#### **RENT REMINDERS**

- Rent is due the **1st each month**.
- Rent is late if received after 4:30 p.m. on the 5th of each month.
- A charge of \$30 will be assessed on the 6th day of each month for late rent.
- An additional \$20 will be assessed if rent is not paid by the 20th of each month.
- No partial payment is accepted.
- Check, cashier's check, or money order only.
- If you mail your payment please allow at least 7 10 days.



## **Hooper Board Meeting Notice....**

Regular Board Meeting - Wednesday, September 17, 2025 at 6:30 p.m. in the Parkview Apartments Community Room. Call the Fremont Housing Office - Monday thru Friday at 402-727-4848 to put in a WORK ORDER. You can also tell Office Staff on Tuesdays at the Hooper Office, 402-654-2229.

### For after-hour Maintenance Emergencies ONLY!

Call - Ed (Maintenance Director 402-720-1264 *or* (Executive Director) 402-720-9643.



### **Slow Cooker BBQ Chicken**

### **Ingredients**

- $\Rightarrow$  1 1/2 cups BBQ sauce
- ⇒ 2 Tbsp. apple cider vinegar, plus more to taste
- ⇒ 2 Tbsp. packed light brown sugar
- ⇒ 1 tsp. paprika
- $\Rightarrow$  1/2 tsp. kosher salt, plus more to taste
- $\Rightarrow$  1/2 tsp. ground black pepper
- $\Rightarrow$  1/4 tsp. ground cayenne pepper
- ⇒ 4 garlic cloves, crushed
- ⇒ 1/2 medium yellow onion, thinly sliced
- $\Rightarrow$  3 lb. boneless, skinless thighs or breasts

#### **Directions**

- ⇒ In a 6- to 8-quart slow cooker, whisk together the BBQ sauce, vinegar, brown sugar, paprika, salt, black pepper, cayenne pepper, garlic, and onion until well combined. Add the chicken, stirring to ensure it is fully coated with the sauce.
- ⇒ Cover and cook until the chicken is tender and shreds easily, on low for 4 to 6 hours or on high for 2 to 3 hours.
- ⇒ Remove the chicken to a large cutting board. Remove the garlic cloves, if you like. Using 2 forks, break up the chicken into chunks (or shred it more finely, if you like). Return the chicken to the sauce and stir very well.
- ⇒ Cover and cook on low for 30 minutes more. Taste and add more salt or vinegar, if you like.





# 'The Parkview Press'

# August 2025

## **Protect Yourself From the Dangers of Extreme Heat**

Extreme heat can cause people to suffer from heat-related illness, and even death. People
 suffer heat-related illness when their bodies are unable to properly cool themselves. Older
 adults, young children, and people with chronic medical conditions are at high risk for
 heat-related illness and death. More than 700 people die from extreme heat every year in
 the United States.

### **Steps to Protect Yourself**

When temperatures are extremely high, take steps to protect yourself and your loved ones:

- Stay in an air-conditioned indoor location as much as you can.
- Drink plenty of fluids even if you don't feel thirsty.
- Schedule outdoor activities carefully.
- Wear loose, lightweight, light-colored clothing and sunscreen.
- Pace yourself.
- Take cool showers or baths to cool down.
- Check on a friend or neighbor and have someone do the same for you.
- Never leave children or pets in cars.
- Check the local news for health and safety updates.





# Dates to Remember...... FHA Offices Are Closed:

### **FHA Office windows Are Closed:**

Thursday, August 28

# **QUARTERLY**PEST CONTROL TREATMENT

### February, May, August & November

The last Tuesday of the month, starting at 10:00 a.m. Be prepared for this visit to your apartment. Even if you are not at home the treatment will be done.

Remember to report to the Office anytime you suspect there is an issue.

Being proactive and catching things early is the way to successfully avoid or eliminate any issues.

Always have items moved out of the way to make it easier for the Pest Controller to move around your apartment and do his job!

Keeping food and trash put away will help in preventing infestation.

Thank you for your help!

### **Rentwise Classes**

**RentWise** is a program to help renters obtain and keep rental housing and teach them how be successful renters with basic educational information.

### The class is available online any time.

You are able to register and take the training at your own pace *at no charge*!

A certificate is awarded upon completion of the training and a copy is maintained in your file.

If you are interested in taking the online course contact the Gifford Office at 402-727-4848, and we will be happy to give you the information necessary to sign up or answer any questions you may have.

Be sure to take part in this free, simple and informative opportunity.



## Disclaimer of Liability:

Every effort is made to provide accurate and complete information in the Hooper Housing Authority newsletters. However, the HHA cannot guarantee that there will be no errors. The HHA makes no claims, promises, or guarantees about the accuracy, adequacy, validity, reliability, availability, or completeness of any information and expressly disclaims liability for errors and omissions in the contents of this newsletter. HHA does not assume any liability for any direct, indirect or any other loss or damage of any kind incurred as a result of the use the newsletter or any reliance on any information provided in the newsletter. Your use of the newsletter and your reliance on any information in the newsletter is solely at your own risk.

### Instructions for reporting Work Orders.....

You need to report any/all of these things *immediately* to the office so a Work Order can be created for you. Once that step is done, Dave, your Maintenance Technician, will go to work resolving the issues.

**REMEMBER:** DO NOT stop Dave while he's working to tell him you have a problem. **Use the proper channel, call and let the Office/Housing Specialist know, so a Work Order can be submitted to Dave.** 402-654-2229 (Tuesday, 9:00 - 3:00) 402-727-4848 (Monday & Wednesday thru Friday, 8:00 - 4:30).

### GOOD NEIGHBOR GUIDELINES/TENANT CONFLICT

Are you a good neighbor? Do you respect your neighbor's right to a peaceful environment? Do you treat your neighbors the way you want to be treated? Respect works both ways; if you give it, you will get it.

Always be considerate of your neighbors; do not park or allow your guest or visitors to park in your neighbor's parking space.

Keep noise at a reasonable volume at all times. If you can hear noise coming from your neighbor's apartment, it is likely they can hear you too; do not drop or throw trash, cigarette butts, etc. in the yard; do not spread rumors and do not listen to rumors.

It is not always possible to get along with everyone. If you have problems with neighbors, it is best to let it go and walk away. The key to peaceful living is to avoid conflicts with neighbors.

As your landlord, FHA does not get involved in disputes between neighbors. FHA staff is very busy and does not have time to listen to frivolous complaints.

IF your neighbor's actions create a hazard to you or your property, or to FHA property, please contact FHA immediately. Contact the local authorities if you witness any criminal activity.

Be reminded, you are responsible for the actions of all household members, visitors, and guests.

### **Funny Summer Vacation Stories**

\*\*Our car broke down in the middle of Kansas on our way back to Canada from Colorado. My parents had to purchase a new vehicle, it was so bad. When we got to the border, my dad was so tired from the drive that he FORGOT the kids' names — all five of us. Border patrol wasn't buying his story, so they took him in. Fifteen hours later, my dad was released. They accused him of kidnapping and stealing a vehicle. While at the time, it wasn't very funny, it's still my most favorite story to tell!\*\*



\*\* My sister-in-law and her family were on a road trip from California with their cat, when they realized the cat had died. They pulled over and everyone was crying and trying to figure out what to do with the cat. Suddenly the cat jumped up and howled, scaring everyone. We still laugh about this even though it happened over 10 years ago. \*\*

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