



National Friendship Day

www.NationalDayCalendar.com

On the first Sunday in August, National Friendship Day encourages people across the country and world to connect with friends. Make a new friend or reconnect with an old one.

Friendships come in many forms, and we begin developing them when we're very young. Throughout our lives, friendships and their meanings evolve. Our classmates and neighborhood pals explored the world with us. Together we shared experiences and made plans for the future. Eventually, paths diverge and new friends find a place in our social experience. Our world expands and our culture changes.

With each new friend, we expand our view of the world. Their experiences contribute to new meaning in our lives. Through friendships, we grow and broaden our horizons. Eventually, the world becomes smaller and more connected.

HOW TO OBSERVE #NationalFriendshipDay

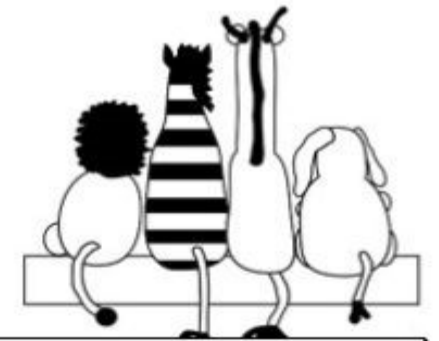
Celebrate the friends you have and the new ones you have yet to meet!

- ⇒ **Get in contact** with your buddies for a chat or visit.
- ⇒ **Accept an invitation** to meet new people. You might make life-long friendships you didn't know could exist.
- ⇒ **Share a memory** with old friends to spark a fun conversation.
- ⇒ Tell your friends how much you **appreciate them**.
- ⇒ Challenge your circle of friends to **share an experience** they think none of your other friends have had. You'll discover new things about your friends and find out just how unique each of them is.
- ⇒ **Mail a card to your friend.** (It was the original goal of the day.)
- ⇒ **Post on social media** using #NationalFriendshipDay to encourage others to connect with each other

<https://nationaldaycalendar.com/national-friendship-day-first-sunday-in-august/>

Name: _____

Friendship Word Search



CARING
BEST FRIEND
LAUGHTER
TRUST
SHARE

CONFIDE
MEMORIES
RESPECT
LISTENS
LIKE

UNDERSTANDING
SPECIAL
CO OPERATES
KINDNESS
HELPS



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Fremont Housing Agency
2510 N. Clarkson St.
Fremont, NE 68025
(402) 727-4848
(402) 727-4751 - fax
www.fremonthousing.org

Resident Support Services
Stanton Tower 205
(402) 727-4848 ext. 109

**IMPORTANT
NUMBERS**

Central Navigation
Centralized Intake
402 721-4157

Fremont Police Dept.
(402) 727-2677
Emergency - 911

Fremont Fire Dept.
(402) 727-2688
Emergency - 911

General Assistance
(402) 727-2731

**Health & Human
Services**
(402) 595-1258

Salvation Army
(402) 721-0930

**Northeastern Nebraska
Community Action
Partnership-NENCAP**
(402) 721-0619

**Eastern Nebraska Office on
Aging-ENOA**
(402) 721-7770
Senior Center
(402) 727-2815
RSVP Car-Go
(402) 561-2224

Uniquely Yours
(402) 727-8977



**FAIR
HOUSING:
IT'S NOT AN
OPTION. IT'S
THE LAW.**

ICE CREAM SOCIAL

Tuesday August 9th | 2:00 PM—3:00 PM
Stanton Community Room

**Donuts with
Raah Nissi Home Care**

Gifford Tower Monday August 22nd | 10:00 AM
Stanton Tower Tuesday August 23rd | 10:00 AM

TIM J. WITH MERRY MAKERS
Wednesday August 24th 3:00 PM—4:00 PM
Stanton Tower Community Room

FHA Resource Fair
Thursday August 25th from 2:00 PM—4:00 PM
Stanton Tower Community Room

Resident Appreciation BBQ
Friday August 26th | 11:30 AM - 12:30 PM
Center Patio Area—between both Towers



Feet 4 Keeps Foot Care Clinic
Tuesday August 30th | 11:00 AM—4:00 PM
2nd Floor Solarium Stanton
Call for an appointment with Sara Bourek 402.719.9770

PEST-TROL SERVICES
Floors 10 through 11 | Stanton Tower | August 10th
Floors 10 through 12 | Gifford Tower | August 24th

Bed Bug Checks & Filter Changes
begin the week of July 22nd | Stanton Tower



**Fremont Housing
Agency**

Rita Grigg
Executive Director

Danielle Lierman
Housing Program
Manager

RENT DUE

Rent is due
Monday, August 1st
To avoid a late fee,
your payment must be
in the drop box by
3:00 pm on Friday,
August 5th



For after hour
Maintenance
emergencies
contact:

Ed: 402 720-1264

Rita: 402 720-9643



“Let’s Talk...”

August 2022

Welcome our new employees

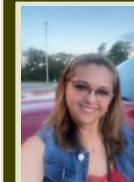
Custodian

Dalton Schreck comes to FHA with over 8 years’ experience in the restaurant industry, where he began his position at Godfathers Pizza while in High School and worked his way up to a Manager. Dalton continues to hold this position while working full time for FHA as a Custodian. Outside of his Custodial duties, Dalton assists the kitchen with our meal program, both serving and delivering. FHA is very fortunate to have Dalton on our team, as he was able to step into his position as a Custodian with little to no training. Dalton has an exceptional ability to quickly understand new information and carry out tasks successfully. Dalton makes staying in shape look easy by running 4-6 miles every day. In his spare time, Dalton enjoys spending time at the lakes on his jet ski or relaxing at home playing video games.



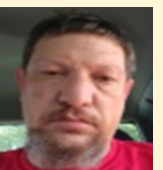
Maintenance

Patricia Negrete has returned to us at FHA and we could not be happier to have her on our team again! Patricia’s current position is a Maintenance Worker which she has been in for the past 7 months. Prior to this position, Patricia was a Custodian at Fremont Housing for 4 years. Patricia has over 20 years’ experience as a custodian and 40+ years’ experience as a translator. Patricia is well versed in both English and Spanish languages. Patricia holds a C.N.A. Certification and spent 7 years as a Nurse Technician at Fremont Surgical Center. Patricia enjoys spending time with her 13 grandchildren and 5 children. Patricia cannot wait to meet her 2 new grandchildren in the near future. She also loves going on adventures with her beloved dog, Grandpa Louie, the newest addition to her family.

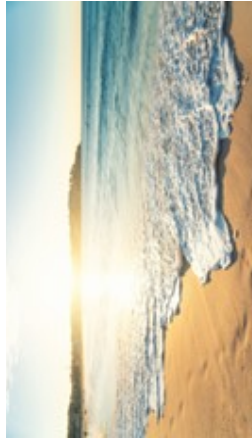


Maintenance

Barry Hastings grew up in Alliance, Nebraska, located in the western part of the state, with a population of about 8100 people. After Barry graduated from High School, he went to work for the railroad, where he worked his way up to Supervisor. Barry spent his last 13 years at the railroad as a Certified Track Inspector. Barry has nearly 2 years’ experience in the Maintenance field. FHA is very pleased to have Barry on our team, as he has quickly mastered his job duties. Barry enjoys spending time with his family, attending outdoor events and having barbeques. Barry’s hobbies include traveling, playing volleyball, watching football and hanging out with his 5 cats.



















We are proud to say that the FHA Maintenance team has a total of 58 years combined experience and our Custodial team has a total of 16 years combined experience.



August 2022




Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Turkey Mashed Potatoes w/Gravy Green Beans Peaches	2 Spaghetti Lettuce Salad Lemon Cake	3 Chicken Fritters Mashed Potatoes Corn Bread and Butter Apple Crisp	4 Taste Treat French Fries Pickle Root Beer	5 Grilled Ruben Chips Cucumber Salad Chocolate Chip Cook- ie	6 Spaghetti Green Beans Bread and Butter Pears
7 Turkey Club Chips Jell-O Salad	8 Beef Stew Biscuit with Honey Apricots	9 Liver & Onions Parsley Potatoes Carrots Bread and Butter Mandarin Oranges	10 KITCHEN AND DINING ROOM CLOSED	11 Hot Dog French Fries Pickle Spear Butterscotch Pudding	12 Meat Loaf Baked Potato Carrot Salad Spice Cake	13 Meat Loaf Baked Potato Green Beans Fruit
14 Tuna Salad Sandwich Chips Pickles Fruit Cocktail	15 Salmon Patty Scalloped Potatoes Creamed Peas Brownie w/Peanut Butter Frosting	16 Chicken Parmesan Fried Potatoes Green Beans Apple Crisp	17 Roast Beef Mashed Potatoes w/Gravy Cranberry Salad Muffin	18 KITCHEN AND DINING ROOM CLOSED THROUGH NOVEMBER 2022	19 National Soft-Serve Ice Cream Day HOT National Hot & Spicy Food Day	20 National ‘Bacon Lovers’ Day  National Cnocolate Pecan Pie Day
21 National Sweet Tea Day 	22 National Pecan Torte Day   National “Eat a Peach” Day	23 National Cuban Sandwich Day   National Spongecake Day	24 National Peach Pie Day 	25 National Banana Split Day 	26 National Cherry Popsicle Day 	27 National Pots de Creme Day National Burger Day  
28 National Cherry Turnovers Day 	29 National Chop Suey Day 	30 National Toasted Marshmallow Day 	31 National Trail Mix Day 			



August 2022 Activities



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 2-4 Art Club Gifford Tower	2	3 2:00 Resident Council & Social Club Meeting Stanton Tower	4	5 2-4 Bingo Stanton Tower	6 2-3 Coffee Stanton Tower
7	8 2-4 Art Club Gifford Tower	9 2-3 Ice Cream Social Stanton Tower Hosted by Resident Council	10 PESTROL Floors 10-11 Stanton Tower	11	12 2-4 Bingo Stanton Tower	13 2-3 Coffee Stanton Tower
14	15 2-4 Art Club Gifford Tower	16	17	18 1:30-2:30 Trivia Stanton Tower	19 2-4-Bingo Stanton Tower	20 2-3 Coffee & Rolls Stanton Tower
21 *_~* Take Note *_~* Stanton Tower Bed Bug Checks and Filter Changes Starting Monday the 22nd going through Friday the 26th	22 10-11 Donuts with Raah Nissi Home Care Gifford Tower 2-4 Art Club Gifford Tower	23 10-11 Donuts with Raah Nissi Home Care Stanton Tower	24 3-4 Tim J. Merry Makers Stanton Tower PESTROL Floors 10-12 Gifford Tower 11:00 AM FAHC Annual Mtg 11:30 AM FHA Board Mtg	25 2-4 FHA Annual Resource Fair Stanton Tower Community Room	26 2-4 Bingo Stanton Tower FHA Resident Appreciation BBQ Center Patio 11:30-12:30	27 2-3 Coffee Stanton Tower
28	29 2-4 Art Club Gifford Tower	30 11-4 Feet For Keeps 2nd floor Stanton	31 2:00 Game Day Stanton Tower			

Community Entertainment

Dodge County Fair August 3rd-August 7th
Dodge County Fair Grounds—See insert of Program Guide

FurEver Home August 7th 2:00 PM-4:00 PM
Drive-Thru Nail Trims \$10 & Microchipping \$25
located at 925 W. 6th St. in Fremont

Fremont-Midland Entertainment Series presents Travis Anderson Trio
August 14th at 7:00 PM at Fremont High School Nell McPherson Theatre

The Minneapolis-based jazz trio gives a modern twist to classic jazz and pops favorites.
This creative ensemble will bring many smiles to your face with a familiar program of 60s' T.V. theme music, Disney & pops/jazz standards.

Fees/Admission: \$20; Children in grades K-12 and Midland University students are free admittance

Festival of Joy August 20th 11:00 AM-11:00 PM
St Patrick Catholic Church located at 3400 E 16th Street in Fremont
Enjoy a day of Food, Games, Shopping, Bake Sale, Cornhole Tournament, Kiddie Parade, Raffle Drawings, Mass, Beer Garden and "Items of Joy" area
6:30-11 Adult ticketed event at "Pub St. Patrick," Dinner, SINGO, live music and cocktails

BMF TAB POKER RUN August 20th at 11:00 AM—All Vehicles Welcome
Register 10:00 AM-10:45 AM at Fremont Eagles Club located at 649 N. Main Street in Fremont

Poker Run for the Ronald McDonald house (RMHC) who provides a place for families to call home at no cost while their child is hospitalized. All proceeds will go to RMHC.

Stops/Suggested Route: 1) Rustic Inn/Fort Calhoun; 2) JDub's Hangout/Bennington; 3) Buck's/Venice; 4) Red Zone/Colon; 5) Tin Lizzy's/Fremont

There will be food, raffles and live music by DREAM PIPE at the last stop.
Save your Beer/Pop tabs and receive an extra raffle ticket per gallon bag!

Kick'n It in the Stix 4th Annual Vintage Motor Fair
August 27th 11:00 AM-11:00 PM
Washington County Fair Grounds 23656 US-30 in Arlington
~*1985 AND OLDER AUTOS ONLY*~

*Food Trucks *Mini Bike Races *Vendors and Swap Meet *Pin Up contest *Attractions
*Club Pick Trophies *Live and Silent Auctions *Live Music *Camping
***Free to the public**



*Friendly
Reminders*



A few notes of gratitude

To all of those who have assisted during our Social Club Activities and Events, please accept the club's sincere gratitude for your help!! The Club feels fortunate to have you donate your time on occasions like this, as it lets them know how much you care.

The Resident Council and Social Club express heartfelt thanks for all you do!

Many residents have noticed our Stanton Tower resident, Diane, volunteering her time to pick up trash and debris, not just on our property but also on surrounding businesses. The compassion she shows is a true display of community spirit and creating an environment that we can all be proud of. Everyone in our community plays an important role in being a Good Samaritan and Diane takes this to heart. Diane treats all people she encounters with respect and kindness.

From FHA and your Neighbors

Diane, Thank you so much for your dedication to your community!



Friendly Reminders

- ♦ Rent Payments shall be placed in the rent box located outside of the office in each Tower. Please refrain from placing it under the office door.
- ♦ FHA now has an option to pay your rent online starting in September. Please refer to the letter from FHA Executive Director placed inside this newsletter.
- ♦ In today's ever changing environment, we have witnessed that no place is immune from violence. We want you to be informed in how to protect yourself should you encounter this type of situation. Please refer to the Active Shooter insert inside this newsletter.
- ♦ Visiting animals are not allowed on the property. Pet sitting in your apartment is prohibited.
- ♦ Smoking anything in your apartment is prohibited such as (but not limited to) cigarettes, cigars, pipes, and delta products. The safety of all residents is our greatest priority