



Fremont Housing
Agency

TWO TOWER TALK

AUGUST 2021



Rita Grigg
Executive Director
Darci Blakely
*Housing Program
Manager*

Rent is due

Saturday

August 1, 2021

Your payment must be
in the drop box by 3:00
pm on Thursday,

August 5, 2021 or you
will be charged a \$30.00
late fee. If rent is not in
by the 21st another
\$20.00 late fee will be
applied!!

**Checks or Money
Orders Only!
NO CASH!!!!!!**

**PAY YOUR
RENT**

**For after hour
Maintenance
emergencies
contact:**

**Ed: 402 720-1264
Rita: 402 720-9643**



SOME DEFINITIONS TO PONDER! IS THIS YOU?

Racial discrimination

Racial discrimination is any discrimination against any individual on the basis of their skin color, or racial or ethnic origin.

Individuals can discriminate by refusing to

Do business with, socialize with, or

share resources with people of a certain group. [Wikipedia](#)

Racism

Racism is the belief that groups of humans possess different behavioral traits corresponding to physical appearance and can be divided based on the superiority of one race over another. [Wikipedia](#)



What Constitutes an Adult Bully?

Just like children and teenagers can be bullies, so can adults. What defines an adult bully is if they regularly make you feel oppressed, belittled, humiliated, or de-energized. The cruel actions that often lead to those feelings include personal insults, ridiculing jokes, threats, public shaming, invasion of your personal space, or unwanted personal contact.

Harassment

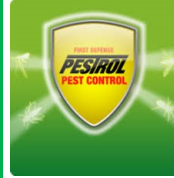
Harassment covers a wide range of behaviors of an offensive nature. It is commonly understood as behavior that demeans, humiliates or embarrasses a person, and it is characteristically identified by its unlikelihood in terms of social and moral reasonableness. In the legal sense, these are behaviors that appear to be disturbing, upsetting or threatening. They evolve from discriminatory grounds, and have an effect of nullifying a person's rights or impairing a person from benefiting from their rights. When these behaviors become repetitive, it is defined as bullying. The continuity or repetitiveness and the aspect of distressing, alarming or threatening may distinguish it from insult.





IMPORTANT!
PLEASE READ

Pestrol July Schedule



Wednesday August 11th

Starting at 12:00 pm

Gifford Floors 10-12

Stanton Floors 10-12



LOOKING FOR EMPLOYMENT???

Governor Ricketts has released a new weekly column, which is now available below.

Creating Opportunity for All Nebraskans

Over the past year, Nebraska has been enjoying rapid growth, creating lots of great-paying job opportunities here in the Good Life. We have the second lowest unemployment rate in the nation at 2.6%. That's the lowest rate our state has seen since 1999. Right now, we have over 40,000 jobs available on the State of Nebraska's jobs site: NEworks.nebraska.gov. These are some of the reasons why WalletHub recently ranked Nebraska as the #2 state in the U.S. to find a job.

NEworks.nebraska.gov



Gifford and Stanton Towers are no smoking facilities. Smoking is allowed only in outside designated areas. If caught smoking in your apartment here is what happens:

**FIRST OFFENSE: \$200.00 FINE
SECOND OFFENSE: \$300.00 FINE
THIRD OFFENSE: EVICTION**

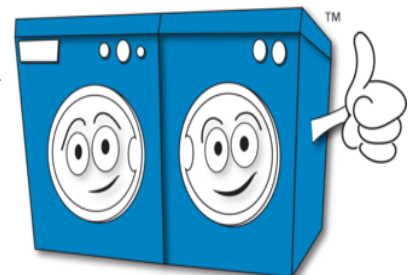
WASHERS AND DRYERS

Some things to remember when using the washers and dryers.

Be sure to clean under the seal of the washing machine door after you have washed your clothes. Things get stuck under the seals.

Please use only 2 washers and 2 dryers at a time. Do not use all of them at the same time.

Please inform your chore providers of this also!



WINDOWS



**KEEP
CALM
AND
DON'T OPEN
THE WINDOW**

The air conditioners are running so please do not open the windows in the common areas without permission. This includes community rooms, solariums, and lobbies. The air conditioners have to work harder to keep it cool in the building. If there is a reason windows need to be opened at this time the Maintenance Staff will take care of opening windows.

BED BUG CHECKS STANTON TOWER



**AUGUST
24, 25, 26, 27**

SCHEDULING CONTRACTOR APPOINTMENTS



When scheduling appointments with contractors such as Spectrum, phone companies, etc. to set up cable and/or phones, please schedule these appointments during office hours.

**Appointments must be scheduled
between 9:00 am-12:00 pm or
12:30 pm-3:00 pm.**

ENOA Rural Transportation Program Open to All Dodge County Residents.



**Call 1-888-210-1093. Monday –
Friday for
reservations.**

**Please be patient when requesting
transportation as this program was only
recently expanded.**

**If you have Medicaid you already have
medical transportation through your
insurance company.**

**Governor Ricketts concluded the
State of Emergency for
Nebraska on June 30, 2021. The
Federal Government will allow
states to provide one additional
month of emergency allotments
in July, 2021.**



Supplemental
Nutrition
Assistance
Program

**July will be Nebraska's phase out benefit
month for Emergency SNAP, with August
2021 being the last month that you will
receive emergency SNAP benefits.**

PUT YOUR TRASH IN THE CANS!!

**When taking
out your trash
please put it in
the trash cans.
Do not put it on
top of the trash
cans. Do not put in in front of, in back
of, or beside the trash cans!
Please make sure bags are tied tightly.**



**We are sad! During the Farmers
Market on July 14th a teal bowl was
taken. The bowls were borrowed to
put the produce in
for the Farmer's Market and are
not to be taken. If you accidentally
took the bowl please return it.**



READ
BELOW↓

SEE YA
THERE!



TRIVIA
DAY

THURSDAY, AUGUST 19TH

1:30-2:30

STANTON TOWER
COMMUNITY ROOM

WILDFIRE ENTERTAINMENT

D.J. SLATTS MUSIC AND LIGHT SHOW

402 620-1280



SATURDAY, AUGUST 7, 2021

8:00 PM-11:00 PM

GIFFORD TOWER COMMUNITY ROOM

FREE CONCERT AND DANCE

3 people per table

27 maximum residents

Residents of Gifford and Stanton Tower Only

No alcohol allowed

THE STANTON SOCIAL CLUB IS
BRINGING YOU MERRYMAKERS
MUSIC!!

PAMELA SUE



TUESDAY,
AUGUST 24, 2021

3:30-4:30 PM

STANTON TOWER
COMMUNITY ROOM

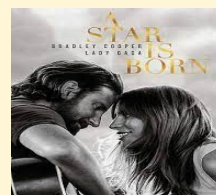
JULY MOVIES AT
GIFFORD TOWER

Movies will be shown on Wednesdays
at 3:00 pm in the Gifford Tower
Community Room

August 8-Tag

August 11-

A Star is Born



August 18-Instant
Family

August 25-Clambake



Be yourself.
Everyone else
is taken.
— Oscar Wilde



PTOtoday.com

We're Going Back To School





SUMMER FUN

Word Search Puzzle



W	A	T	E	R	P	A	R	K	V	A	C	A	T	I	O	N
F	R	I	E	N	D	S	W	S	T	Z	G	H	N	A	I	G
T	S	A	Z	Q	P	A	B	Q	C	N	P	N	M	D	C	S
E	W	O	N	C	H	I	I	Y	I	A	S	U	R	X	E	N
B	I	C	Y	C	L	E	C	P	C	R	Y	O	Z	M	C	F
O	M	P	W	I	Z	J	M	N	E	F	J	A	A	P	R	R
U	M	E	I	F	M	A	T	L	I	U	I	G	M	O	E	I
T	I	H	G	A	C	O	K	X	C	C	B	S	N	P	A	S
D	N	N	J	X	O	N	P	S	M	B	K	E	H	S	M	B
O	G	W	V	F	I	I	P	X	D	R	T	R	A	I	X	E
O	O	U	E	R	R	O	C	O	O	K	O	U	T	C	N	E
R	A	R	P	T	L	F	U	W	S	S	C	V	Q	L	H	G
S	A	S	D	F	O	L	E	M	O	N	A	D	E	E	T	A
B	A	A	P	E	Q	R	S	U	N	S	H	I	N	E	M	N
W	O	I	F	A	I	R	G	R	O	U	N	D	P	X	B	M
R	L	W	N	F	E	K	N	B	A	S	E	B	A	L	L	X
F	B	B	M	Y	P	M	V	T	D	G	I	S	W	O	R	V



BAREFOOT	FISHING	PICNIC
BASEBALL	FLIP FLOPS	POPSICLE
BEACH	FRIENDS	ROAD TRIP
BICYCLE	FRISBEE	SPRINKLERS
CAMPING	GAMES	SUNSHINE
COOKOUT	ICE CREAM	SWIMMING
FAIRGROUND	LEMONADE	VACATION
FIREWORKS	OUTDOORS	WATER PARK



August 2021



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Bi-Weekly menus for participants are still necessary and available at the Gifford & Stanton Tower offices. If you are interested in the Food Service Program, please feel free to contact Resident Support Services at 727-4848 ext.112 or stop down at the office during regular business hours.						
1 Three Plate Salad Dinner Roll German Chocolate Cake	2 Soft Shell Taco Chips & Salsa Peaches	3 Spaghetti Green Beans Angel Food Cake With Cherries	4 Chicken Fritters Mashed Potatoes Corn Bread and Butter Apple Crisp	5 Tastee Treat French Fries Pickle Root Beer	6 Grilled Reuben Chips Cucumber Salad Chocolate Chip Cookie	7 Spaghetti Green Beans Bread and Butter Pears
8 Turkey Club Chips Jell-O Salad	9 Beef Stew Biscuit with Honey Apricots	10 Chicken Breast Parsley Potatoes Carrots Bread and Butter	11 Pork Loin Mashed Sweet Potatoes Cranberry Sauce Pumpkin Bar	12 Pastrami Sandwich French Fries Pickle Spear Butterscotch Pudding	13 Meat Loaf Baked Potato Carrot Salad Spice Cake	14 Meat Loaf Baked Potato Carrot Salad Spice Cake
15 Tuna Salad Sandwich Chips Pickles Fruit Cocktail	16 Sloppy Joe's Onion Rings Brownie with Peanut Butter Frosting	17 Ham Fried Potatoes Green Beans Apple Pie	18 Crispy Chicken Salad Bread Stick Cranberry Salad	19 Cold Cuts and Cheese Crackers Macaroni Salad Fresh Fruit	20 Chicken Strips Potato Salad Baked Beans Cook's Choice Cake	21 Ham Carrots Bread and Butter Jell-O
22 Sloppy Joes Potato Salad Brownie	23 Ribs Potatoes Sauerkraut Fruit Cocktail	24 Cheese Pizza Lettuce Salad German Chocolate Cake	25 Chicken Fried Steak Creamy Potatoes Green Beans Confetti Cake	26 Chili Mac Corn Mandarin Oranges	27 Cheesy Broccoli Soup Tea Roll Watergate Salad	28 Chili Mac Corn Mandarin Oranges
29 Breakfast Casserole Fresh Fruit	30 Hamburger Patty with Gravy Mashed Potatoes Creamed Peas Lemon Cookie	31 Hot Ham Sandwich Vegetable Pasta Salad Cooks Choice Fruit				

Fremont Housing Agency
2510 N. Clarkson St.
Fremont, NE 68025
(402) 727-4848
(402) 727-4751 - fax
www.fremonthousing.org

Resident Support Services
Stanton Tower 205
(402) 727-4848 ext. 109

IMPORTANT NUMBERS

Central Navigation
Centralized Intake
402 721-4157

Fremont Police Dept.
(402) 727-2677
Emergency - 911

Fremont Fire Dept.
(402) 727-2688
Emergency - 911

General Assistance
(402) 727-2731

**Health & Human
Services**
(402) 595-1258

Salvation Army
(402) 721-0930

**Northeastern Nebraska
Community Action
Partnership-NENCAP**
(402) 721-0619

**Eastern Nebraska Office on
Aging-ENOA**
888-210-1093

Senior Center
(402) 727-2815

Uniquely Yours
(402) 727-8977

**FAIR
HOUSING:
IT'S NOT AN
OPTION. IT'S
THE LAW.**



Foot Care Nurse Visit
August 19th Cost: \$20 per visit
12:30-4:30 pm
2nd floor solarium in Stanton Tower
Best to call ahead for appointment
Sara 402 719-9770

The Library is coming back

Friday, August 6, 2021

9:30– 10:30 at Gifford Tower

10:30-11:30 at Stanton Tower



HUMANA VAN

FARMERS MARKET-2:30 PM

WEDNESDAY, AUGUST 18TH

**Weather permitting In the
parking lot between Gifford and Stanton Towers**

HEALTH AT HOME CONSULTANTS

WEDNESDAY, AUGUST 25TH

**10:00 AM-STANTON TOWER
COMMUNITY ROOM**



**ANGELS CARE HOME
HEALTH**

AUGUST 26, 2021

1:30 PM-STANTON TOWER