

RENT REMINDERS

- ◆ Rent is due the **1st each month**.
- ◆ Rent is late if received after 4:30 p.m. on the **5th of each month**.
- ◆ A charge of **\$30** will be assessed on the **6th** day of each month for late rent.
- ◆ An additional \$20 will be assessed if rent is not paid by the 20th of each month.
- ◆ No partial payment is accepted.
- ◆ Check, cashier's check, or money order only.
- ◆ **If you mail your payment please allow at least 7 - 10 days.**



Hooper Board Meeting Notice.....

Regular Board Meeting - Wednesday,
May 21, 2025 at 6:30 p.m.
in the Parkview Apartments Community

*Call the Fremont Housing Office - Monday thru
Friday at 402-727-4848 to put in a **WORK ORDER**.
You can also tell Office Staff on Tuesdays at the
Hooper Office, 402-654-2229.*

For after-hour Maintenance Emergencies ONLY!
Call - Ed (Maintenance Director 402-720-1264
or (Executive Director) 402-720-9643.



Ham And Noodle Casserole

Ingredients

- ◆ 8 oz. uncooked egg noodles
- ◆ 1 (10 1/2-oz.) can cream of mushroom soup, undiluted
- ◆ 1 (8-oz.) container chive-and-onion-flavored cream cheese, softened
- ◆ 2/3 cup milk
- ◆ 2 cups chopped baked ham
- ◆ 1 1/2 cups fresh broccoli florets
- ◆ 1 (10-oz.) package frozen asparagus, thawed (or frozen peas)
- ◆ 6 baby carrots, chopped
- ◆ 1 (8-oz.) package shredded mozzarella cheese
- ◆ 1 (4-oz.) package shredded Cheddar cheese
- ◆ 1/2 cup crushed seasoned croutons



Directions

1. Cook pasta according to package directions; drain.
2. Stir together soup, cream cheese, and milk in a large bowl. Stir in pasta, ham, broccoli, asparagus (or peas) and carrots.
3. Spoon half of ham mixture into a lightly greased 13 x 9 inch baking dish.
4. Mix cheeses together and sprinkle half of it over ham mixture.
5. Spoon remaining ham mixture into the baking dish.
6. Combine remaining cheese mixture with croutons and sprinkle over the ham mixture to finish.
7. Bake at 400°F for 30 minutes or until lightly browned. **Cool slightly and Enjoy!**

'The Parkview Press'

April 2025



The saying “**April showers bring May flowers**” originates from the United Kingdom, where April is a rainy month due to the position of the jet stream. In cooler climates, the lower temperatures delay the appearance of flowers until late April and early May1. Beyond its literal interpretation, ***the phrase has taken on a metaphorical meaning, suggesting that after periods of adversity, good times will follow.***

A **Resident Advisory Board Meeting** for the *2025 Agency Plan and Capital Funds* will be on **Tuesday, May 13th, at 9:30 a.m.** in the Parkview Apartments Community Room.

There will be a **Public Hearing** to discuss the *2025 Agency Plan and Capital Funds* on **Wednesday, May 21st, 2025, at 6:00 p.m.** in the Parkview Apartments Community Room. The **Regular Board Meeting** will follow at **6:30 p.m.**



Dates to Remember.....

FHA Offices Are Closed:

FHA Office windows Are Closed:

Thursday, April 24



Instructions for reporting Work Orders.....

You need to report any/all of these things *immediately* to the office so a Work Order can be created for you. Once that step is done, Dave, your Maintenance Technician, will go to work resolving the issues.

REMEMBER: DO NOT stop Dave while he's working to tell him you have a problem. **Use the proper channel, call and let the Office/Housing Specialist know, so a Work Order can be submitted to Dave.** 402-654-2229 (Tuesday, 9:00 - 3:00) 402-727-4848 (Monday & Wednesday thru Friday, 8:00 - 4:30).

That Time of Year Again!!

Annual Inspections are scheduled for **Tuesday, April 22, 2025, beginning around 9:00 am.**

Jason and Maintenance will be inspection all apartments again this year.

You do not need to be present for the inspection, but it will be done whether you are home or not. So, *be prepared!*

You will not be given a specific time of day when they will come to your unit, so again, *be prepared!*



Are You Walking Right?

Walking is a great exercise because it's usually simple to do and doesn't require any equipment. *These posture tips from walkingspree.com will make your walking even more enjoyable.*

- 1) Hold your head high. Keep your gaze to the horizon and enjoy the scenery.
- 2) Place shoulders back with eyes forward.
- 3) Move shoulders freely and naturally.
- 4) Tighten mid-section/core.
- 5) Swing your arms in a natural motion. Move the opposite leg with the opposite arm.
- 6) Tuck your pelvis under your torso.
- 7) Position your feet straight ahead, parallel to each other.
- 8) Push off with your back leg.



QUARTERLY PEST CONTROL TREATMENT

February, May, August & November

The **last Tuesday of the month, starting at 10:00 a.m.** Be prepared for this visit to your apartment. Even if you are not at home the treatment will be done.

Remember to report to the Office anytime you suspect there is an issue.

Being proactive and catching things early is the way to successfully avoid or eliminate any issues.

Always have items moved out of the way to make it easier for the Pest Controller to move around your apartment and do his job!

Keeping food and trash put away will help in preventing infestation.

Thank you for your help!

Rentwise Classes

RentWise is a program to help renters obtain and keep rental housing and teach them how be successful renters with basic educational information.

The class is available online any time.

You are able to register and take the training at your own pace *at no charge!*

A certificate is awarded upon completion of the training and a copy is maintained in your file.

If you are interested in taking the online course contact the Gifford Office at 402-727-4848, and we will be happy to give you the information necessary to sign up or answer any questions you may have.

Be sure to take part in this free, simple and informative opportunity.



Disclaimer of Liability:

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