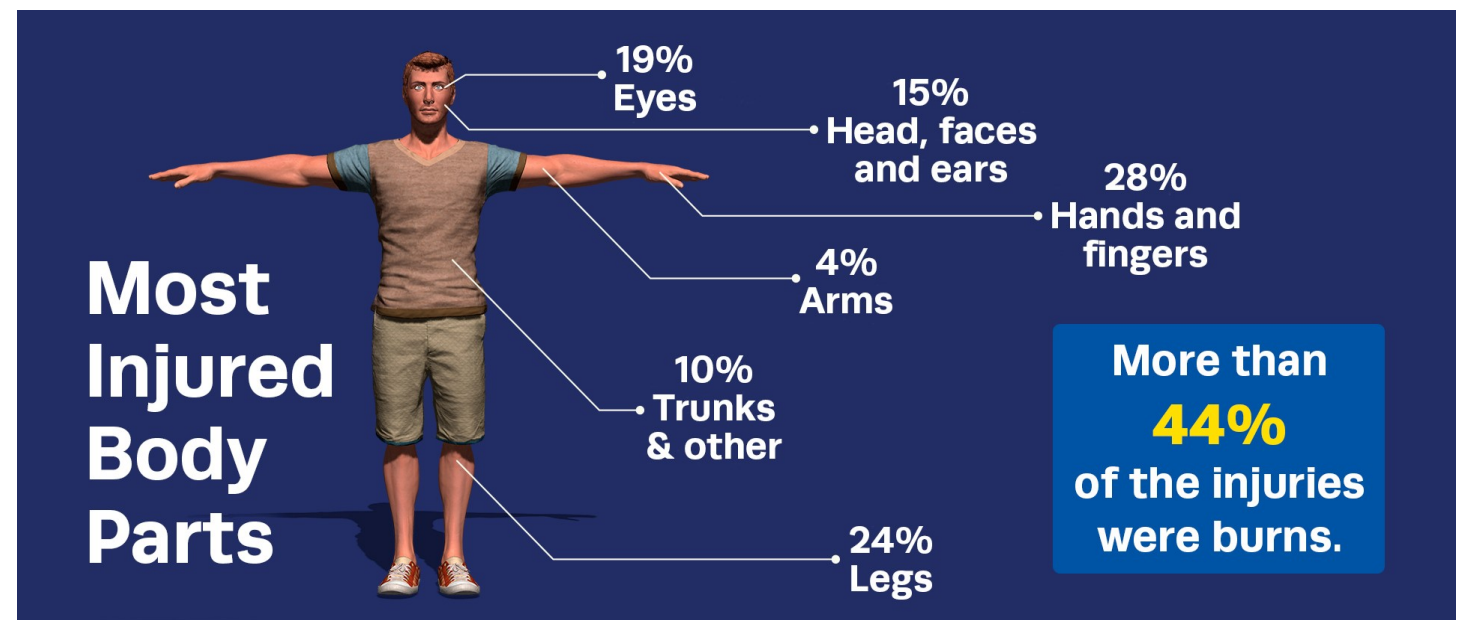
24. We have the freedom to better ourselves. Be the best you that you can be. Grow every single day.

25. We have the freedom to be loved by our parents. Their unconditional love and understanding have shaped us into the people we are.

26. We have the freedom to surround ourselves with people who love us. Life is too short to waste on people who are not there for you 100 percent.



**On average, 180 people go to the emergency room every day with fireworks-related injuries in the month around the July 4th holiday.**



**#CelebrateSafely**