

RENT REMINDERS

- ◆ Rent is due the **1st each month**.
- ◆ Rent is late if received after 4:30 p.m. on the **5th of each month**.
- ◆ A charge of **\$30** will be assessed on the **6th** day of each month for late rent.
- ◆ An additional \$20 will be assessed if rent is not paid by the 20th of each month.
- ◆ No partial payment is accepted.
- ◆ Check, cashier's check, or money order only.
- ◆ **If you mail your payment please allow at least 7 - 10 days.**



Hooper Board Meeting Notice.....

Regular Board Meeting - Wednesday,
July 17, 2024 at 6:30 p.m.
in the Parkview Apartments Community Room



*Call the Fremont Housing Office - Monday thru
Friday at 402-727-4848 to put in a WORK ORDER.
You can also tell Office Staff on Tuesdays at the
Hooper Office, 402-654-2229.*

For after-hour Maintenance Emergencies ONLY!

Call - Ed (Maintenance Director 402-720-1264
or Rita (Executive Director) 402-720-9643.

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Mom's Best Macaroni Salad

Ingredients

- 16 ounces uncooked elbow macaroni
- 4 carrots, shredded
- 1 large red onion, chopped
- ½ green bell pepper, seeded and chopped
- ½ red bell pepper, seeded and chopped
- 1 cup chopped celery
- 2 cups mayonnaise
- 1 (14 ounce) can sweetened condensed milk
- ½ cup white sugar
- ½ cup white vinegar
- salt and pepper to taste



Directions

Bring a large pot of lightly salted water to a boil. Cook elbow macaroni in boiling water, stirring occasionally, until tender yet firm to the bite, about 8 minutes. Rinse under cold water; drain and set aside.

Stir together carrots, red onion, bell peppers, and celery in a large serving bowl. Mix in mayonnaise, condensed milk, sugar, vinegar, salt, and pepper until well combined.

Add macaroni; toss gently, then cover and refrigerate for at least 8 hours. **Enjoy!**

'The Parkview Press'

June 2024

Father's Day History

Father's Day seeks to honor the contributions, love, and sacrifices of fathers in families and society. The observance aims to recognize and appreciate the paternal figures in our lives, including biological fathers, stepfathers, and grandfathers. It offers an opportunity for children to express gratitude and admiration towards their dads, reinforcing the bond within families and promoting paternal involvement in children's lives.

The idea for **Father's Day** dates back to the early 20th century, with the first celebration taking place in the United States in 1910. Sonora Smart Dodd, a woman from Washington State, initiated the day to honor her father, William Jackson Smart, a civil war veteran and single parent who raised his six children. In 1972, under President Richard Nixon, Father's Day was officially recognized as a national holiday in America, allowing the nationwide celebration of fatherhood and paternal bonds.

In the United States, **Father's Day** is typically observed on the third Sunday of June. Festivities often involve family gatherings, sharing meals, and engaging in recreational activities together. Children and adults alike express gratitude to their fathers through various means, including the exchange of gifts, handwritten notes, and phone or video calls. Some people also pay tribute to their late fathers by visiting their grave sites or conducting memorial services.



INSPECTIONS! INSPECTIONS! INSPECTIONS! INSPECTIONS! INSPECTIONS! INSPECTIONS!

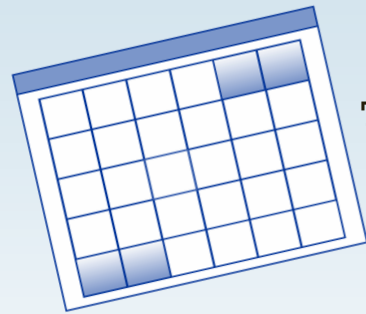
HUD has developed a new model for inspecting the condition of affordable housing units. This includes locations like the Parkview Apartments. **The new NSPIRE (National Standards for the Physical Inspection of Real Estate) standards are stricter than before** and both housing authorities and tenants are accountable for the condition of apartments and how they are maintained.

It's very important for every tenant at this apartment community work at having their unit meet the HHA Housekeeping Standards (you should have received a copy of this policy at move-in). **We have also included a flyer within this newsletter to help you in your efforts. Take time to read the flyer very carefully and see what areas you can personally improve on.**

As a reminder, there will be a charge of \$25 each time a "special inspection" is necessary to monitor *less than satisfactory* housekeeping. Your help and cooperation are always appreciated! **Management**

*******REMINDER: Excess Utility Fees—Air conditioner/freezer fees are due to be paid in full by May 1st each year. If you have not paid yet, you are expected to do so now. Promptness is appreciated.*******

Holidays and Dates to Remember



Sunday, June 16 - **Father's Day**
Wednesday, June 19 - **Juneteenth**
Thursday, June 20 - **First Day of Summer**

FHA Office windows Are Closed
Thursday, June 27



Instructions for reporting Work Orders.....

You need to report any/all of these things *immediately* to Tammy so she can submit a Work Order for you. Once that step is done, Dave, your Maintenance Technician, will go to work resolving the issues.

REMEMBER: DO NOT stop Dave while he's working to tell him you have a problem. **Use the proper channel, call and let the Office/Housing Specialist know, so a Work Order can be submitted to Dave.** 402-654-2229 (Tuesday, 9:00 - 3:00) 402-727-4848 (Monday & Wednesday thru Friday, 8:00 - 4:30).

Ways to Keep Cool this Summer

Everyone loves summertime, but when the heat gets too oppressive, it's crucial to listen to your body and find relief. But keeping cool is sometimes easier said than done. We'll share some tips and tricks for how to stay **cool in the heat.**

Stay Hydrated

The most important thing to remember in sweltering heat is to stay hydrated. Sweating is your body's natural way of keeping cool. When sweat evaporates from your skin, the evaporation process absorbs energy in the form of heat, which has the pleasant side effect of cooling you down. But sweating also causes your body to lose water, which means that to keep your body balanced, you'll need to drink even more than the recommended 8-10 cups a day.

Avoid Caffeine and Alcohol

Caffeine and alcohol are both diuretics, which means they increase urine production, causing you to lose even more water. And since you are already losing water through sweat, drinking caffeine or alcohol will put you at risk of becoming dehydrated even faster.

Eat Light Meals

Eating smaller, lighter, and more frequent meals will help you feel less lethargic. Choose something like grilled vegetables, or a fruit plate instead of sausages, pizza, or pasta.

Tip: Eating fruits that contain a high amount of water is an especially tasty way of staying hydrated. That's why fruits like watermelon make the perfect summer treat.

QUARTERLY

PEST CONTROL TREATMENT

February, May, August & November

The **last Tuesday of the month, starting at 10:00 a.m.** Be prepared for this visit to your apartment. Even if you are not at home the treatment will be done.

Remember to report to the Office anytime you suspect there is an issue.

Being proactive and catching things early is the way to successfully avoid or eliminate any issues.

Always have items moved out of the way to make it easier for the Pest Controller to move around your apartment and do his job!

Keeping food and trash put away will help in preventing infestation.

Thank you for your help!

Rentwise Classes

RentWise is a program to help renters obtain and keep rental housing and teach them how be successful renters with basic educational information.

The class is available online any time.

You are able to register and take the training at your own pace *at no charge!*

A certificate is awarded upon completion of the training and a copy is maintained in your file.

If you are interested in taking the online course contact the Gifford Office at 402-727-4848, and we will be happy to give you the information necessary to sign up or answer any questions you may have.

Be sure to take part in this free, simple and informative opportunity.



Time To Laugh.....

Bus Ride

A mother was seeing her 8 year-old son off to school one morning. She walked him to the bus stop where they waited patiently; the bus came and her son got on the school bus. The mother proceeded to go home so she could get ready to go to work. About 15 minutes later the doorbell rang and it was her son at the front door. She was shocked to see him since she just got him on the school bus, then she noticed the school bus with its door open, in front of her house. The mother asked her son, "What are you doing back home?" Her 8 year-old son said, "I'm quitting school, it's too hard, it's too boring, and it's too long." The mother looked at him and said, "That's life, now get back on the bus."



Learn to Whistle



Thinking no one could hear me as I loaded a UPS tractor trailer, I began to whistle. I was really getting into it when a coworker in the next trailer poked his head in. "You know, I always used to wish I could whistle," he said. "Now I just wish you could."

Disclaimer of Liability:

Every effort is made to provide accurate and complete information in the Hooper Housing Authority newsletters. However, the HHA cannot guarantee that there will be no errors. The HHA makes no claims, promises, or guarantees about the accuracy, adequacy, validity, reliability, availability, or completeness of any information and expressly disclaims liability for errors and omissions in the contents of this newsletter. HHA does not assume any liability for any direct, indirect or any other loss or damage of any kind incurred as a result of the use the newsletter or any reliance on any information provided in the newsletter. Your use of the newsletter and your reliance on any information in the newsletter is solely at your own risk.