

Recipes

Cherry Dream Cake



Ingredients

1 package white cake mix (regular size)
1 package (3 ounces) cherry gelatin
1-1/2 cups boiling water
1 package (8 ounces) cream cheese, softened
2 cups frozen whipped topping
1 can (21 ounces) cherry pie filling

Directions

Prepare cake mix according to package directions, using a greased 13x9-in. baking pan. Bake at 350° for 30-35 minutes or until a toothpick comes out clean.

Dissolve gelatin in boiling water. Cool cake on a wire rack for 3-5 minutes. Poke holes in cake with a meat fork or wooden skewer; gradually pour gelatin over cake. Cool for 15 minutes. Cover and refrigerate for 30 minutes.

In a large bowl, beat cream cheese until fluffy. Fold in whipped topping. Carefully spread over cake. Top with the pie filling. Cover and refrigerate for at least 2 hours before serving.

Do You Have a New Year's Resolution?

A New Year's resolution is a decision to do or not do something to accomplish a personal goal or break a habit. It comes at a time when people look back at the past year and make an effort to improve themselves as the new year begins.

Here are some popular ones:

- ♦ Exercise More
- ♦ Eat Healthier
- ♦ Be More Organized
- ♦ Start a New Hobby
- ♦ Make the Most of Your Down Time
- ♦ Save More Money
- ♦ Quit Smoking-See below for help
- ♦ Spend More Time With Family and Friends
- ♦ Travel More
- ♦ Read More



New Year, New You?!!

'The Parkview Press' December 2021 Newsletter

Universal Human Rights Month

This month is a reminder that the United Nations General Assembly codified the basic human rights of every person. It's also a time to reflect on the way we treat others, and to do what we can in the fight for equality.

Universal Declaration of Human Rights Preamble - 1951

Whereas recognition of the inherent dignity and of the equal and inalienable rights of all members of the human family is the foundation of freedom, justice and peace in the world,

Whereas disregard and contempt for human rights have resulted in barbarous acts which have outraged the conscience of mankind, and the advent of a world in which human beings shall enjoy freedom of speech and belief and freedom from fear and want has been proclaimed as the highest aspiration of the common people,

Whereas it is essential, if man is not to be compelled to have recourse, as a last resort, to rebellion against tyranny and oppression, that human rights should be protected by the rule of law,

Whereas it is essential to promote the development of friendly relations between nations,

Whereas the peoples of the United Nations have in the Charter reaffirmed their faith in fundamental human rights, in the dignity and worth of the human person and in the equal rights of men and women and have determined to promote social progress and better standards of life in larger freedom,

Whereas Member States have pledged themselves to achieve, in cooperation with the United Nations, the promotion of universal respect for and observance of human rights and fundamental freedoms,

Whereas a common understanding of these rights and freedoms is of the greatest importance for the full realization of this pledge,

Now, therefore,

The General Assembly,

Proclaims this Universal Declaration of Human Rights as a common standard of achievement for all peoples and all nations, to the end that every individual and every organ of society, keeping this Declaration constantly in mind, shall strive by teaching and education to promote respect for these rights and freedoms and by progressive measures, national and international, to secure their universal and effective recognition and observance, both among the peoples of Member States themselves and among the peoples of territories under their jurisdiction.

There are 30 Articles under the Universal Declaration of Human Rights Preamble. Read them here:
https://www.ohchr.org/EN/UDHR/Documents/UDHR_Translations/eng.pdf

FFA Offices Closed:
Thursday, 23rd - 12:00 pm
Friday, 24th - All day

Remember to bring your **2022 Social Security annual award letter, all pages, (for proof of income)** to the Hooper Housing/Parkview Apartments Office **to be copied.** You may also mail a copy to 2510 N Clarkson St., Fremont, NE 68025 Attn: Tammy (your Housing Specialist).

QUARTERLY

PEST CONTROL TREATMENT

February, May, August & November

The **last Tuesday of the month, starting at 10:00 a.m.** Be prepared for this visit to your apartment. Even if you are not at home the treatment will be done.

Remember to report anytime you suspect there is an issue. Being proactive and catching things early is the way to successfully avoid or eliminate any issues. Thank you for your help!



Holidays and Dates to Remember DECEMBER

Sunday, 5th - International Volunteer Day
Tuesday, 21st - Winter begins
Saturday, 25th - Christmas Day
Friday, 31st -



Remember to **keep your phone number, contact and car information up-to-date** with the FHA Office. We need to know this information in case there is ever an EMERGENCY or you need to be notified to move your car for snow removal this winter.



Hooper Office Hours

Tuesday - 9:00 a.m. - 3:00 p.m.
(closed for lunch 12:00 p.m. - 12:30 p.m.)

Call the Fremont Housing Office at 402-727-4848 to put in a Work Order.

You can also tell Office Staff on Tuesdays at the Hooper Office, 402-654-2229.

For Maintenance Emergencies ONLY!

Call - Ed (Maintenance Supervisor) 402-720-1264
or Rita (Executive Director) 402-720-9643.

Hooper Board Meeting Notice.....

The next Regular Board Meeting is on Wednesday, January 19, 2022. It will begin at 6:30 p.m.

RENT REMINDERS

- ♦ Rent is due **December 1st.**
- ♦ Rent is late if received after 4:30 p.m. on **December 5th.**
- ♦ A charge of **\$30** will be assessed on the **6th** day of each month for late rent.
- ♦ An additional \$20 will be assessed if rent is not paid by the 20th of each month.
- ♦ No partial payment is accepted.
- ♦ Check, cashier's check, or money order only.
- ♦ **If you mail your payment please allow at least 5 days.**

Any questions, please call 402-727-4848 or on Tuesdays 9:00 - 3:00 (closed 12 - 12:30 for lunch)



The Secret History of Fruitcake

Fruitcake! Every year at Christmas it shows up. People bring fruitcake as gifts, they make jokes about it, and sometimes they even eat it!

But love it or hate it, fruitcake never goes away. What's the story behind this sturdy seasonal dessert?

What's in it?

It's not just a cake with some fruit inside. The fruit and nuts for fruitcake have to be dried or soaked in sugar. All of that is loaded up into a very heavy cake. Because of the sugar, fruitcake doesn't go bad for a long time.

Some recipes call for alcohol in the cake, or for it to be stored in a cloth with alcohol on it. Alcohol gets rid of bacteria, which is what causes food to go bad, so fruitcakes can last a really long time.

Some people will make a fruitcake every year that's meant to be eaten the next year. There are even fruitcakes that are still okay to eat after being kept for 25 years.

And one family has held onto a fruitcake for over 130 years! It's a family heirloom so no one is looking to eat it — also it's hardened into something like a rock!

Fruitcake is historical

It's not just the cake that lasts a long time — the history of fruitcake goes way back, all the way to ancient Rome. A recipe from 2000 years ago had pomegranate seeds, pine nuts and raisins mixed into a cake made out of barley mash.

Later in the Middle Ages, fruitcakes with honey, preserved fruit and spices were popular. Fruitcake made with butter and sugar was banned for a while in Europe in the 18th century because it was thought to be just too rich and tasty. From the 19th century on fruitcake became a traditional wedding cake in England.

Fruitcake around the world

Fruitcake gets around! There are many different versions all over the world.

In Germany fruitcake is called stollen and has powdered sugar on top. Italy has panforte or pannetonne. Poland and Bulgaria call it keks.

In the Caribbean, fruitcakes are made with a lot of rum — the fruit will soak in rum for months before baking—so it's not a treat for kids!

Portugal has the bolo rei — each cake has one fava bean inside and whoever gets the piece with the bean is supposed to buy the cake next year!

Vietnam has a fruitcake called banh bo mut that's made for the Lunar New Year.

Get ready to toss that fruitcake!

Despite all the history and worldwide popularity, fruitcake isn't everyone's favorite holiday treat. Those cakes can be really heavy.

And maybe because fruitcake lasts so long they often get forgotten, or re-gifted, and end up sitting around on shelves. December 27 is National Fruitcake Day, but then a little more than a week later it's Fruitcake Toss Day on January 7.

Before the pandemic, one town in Colorado took getting rid of their unwanted fruitcake very seriously. Every year, Manitou Springs had a contest to see who could throw their fruitcakes the farthest and with the greatest accuracy.

People built catapults, slingshots, or just hurled the cakes by hand. To make up for all the lost food, everyone competing had to bring a donation to the local food bank — anything except fruitcake!

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