

## RENT REMINDERS \$\$\$\$\$\$\$\$\$\$

- ♦ Rent is due **April 1st**.
- ♦ Rent is late if received after 4:30 p.m. on **April 5th**.
- ♦ A charge of **\$30** will be assessed on the **6th** day of each month for late rent.
- ♦ An additional \$20 will be assessed if rent is not paid by the 20th of each month.
- ♦ No partial payment is accepted.
- ♦ Check, cashier's check, or money order only.
- ♦ **If you mail your payment please allow at least 7 - 10 days.**

**PAYMENT  
REQUIRED**

Any questions, please call 402-727-4848 or on Tuesdays 9:00 - 3:00 (closed 12 - 12:30 for lunch)

### ◀ WORK ORDERS ▶

Our maintenance staff is happy to perform any repairs that are deemed necessary to items the management company provides in your unit. It is your responsibility to call the office at 402-727-4848 to report when service is required. The office staff will complete a Work Order for the maintenance staff. Once you have notified us of your **routine maintenance**, the work order will be completed **within \*14 days**. *This is the industry standard.*

If it is an **emergency**, it will be abated **within \*24 hours**. (\*If parts need to be ordered, completion times will be affected). If you are not home at the time, maintenance staff will let themselves into the unit in order to correct the reported problem and leave a notice that they have been in the unit.



**Ideas? Suggestions?  
Thoughts? Questions?**

If there are things you would like to see in this newsletter, please let Tammy know so she can pass them along.

Thanks!

### Hooper Office Hours

**Tuesday** - 9:00 a.m. - 3:00 p.m.  
(closed for lunch 12:00 p.m. - 12:30 p.m.)

**\*\*REMINDER: Air conditioner charges, \$75.00 for each unit, must be paid for before May 1st each year. Be sure to get your money in on time! Thank you!\*\***

## ‘The Parkview Press’ April 2022 Newsletter

**It's Clean Up and Renewal Time!!!**  
**Hooper City Clean Up is Saturday, April 23rd.**  
**Take your unwanted household items to the Hooper Park!**



### 3 Ways Spring Cleaning Boosts Your Wellness

Organizing the spaces around you can bring an array of health benefits. While cleaning and tidying your home are proven to support well-being, you should also consider how the benefits of decluttering can extend to other areas of your life—including work, relationships, and habits.

#### 1. Improves Self-Esteem

According to a 2016 study on the effects of clutter in the home, the amount of clutter in a dwelling contributes to an individual's self-image and how much they personally identify with their space. Researchers have also found that using positive words to describe your home will lead to more happiness and less focus on the perceived negative things (like repairs or unfinished chores).

#### 2. Reduces Allergens

Inflammation and immune dysfunction can be a result of environmental contaminants, some of which can be avoided with greater cleanliness. One common household irritant is the house dust mite, which researchers say is the top domestic source for allergic diseases. Another is mold, which is a contributor to respiratory illnesses such as asthma, allergic rhinitis, and sinusitis. It can also lead to symptoms like fatigue, bloating and memory loss.

#### 3. Inspires Healthier Habits

Research shows that your environment influences things like cognition, emotions, and behaviors. More pointedly, a cluttered space can lead to an increase in stress and anxiety and have a negative impact on eating and sleeping habits. One study examined a group of 49-to 65-year-olds and found that those who kept their homes tidier over the span of 10 years had also maintained a higher level of physical activity. While direct conclusions can't be drawn from one single study, a working theory is that the act of cleaning is its own form of exercise—one which should not be underestimated.

### NOTICE!!!! NOTICE!!!! NOTICE!!!!

The **Hooper Housing Authority** has an **opening on the Board of Commissioners for a Resident Board Member**. This is a **volunteer (unpaid) position** that may be filled by a qualified resident of the Parkview Apartments who has a signed lease and is at least 19 years of age.

If you are interested in serving as a Resident Board Member, please contact Rita Grigg, Executive Director by 3:00 p.m. April 30, 2022 at 402-727-4848 Ext. 5 or email [fhauthority@fremonthousing.org](mailto:fhauthority@fremonthousing.org)



## Holidays and Dates to Remember - APRIL

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2nd - Autism Awareness

17th - Easter

18th - Taxes are due

22nd - Earth Day

28th - Holocaust Remembrance Day

29th - Arbor Day



Call the Fremont Housing Office at 402-727-4848  
to put in a Work Order.

You can also tell Office Staff on Tuesdays at the  
Hooper Office, 402-654-2229.

### **For Maintenance Emergencies ONLY!**

Call - Ed (Maintenance Supervisor) 402-720-1264  
or Rita (Executive Director) 402-720-9643.

### **Hooper Board Meeting Notice.....**

The next Regular Board Meeting is on  
Wednesday, May 25, 2022.  
It will begin at 6:30 p.m.



### **WHEN MOWING BEGINS.....**

Your assistance with keeping your area of the  
yard clean and free of debris is appreciated.

Each resident is responsible for removing any  
weeds or tall grass from their own flower  
bed.

Any pet waste must be removed from yards  
at all times.

Do not throw out food, feed strays, or do  
anything that would disrupt or affect regular  
yard care by maintenance.

Today think about what is good in  
your life. Focus on the positive.  
Take a moment to reflect on  
nature and truly appreciate its  
beauty and calm. Breathe.....



## **WHAT TO FLUSH, OR NOT TO FLUSH? THAT IS THE QUESTION!**

**NO NEVER!!!**



**NO!!! NEVER!!!**



**YES!!! THIS ONLY!!**



**NEVER flush anything but toilet paper down the toilet, EVER!**

**Plumbing issues are inconvenient and costly! If you ignore this notice and are the cause of  
septic/plumbing problems you WILL be charged for repairs!!**

\*\*\*Resident Advisory Board Meeting for the 2022 Capital Funds (CFP) Annual and 5 Year  
Statements & the One Year Agency Plan on **Wednesday, April 6<sup>th</sup>, at 1:00 p.m.** in the Parkview  
Apartments Community Room. All tenants are encouraged to attend.\*\*\*

There will be a **Public Meeting** to discuss the HHA 2022 Capital Funds Annual and 5 Year Statements  
and One Year Agency Plan on **Wednesday, May 25, 2022, at 6:00 p.m.** in the Parkview Apartments  
Community Room. The Regular Board Meeting will follow at 6:30 p.m.

### **Annual Inspections - Announcement!**

It's getting close to that time of the year again! Inspections are scheduled for  
Tuesday & Wednesday April 19th and 20th.

So you have **plenty of time to prepare and to pass with a perfect score!!**

*They will be done whether you are at home or not.*

Be sure to inform Tammy now of any maintenance issues or things that need  
to be repaired.



The FHA Offices will be closed:

Monday, May 30 - Memorial Day

Monday, June 20 - Juneteenth

