

Fremont Housing Agency's Mission Statement

"The mission of the Fremont Housing Agency is to be a leading, innovative, and affordable housing agency dedicated to assisting low to moderate income families, elderly, and disabled residents who are striving to improve the quality of their lives through independent living or self-sufficiency."

EMERGENCY Numbers & Instructions



FIRE— Call Fire Department 911

Exit the building and alert your neighbors

ELECTRIC POWER OUTAGE

Fremont Department of Utilities **402-727-2600** or **402-727-2613**

Housing Agency Maintenance **402-720-1264** or **402-727-4848**

SEWER PROBLEMS, BROKEN WATER PIPES

Call: Maintenance Supervisor:

during office hours (8:00 a.m. to 4:30 p.m.) - **402-727-4848**

after office hours - **Maintenance Supervisor 402-720-1264.

Executive Director 402-720-9643.

LOCKOUTS — Call a locksmith.

Local Numbers:

A-1 Lock Shop Key & Locksmith **402-720-2284** - Open 24 hours

S and S Locksmith **402-941-1212**

Fremont Housing Agency
2510 N Clarkson
Fremont, NE 68025

IMPORTANT NOTICE

When you get your new or updated SSI or Social Security award letter, take it to Stanton Tower to Riley, the Housing Program Manager, so that she can make copies for your file. You may also mail a copy. — 2600 N Clarkson St., Fremont, NE 68025

Thank you.



The Northside Navigator

Newsletter 2024

October - November - December



Tips for taking control of the holidays

Taking some simple, conscious steps can help minimize or even ward off situational holiday stress and depression.

- * **Acknowledge your feelings.** The holidays can trigger sadness if you've recently lost or are missing loved ones. It's normal to feel this sadness and grief. Allow yourself to feel.
- * **Reach out.** Seeking out community and other social events can help you connect with others. Many may also have websites, online support groups, social media sites or virtual events.
- * **Be realistic.** It's not realistic to feel "holiday joy" all the time. Embrace the change by holding onto favorite traditions while being open to creating new ones.
- * **Set aside differences.** Focus on the positives of any family members with whom you may disagree. Don't bring up "hot topics" and set aside grievances for this time.
- * **Create a budget.** Give yourself the gift of having a budget. Before you do your gift and food shopping, decide how much money you can realistically afford to spend.
- * **Plan ahead.** Set aside specific days for shopping, baking, connecting with friends and other holiday activities. This can provide things to look forward to, rather than having events feel like obligations.
- * **Saying "no" is ok.** Friends and colleagues will understand if you can't participate in every project or activity. And you don't have to explain or make up excuses. You can simply say, "sorry, that doesn't work for me that day."
- * **Keep up healthy habits.** The holidays are often about indulgences. Enjoy the treat but balance it with healthy habits that are good for both your body and mind. Here are a few suggestions:
- * **Give yourself a break.** Even those who thrive on the hustle and bustle of the season will benefit from taking a break from the activity. Spending just 15 minutes alone, without distractions, may leave you feeling refreshed.

Don't let the holidays become something you dread.

Learning to recognize your holiday stress triggers, such as financial pressures or personal demands, helps you control them. With a little planning and some positive thinking, you can find enjoyment during the holidays.



MAINTENANCE Emergencies



Maintenance Emergencies **During Business Hours: 402-727-4848**

Business Hours - 8:00 a.m. - 4:30 p.m. ~ Monday - Friday

Maintenance EMERGENCIES **After Business Hours or on Weekends:**

****Call Ed (Maintenance Supervisor) at 402-720-1264.**

*If you have not heard back from **Ed within 15 minutes, call Rita (Executive Director) at 402-720-9643.*

EMERGENCIES:

Calls **MUST** be for (valid) emergencies only. Tenants will be charged for the call if the problem is **other than any of the following:**

- Loss of electric power (other than shut-off due to non-payment).
- Sewer problems.
- Broken water pipes (supply line) - **Major leak call Immediately.**
- If water drip is slow, place pan underneath to collect water and call office next business day. *Slow drips are not emergencies.*
- Furnace failure is an emergency during a severe cold spell.
- Air conditioner failure is an emergency during a severe extended hot spell.
- Refrigerator/freezer failure (do not overload refrigerator/freezer with food that will prohibit air flow which is needed for normal operation). *Management will not replace food lost from refrigerator/freezer failure or power outage.*

***** Remain by the phone in the event maintenance needs to contact you! *****

When a call is made after hours, be sure to leave your **full name, address, phone number and nature of your problem.** Without this important information, we cannot react to your maintenance problems efficiently. You must also be present when maintenance arrives to answer any questions regarding the "emergency".

Fremont Housing Agency CONTACT INFORMATION:

Business Hours: M - F 8:00 am - 4:30 pm **Phone:** 402-727-4848

Office Window Hours: M - F 9:00 am - 3:00 pm **Your Tax Credit Specialist:** Riley

After-hours & EMERGENCIES ONLY

Call: Maintenance Supervisor: Ed Phone: 402-720-1264,

If no response from Ed within 15 min. call: Executive Director: 402-720-9643

FHA Offices Will Be Closed

Monday, October 14 - Columbus Day

Monday, November 11 - Veteran's Day

Thursday & Friday, November 28 & 29 - Thanksgiving

Wednesday, December 25 - Christmas Day

(Office windows are closed)

Thursday, October 24

Thursday, November 21

Thursday, December 26



***** Water softener salt will be added the first Tuesday of the month, every quarter.*****

Scheduled months:

January

April

July

October

***** Furnace filters will be replaced on the same schedule.*****

(schedule is subject to change at discretion of the Maintenance Director)

RENT

- ♦ The rent is **due on the 1st** and **late after the close of business the 5th** day of each month.
- ♦ If the *5th falls on Saturday*, rent is due in the office by close of business *on Friday*.
- ♦ If the *5th falls on Sunday*, the rent must be in the drop box before 8:00 a.m. of the 6th.
- ♦ If the rent is *not paid on or before the 5th* day of the month, a *late payment charge* will be applied as follows: \$30.00 will be assessed for *payments made on the 6th through the 20th* day of the month.
- ♦ Payments made *on the 21st day and after* will be assessed at the rate of *an additional \$20.00 charge*.
- ♦ This *late charge is immediately due* as an addition to that month's rent and *must be paid before that month's rent will be considered to be paid in full.*



Rentwise Classes

RentWise is a program to help renters obtain and keep rental housing and be successful renters through education.

FHA holds a live class twice a year, and it is announced in the newsletter. But the class is also available online any time. You are able to register and take the training at your own pace at no charge!

A certificate is awarded upon completion of the training.

If you are interested in taking the live or online course contact Tina **402-727-4848**, and she will be happy to give you the information necessary to sign up or answer any questions you may have.

Be sure to take part in this free and informative opportunity.

Next upcoming live class - October 15 & 16, 8:30 am - 12:00 pm. Call for details.



Ideas for overcoming holiday stress:

- Plan ahead.
- Be realistic.
- Stick to a budget.
- Set aside differences.
- Learn to say no.
- Don't abandon healthy habits.
- Take a breather.
- Take calm-down breaks.



Disclaimer of Liability:

Every effort is made to provide accurate and complete information in the Fremont Housing Agency newsletters. However, the FHA cannot guarantee that there will be no errors. The FHA makes no claims, promises, or guarantees about the accuracy, adequacy, validity, reliability, availability, or completeness of any information and expressly disclaims liability for errors and omissions in the contents of this newsletter. FHA does not assume any liability for any direct, indirect or any other loss or damage of any kind incurred as a result of the use the newsletter or any reliance on any information provided in the newsletter. Your use of the newsletter and your reliance on any information in the newsletter is solely at your own risk.