



Your Guide
To Being A Successful Renter

Nebraska Rentwise

October 15-16 8:30 to 12:30 each day

Gifford Community Room

Classes are free to Fremont Housing Residents

Modules will cover:

- COMMUNICATION WITH LANDLORDS AND NEIGHBORS,
- MANAGING YOUR MONEY,
- FIND A PLACE TO CALL HOME,
- GETTING THROUGH THE RENTAL PROCESS,
- TAKING CARE OF YOUR HOME,
- WHEN YOU MOVE OUT

MEDICARE OPEN ENROLLMENT

OCTOBER 15 to DECEMBER 7. If you are happy with your plan, you don't need to do a thing. The annual notice of change will be mailed to you with changes for the following year. You should review this document so that you understand what is going to change and decide if you will keep their plan or make a change.



Contact your insurance agent with your questions as you may be getting calls trying to get you to change. Please work with your agent to avoid scams.

National Night Out
Come join us for a family-friendly night of fun!

FUN ACTIVITIES
Meet Fremont Police Officers, Firefighters, Sheriff and NE State Patrol
Visit with your friends, neighbors and community members
Enjoy games and other activities

WHEN
Tuesday, August 5th
6 p.m. - 7:30 p.m.

LOCATED AT
John C. Fremont Park
Rain Location: Fremont Mall

Hosted by: **Kiwanis**

Disclaimer of Liability: Every effort is made to provide accurate and complete information in the Fremont Housing Agency newsletters. However, the FHA cannot guarantee that there will be no errors. The FHA makes no claims, promises, or guarantees about the accuracy, adequacy, validity, reliability, availability, or completeness of any information and expressly disclaims liability for errors and omissions in the contents of this newsletter. FHA does not assume any liability for any direct, indirect or any other loss or damage of any kind incurred as a result of the use of the newsletter or any reliance on any information provided in the newsletter. Your use of the newsletter and your reliance on any information in the newsletter is solely at your own risk.



IMPORTANT!

PLEASE READ

A Note from the Maintenance

Please do your part in keeping our maintenance staff safe. Here are a few reminders to help.

- Absolutely NO Glass down the garbage chute. This has been know to explode when it hits the bottom and can cause serious damage to staff who may be in the area.
- Please break down all large boxes and take directly to the trashcans in the back. No garbage should be placed in the garbage chute. The containers by chutes are for glass

only.

- All litter box and liquid materials need to go to the trashcan as well.
- All trash bags need to be securely tied so they do not come open when they are dropped down the chute.
- Remember to turn in all maintenance requests to the *office.

*At the window, call - 402-727-4848 or email -

Gifford - fhagifford@fremonthousing.org
Stanton - fhastanton@fremonthousing.org
Office - fhaoffice@fremonthousing.org

- Please do not stop staff to report issues. You need to report them to the office.
- Don't wait to report bugs. They multiply every day that you delay.
- Take your keys and phone with you when you leave your apartment. If staff does an inspection they will lock it when they leave, locking you out.

Please be considerate of others when using the public areas.

Cellphone conversations should be taken outside away from other residents to maintain your privacy and not disturb others in the area.

With the hot weather please think of others as you come in from the heat and are all smelly and sweaty.

Hallways need to be free of obstacles in emergencies, so no wheelchairs, scooters, carts or shelving should be in the halls blocking the pathways.

Please do not hang outside the offices if staff is busy or on the phone. Please call to set up an appointment or they can call you when they are available.

Please leave messages when calling the office instead of hanging up or repeatedly calling back.

Drinking alcohol in public areas is a lease violation and can lead to evictions.

Reminder: Every Tuesday Jason works at the apartments we manage in Hooper.

A Note from the Office

Fremont Housing Agency
2510 N. Clarkson St.
Fremont, NE 68025
(402) 727-4848
(402) 727-4751 - fax
www.fremonthousing.org

IMPORTANT NUMBERS

Fremont Police Dept.
(402) 727-2677
Emergency - 911

Fremont Fire Dept.
(402) 727-2688
Emergency - 911

Fremont Transit.
(402) 459-2845

General Assistance
(402) 727-2731

Health & Human Services
(402) 727-3200

**Fremont Family Coalition
Central Intake**
(402) 721-4157

Salvation Army
(402) 721-0930

**Northeastern Nebraska
Community Action
Partnership-NENCAP**
(402) 721-0619

**Eastern Nebraska Office on
Aging-ENOA**
(402) 721-7770

Senior Center
(402) 727-2815

Uniquely Yours
(402) 727-8977

**FAIR
HOUSING:
IT'S NOT AN
OPTION. IT'S
THE LAW.**



**Stanton & Gifford
Social Club Meeting**
Wednesday
August 6 at 2:00 pm

**All At Stanton
Community Room**

Trivia
August 7 & 14
1:30—2:30 pm



Every Friday at 2:00 pm
Specials: Birthday Bingo August 8
Sandwich Bingo August 22

The Keene Mobile Library
Friday, August 1, 2025
9:30 – 10:15 at Stanton Tower
10:30 - 11:15 at Gifford Tower



Chair Exercise Class
Every Monday at 1:00pm
Come and stretch with us.



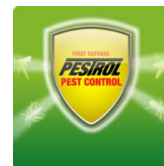
August Birthday with Lilly
Tuesday, August 12 at 1:00
Stanton Community Room



Blood Pressure and Vitals Clinic
August 28th at 1-2pm
Find out about Skin and Wound Care

Pest-Trol August Schedule

Starting at 12:00pm Wednesdays
August 13th — Stanton Floors 6-9
August 27 — Gifford Floors 6-9



Dwayne Bennett
Executive Director
Riley O'Neill
Housing Program Manager

RENT DUE

Rent is due on Friday, August 1
Checks or Money Orders Only! NO CASH! Rent is due and payable on the first day (1st) of each month. Tenants who have failed to make full payment by 3:00 p.m. on the fifth (5th) day of the month, are considered delinquent and will be assessed a late fee. If the 5th falls on Saturday, the rent is due by 3 p.m. on the Housing Agency's work day prior to the 5th. If the 5th falls on Sunday, the rent is due at 9:00 a.m. on the Housing Agency's next work day. Late payment charges will be applied as follows:

- \$30 will be assessed on the 6th of each month for payments made after the 5th of each month.
- An additional \$20 will be assessed on the 21st of each month for payments not made prior to 3:00 p.m. on the 20th of the month. The Agency does not accept partial payments of rent.

Please place in Drop box in the hall

For after hour Maintenance emergencies only contact:
Ed: 402 720-1264

Lets Talk.. AUGUST 2025

Resource Fair

August 21, 2025
2:00-4:00



**Mark
your
Calendar**

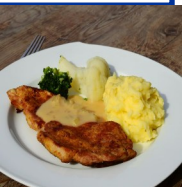
Stanton Community Room

Please come and meet with the various service providers in our area to get your questions answered and find out what resources are available to you to meet your needs.

Resource providers from various Medical, Insurance and Service providers will be available to answer your questions and help you navigate the processes.



FHA Food Program to restart
August 4. See office for menu.



**NOTICE
OF
BOARD
MEETING**

**FREMONT HOUSING
AUTHORITY BOARD
MEETING**

August 27, 2025 11:30 AM
Gifford Tower Community Room

Sun	Mon	Tue	Wed	Thu	Fri	Sat
August 2025						
					1	2
3	4	5	6	7	8	9
	Stuffed Green Peppers Jell-O Salad Rice Crispy Bar	Spaghetti Green Beans Angel Food Cake With Cherries	Three Salad Plate Crackers Apple Crisp	Turkey Noodle Casserole Hartford Beets Chocolate Pudding	Kielbasa Sauerkraut Bread and Butter	Turkey Noodle Casserole Apple Crisp Bread & Butter
10	11	12	13	14	15	16
Spaghetti Bread and Butter Pears	Beef Stew Biscuit with Honey Apricots	Tuna and Noodle Casserole Carrots Bread and Butter Jell-O Cake	Pork Loin Mashed Sweet Potatoes Cranberry Sauce Pumpkin Bar	Pastrami Sandwich Potato Salad Pickle Spear Chocolate Chip Cookie	Meat Loaf Baked Potato Carrots Pineapple Cake	Meat Loaf Mashed Potato Salad Pineapple Cake
17	18	19	20	21	22	23
Tuna and Noodle Casserole Corn Jell-O Cake	Sloppy Joe on a Bun Onion Rings Brownie with Peanut Butter Frosting	Beef Tips and Mashed Potatoes Creamed Corn Strawberry Fluff	Crispy Chicken Salad Garlic Bread Cranberry Salad	Cold Cuts and Cheese Crackers Relish Fresh Fruit	Chicken Strips Potato Salad Baked Beans Cook's Choice Cake	Beef Tips and Noodles Bread and Butter Fresh Fruit
24	25	26	27	28	29	30
Chicken Strips Mashed Potatoes Brownie	Ribs Potatoes Sauerkraut Fruit Cocktail	Cheese Pizza Lettuce Salad German Chocolate Cake	Ham Slice Creamy Potatoes Candied Carrots Creamy Pineapple Salad	Fish Planks Cole Slaw Angel Food Cake	Cheesy Broccoli Soup Tea Roll Watergate Salad	Hamburger on a Bun Pasta Salad Pears
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Ham Slice Creamy Potatoes Candied Carrots Creamy Pineapple Salad						*SUBJECT TO CHANGE*



August 2025



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Monday thru Friday 10am GAMES in Stanton Community Room	5 10-11-RSSC at Gifford Tower 6pm National Night out.	6 2:00– Resident Council and So- cial Club Meet- ing 3-4-Art & Crafts		1 Keene Book-mobile 9:30 Stanton 10:30-Gifford 2-4 pm-Bingo at Stanton Tower	2 2-3 Coffee at Stanton Tower
3	4 2-4-Art and Crafts at Stanton Tower 1:00 Exercise at Stanton Tower			7 1:30-2:30-Trivia	8 2-4 pm– Birthday Bingo at Stanton Tower	9 2-3 Coffee at Stanton Tower
10	11 2-4-Art and Crafts at Stanton Tower 1:00 Exercise at Stanton Tower	12 10-11-RSSC at Gifford Tower 1:00-Medicare / Birthday Party with Lilly Walker Stanton Tower	13 Pest-Trol Stanton Floors 6-9 2-4-Art & Crafts at Stanton Tower	14 1:30-2:30-Trivia	15 2-4 pm-Bingo at Stanton Tower	16 2-3 Coffee and Rolls at Stanton Tower ☕🍩🍰
17	18 2-4-Art and Crafts at Stanton Tower 1:00 Exercise at Stanton Tower	19 10:30-11:30-RSSC at Gifford Tower	20 2-4-Art & Crafts at Stanton Tower	21 2-4:00 Resource Fair at Stanton	22 2-4 pm-Sandwich Bingo at Stanton Tower	23 2-3 Coffee at Stanton Tower
24	25 2-4-Art and Crafts at Stanton Tower 1:00 Exercise at Stanton Tower	26 10-11-RSSC at Gifford Tower	27 Pest-Trol Gifford Floors 6-9 2-4-Art & Crafts at Stanton Tower 11:30-FHA	28 1:00-Angels Care Blood Pressure Clinic Office Windows Closed	29 2-4 pm-Bingo at Stanton Tower	30 2-3 Coffee at Stanton Tower
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Food Pantries and Health Resources: Fremont

Care Corps. Inc 549 N H St, Fremont, NE 68025 [\(402\) 721-3125](tel:4027213125)
Requirements: Driver's License, photo ID, and proof of residency (no ID required to receive USDA/TEFAP food).
Tues 10:00 am - 2:00 pm
Wed 4:00 pm - 6:00 pm
Thurs 5:00 pm - 7:00 pm

Living Word Fellowship Christian Faith
Living Word Fellowship Christian Faith offers a Food Pantry to those in need. Our food pantry addresses the needs of individuals and households that lack a reliable access to affordable food, any one in need, all ages.
1110 North Lincoln Avenue, Fremont, NE 68025
For an emergency food box outside of these hours, please call [402-721-2068](tel:4027212068)
3rd Thursday of Every Month : 4:00 PM - 7:00 PM

SNAP/FOOD RESOURCE HOTLINE
FOOD BANK FOR THE HEARTLAND'S SNAP OUTREACH TEAM CAN HELP YOU FIND A PANTRY, WALK YOU THROUGH THE SNAP (FORMERLY FOOD STAMPS) APPLICATION PROCESS, AND ACCESS ADDITIONAL COMMUNITY RESOURCES. SE HABLA ESPAÑOL.
[1-855-444-5556](tel:18554445556) MON-FRI: 8AM-6PM

Where to go for:
Medical Emergency - 911
Apartment issue - Housing Specialist
Gifford Jason 402-727-4848 Ex 101
Stanton Amanda 402-727-4848 Ex 103
Help Medicare, Medicaid, outside resources
RSSC Sharon 402-727-4848 Ext 109
After Hours Emergency Maintenance Only
Ed: 402 720-1264

The Table at Salem Food Pantry
Requirements: None. Please call for an appointment if outside of time frame listed.
406 E Military Ave, Fremont, NE 68025
[\(402\) 981-0140](tel:4029810140)
Last Sat of each month, 9:00 am - 11:00 am

The Salvation Army of Fremont
Our food pantry offers nonperishable staples to hundreds of individuals and families from Fremont and surrounding communities. Services provided include: Food to meet basic nutritional needs.
Food pantry is for anyone in need, all ages.
707 North I Street call [402-721-0930](tel:4027210930)
Monday thru Friday: 1:30 PM - 3:45 PM CDT
This program covers residents of the following counties: Dodge County, NE.
Please bring ID and proof of residency.

Good Neighbor Community Health Center
Offers complete medical care under one roof and helps throughout all needed healthcare services. Provides:
- Comprehensive health care for children and adults
- Health assessments and physicals
- Acute and chronic illness care
- Preventive medicine
2740 North Clarkson Street Phone: 402-721-0951
Fremont, NE 68025 Fax: 402-721-0804
Monday thru Friday: 8am to 5pm



For more community resources go to www.communityrelay.com

Friendship

Find and circle all of the words that are hidden in the grid.
The remaining letters spell an additional word related to friendship.

D C B C C A M D K C O F A S R
N E O O A O N Y O I R G S D Y
E T Y N E E M M T I N E I H L
I A F F L V R P E I N S T M L
R M R I A A I N A E N A H A A
F M I D D M D T S N P I F I E
L O E E B L I O R M I F F R P
R O N U I P L T Y O E O A F T
I R D N E C A S Y C P H N S A
G D E L O Y A L T Y S P U R R
Y S G O O D T I M E S R U I O
S C H U M H O N E S T Y F S V
E C N A T N I A U Q C A U E A
Y H T A P M E S S E N D N O F

- | | | |
|--------------|--------------|------------|
| ACQUAINTANCE | COMPANION | HONESTY |
| AFFECTION | COMRADE | KINSHIP |
| AFFINITY | CONFIDE | LEND |
| ALLY | EMPATHY | LOYALTY |
| AMIGO | FAVOR | PAL |
| AMITY | FONDNESS | ROOMMATE |
| BOYFRIEND | FRIENDLINESS | SHARE |
| BUDDY | FUN | SUPPORTIVE |
| CHUM | GIRLFRIEND | SYMPATHY |
| CLOSENESS | GOOD TIMES | TRUST |

Email or call your answer to RSSC@fremonthousing.org or 402-727-4848 ex 109.