FHA Offices Will Be Closed

Monday, October 14 - Columbus Day Monday, November 11 - Veteran's Day Thursday & Friday, November 28 & 29 - Thanksgiving Wednesday, December 25 - Christmas Day

(Office windows are closed)

Thursday, October 24 Thursday, November 21 Thursday, December 26

IMPORTANT NOTICE

When you get your new or updated <u>SSI</u> or <u>Social Security award letter</u>, take it to Stanton Tower to Amanda, the FHA Tax Credit Specialist, so that she can make copies for your file. You may also mail a copy.

Fremont Housing Agency 2600 N Clarkson St., Fremont, NE 68025

***** Water softener salt will be added the <u>first</u> Tuesday of the month, <u>every quarter</u>. *****

Scheduled months:

January

April

July October

***** <u>Furnace filters</u> will be replaced on the <u>same schedule.****</u>

(schedule is subject to change at discretion of the Maintenance Director)

Rentwise Classes



RentWise is a program to help renters obtain and keep rental housing and be successful renters through education.

FHA holds a live class twice a year, and it is announced in the newsletter. But the class is also available online any time. You are able to register and take the training at your own pace at no charge!

A certificate is awarded upon completion of the training.

If you are interested in taking the live or online course contact Tina **402-727-4848**, and she will be happy to give you the information necessary to sign up or answer any questions you may have.

Be sure to take part in this free and informative opportunity.

Next upcoming live class - October 15 & 16, 8:30 am - 12:00 pm. Call for details.

RENT REMINDERS \$\$\$

- The rent is due on the 1st and late after the close of business the 5th day of each month.
- ◆ If the 5th falls on Saturday, rent is due in the office by close of business on Friday.
- If the 5th falls on Sunday, the rent must be in the drop box before 8:00 a.m. of the 6th.
- If the rent is not paid on or before the 5th day of the month, a late payment charge will be applied as follows: \$30.00 will be assessed for payments made on the 6th through the 20th day of the month.
- Payments made on the 21st day and after will be assessed at the rate of an additional \$20.00 charge.
- This late charge is immediately due as an addition to that month's rent and must be paid before that month's rent will be considered to be paid in full.



Tips for dressing for winter weather:

Think in threes: Wear three layers.

Choose tight-fitting clothing over looser options to avoid wind chill. Swap cotton for wool.

Accessorize with hats, scarves, and gloves.

Weatherproof your clothing.

Use textures.

Wear warm socks and tights.

MAINTENANCE Emergencies

Maintenance Emergencies During Business Hours: 402-727-4848

Business Hours - 8:00 a.m. - 4:30 p.m. ~ Monday - Friday

Maintenance EMERGENCIES After Business Hours or on Weekends:

*Call Ed (Maintenance Supervisor) at 402-720-1264.

If you have not heard back from Ed within 15 minutes, call Rita (Executive Director) at 402-720-9643

EMERGENCIES

Calls MUST be for (valid) emergencies only. <u>Tenants will be charged</u> for the call if the problem is <u>other</u> than one of the following:

- Loss of electric power (other than shut-off due to non-payment)
- Sewer problems.
- Broken water pipes (supply line) Major leak call Immediately
- If water drip is slow, place pan underneath to collect water and call office next business day. *Slow drips are not emergencies*.
- Furnace failure is an emergency during a severe cold spell
- Air conditioner failure is an emergency during a severe extended hot spell
- Refrigerator/freezer failure (do not overload refrigerator/freezer with food that will prohibit air flow which is needed for normal operation). *Management will not replace food lost from refrigerator/freezer failure or power outage*.
- ** Remain by the phone in the event maintenance needs to contact you! **

of your problem. Without this important information, we cannot react to your maintenance problems efficiently. You must also be present when maintenance arrives to answer any questions regarding the "emergency".

LOCKOUTS — You need to call a locksmith.

Local Numbers:

- A-1 Lock Shop Key & Locksmith **402-720-2284** Open 24 hours
- S and S Locksmith 402-941-1212

Acts of Kindness for a Winter Day

- Bring someone a hot chocolate.
- Deliver some homemade soup.
- ♦ Give someone a sincere compliment.
- Send a letter to someone who has made a difference in your life and let them know.
- Volunteer to run errands for an older person.
- ♦ Hold the door open for someone.
- ♦ Pick up something that someone else dropped.



Disclaimer of Liability:

Every effort is made to provide accurate and complete information in the Fremont Housing Agency newsletters. However, the FHA cannot guarantee that there will be no errors. The FHA makes no claims, promises, or guarantees about the accuracy, adequacy, validity, reliability, availability, or completeness of any information and expressly disclaims liability for errors and omissions in the contents of this newsletter. FHA does not assume any liability for any direct, indirect or any other loss or damage of any kind incurred as a result of the use the newsletter or any reliance on any information provided in the newsletter. Your use of the newsletter and your reliance on any information in the newsletter is solely at your own risk.

Fremont Housing Agency CONTACT INFORMATION:

Business Hours: M - F 8:00 am - 4:30 pm **Phone:** 402-727-4848

Office Window Hours: M - F 9:00 am - 3:00 pm Your Tax Credit Specialist: Amanda - extension 4



Call: Maintenance Supervisor: Ed Phone: 402-720-1264,

If no response from Ed within 15 min. call: Executive Director: 402-720-9643

Fremont Housing Agency 2510 N Clarkson St Fremont, NE 68025





THE Hidden Brook Herald

Quarterly NEWSLETTER October - November - December 2024

I December is National Stress-free Holiday Month

As many of us know, the holidays are a joyous but also stressful period of time, ranging from the crowds at the mall to family/friend tensions, hosting responsibilities, and regular day-to-day tasks.



Here are some tips to manage your stress levels during December:

Stay hydrated - Drinking enough water in the chilly temperatures of winter can help your skin/body stay healthy and hydrated.

Find time to exercise - Exercise is a healthy way to maintain both your physical and mental health.

Exercising is a great way to help relieve everyday stress in addition to the stress that the holidays can add.

Any form of exercise can release endorphins, which helps lessen the symptoms of depression and anxiety.

I Spend time with loved ones - Spending time with the special people in your life, whether family or friends, I can help lessen the feeling of loneliness which in all helps improve your mental health.

Managing Holiday Expectations:

Make a budget - This tip is pretty self-explanatory, but it's important not to go overboard on gifts & activities. Do your best to stick to a budget but leave a small amount on the side for wiggle room. The holidays can bring out an extra level of generosity in all of us.

Find the best time for you to shop - Whether that means you shop online, choose in-store or curbside pick-up, or like to hit the tile floors of the mall, shop however YOU feel comfortable. Shopping how you want to and in the way that you feel the most comfortable can help lessen the stress of buying presents for the people on your list.

Be kind to yourself - The holidays are a fun, jam-packed time with activities and events to attend, and it's normal when you are so busy to forget about yourself. We want to remind you not to forget about you and be kind to yourself. It's the most wonderful time of the year.

| Credit: Compasshealth.org

