

RENT REMINDERS



- ◆ Rent is due the **1st** each month.
- ◆ Rent is late if received after 4:30 p.m. on the **5th** of each month.
- ◆ A charge of **\$30** will be assessed on the **6th** day of each month for late rent.
- ◆ An additional \$20 will be assessed if rent is not paid by the 20th of each month.
- ◆ No partial payment is accepted.
- ◆ Check, cashier's check, or money order only.
- ◆ **If you mail your payment please allow at least 7 - 10 days.**

Hooper Board Meeting Notice.....
Regular Board Meeting - Wednesday,
September 18, 2024 at 6:30 p.m.
in the Parkview Apartments Community Room

Call the Fremont Housing Office - Monday thru Friday at 402-727-4848 to put in a WORK ORDER.
You can also tell Office Staff on Tuesdays at the Hooper Office, 402-654-2229.
For after-hour Maintenance Emergencies ONLY!
Call - Ed (Maintenance Director 402-720-1264
or Rita (Executive Director) 402-720-9643.

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Skillet Upside-Down Tomato Cornbread

Ingredients:

- ◆ 3 medium heirloom tomatoes, about 1 1/2 pounds total
- ◆ 2 tsp. kosher salt, divided
- ◆ 8 Tbsp. unsalted butter, divided
- ◆ 2 1/2 c. fine yellow cornmeal
- ◆ 1 1/4 c. all-purpose flour
- ◆ 2 Tbsp. granulated sugar
- ◆ 5 green onions, thinly sliced and divided
- ◆ 1 jalapeño, seeded and chopped
- ◆ 1 Tbsp. baking powder
- ◆ 1/2 tsp. ground black pepper, plus more for serving
- ◆ 2 3/4 c. whole buttermilk
- ◆ 1/3 c. mayonnaise
- ◆ 1 large egg
- ◆ 2 c. shredded Monterey jack cheese

Directions

1. Cut the tomatoes into 1/4-inch-thick slices. Line two large sheet trays with 2 layers of paper towels and lay the slices on top in a single layer. Sprinkle 1 teaspoon of salt all over both sides of the tomatoes. Set aside for 30 minutes, then pat each slice dry with a paper towel. *Preheat the oven to 400°F.*
2. In a 12-inch cast-iron skillet, place 3 tablespoons of unsalted butter. Place the skillet in the oven until the butter is melted and the skillet is hot, about 10 minutes. In a small, microwave-safe bowl, microwave the remaining 5 tablespoons of butter until just melted, 30 seconds to 1 minute.
3. In a large bowl, whisk together the cornmeal, flour, sugar, 4 sliced green onions, jalapeño, baking powder, 1/2 teaspoon black pepper, and the remaining 1 teaspoon of salt. In a medium bowl, whisk the buttermilk, mayonnaise, and egg until well combined. Stir the buttermilk mixture and melted 5 tablespoons of butter into the cornmeal mixture until just combined. Fold in the cheese.
4. Remove the skillet from the oven, swirling the butter to coat the bottom and sides of the pan. Arrange the salted tomato slices in the bottom of the skillet, overlapping the slices as needed. Spoon the cornmeal batter over the tomatoes, smoothing the surface.
5. Bake until the cornbread is golden brown and a wooden pick inserted in the center comes out clean, 40 to 45 minutes.
6. Let cool for 15 minutes before cutting.



'The Parkview Press'

August 2024

How to cope and stay safe in extreme heat

Keep cool: use air conditioning or a fan, wear light and loose-fitting clothing, and keep skin wet, using a spray bottle or damp sponge and by taking cool showers.

Stay hydrated: during days of extreme heat, keep drinking water before you feel thirsty, especially if outdoors or performing physical activity.

Plan ahead: Cancel or reschedule activities for the coolest part of the day and avoid exercising and being outdoors in the heat.

Check in with others: Let family, friends and neighbors know you are OK or check in with those at increased risk or who may need your support during days of extreme heat.

Monitor the weather forecast: Use sites like the National Weather Service at weather.gov to check heatwave warnings.



August is National Back to School Month!

Since the 1960s, every August has been designated 'National Back to School Month'. It's a time for students, teachers and parents to wind down from summer and gear up for the academic year ahead. More than 50 million students attend public schools in the U.S., according to Education Week, with more than 3.2 million teachers and 90,000 principals guiding these pupils.

During this time of year, families and schools face unique challenges – from adjusting to new routines to navigating the plethora of school supplies.

It's not just about pencils and books anymore; it's about preparing mentally, emotionally, and physically for the year ahead.

It's also about being mindful of school buses and children exiting, entering and walking!



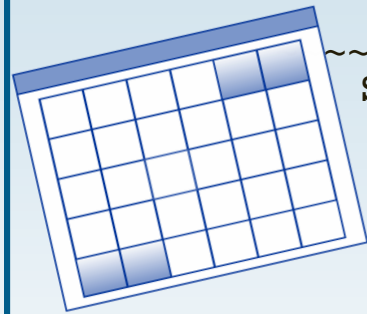
Holidays and Dates to Remember

FHA Offices Are Closed:

Sunday, August 11 - Summer Olympics end

FHA Office windows Are Closed:

Thursday, August 22



QUARTERLY

PEST CONTROL TREATMENT

February, May, August & November

The last Tuesday of the month, starting at 10:00 a.m. Be prepared for this visit to your apartment. Even if you are not at home the treatment will be done.

Remember to report to the Office anytime you suspect there is an issue.

Being proactive and catching things early is the way to successfully avoid or eliminate any issues.

Always have items moved out of the way to make it easier for the Pest Controller to move around your apartment and do his job!

Keeping food and trash put away will help in preventing infestation.

Thank you for your help!

Rentwise Classes

RentWise is a program to help renters obtain and keep rental housing and teach them how be successful renters with basic educational information.

The class is available online any time.

You are able to register and take the training at your own pace *at no charge!*

A certificate is awarded upon completion of the training and a copy is maintained in your file.

If you are interested in taking the online course contact the Gifford Office at 402-727-4848, and we will be happy to give you the information necessary to sign up or answer any questions you may have.

Be sure to take part in this free, simple and informative opportunity.



Instructions for reporting Work Orders.....

You need to report any/all of these things *immediately* to the office so a Work Order can be created for you. Once that step is done, Dave, your Maintenance Technician, will go to work resolving the issues.

REMEMBER: DO NOT stop Dave while he's working to tell him you have a problem. **Use the proper channel, call and let the Office/Housing Specialist know, so a Work Order can be submitted to Dave.** 402-654-2229 (Tuesday, 9:00 - 3:00) 402-727-4848 (Monday & Wednesday thru Friday, 8:00 - 4:30).

Fun Summer Activities That Are Free or Inexpensive

Blow bubbles.

Make lemonade from scratch.

Sip a glass of iced tea.

Eat a soft-serve vanilla ice cream cone with rainbow sprinkles.

Eat cucumber sandwiches.

Make your own ice pops.

Make a fruit pie.

Bring a blanket and picnic at an outdoor concert.

Lounge under a tree and read a book.

Go to a baseball game.

Catch fireflies at night.

Eat corn on the cob.

Eat a slice of watermelon.

Make your own iced coffee.

Plant a mini herb garden.

Have a picnic in the park.

Watch the clouds go by.

Stargaze while lying in the grass.

Seek out birds and butterflies.



Time To Laugh.....

Funny Family Fireworks Story –

Just before they were to arrive, a cousin calls, saying their neighbor's plans had just fallen through, and could they bring them along to the picnic – they even had extra food to bring. “Sure, the more the merrier!”

Upon arrival and meeting of their cousin's neighbor, it is discovered that he's a police officer. The father turns as innocently as he can to Jim, and whispers to him to grab the paper bag of fireworks sitting in the kitchen and hide them somewhere quickly. Jim disappears, and the father changes the topic to food for the day. This family had brought some chicken to grill, so the father tells them the gas grill is all set to use out back – “just turn on the gas and push the ignition button with the lid still closed” he declares.

They head out to the back as Jim comes back in through the front door. The father hurries to him and says “Whew, that was close! That man's a police officer, and he almost saw the fireworks. Did you hide them really well?”

Jim replies, “Oh, yeah, nobody will ever think to look in the grill!”



Disclaimer of Liability:

Every effort is made to provide accurate and complete information in the Hooper Housing Authority newsletters. However, the HHA cannot guarantee that there will be no errors. The HHA makes no claims, promises, or guarantees about the accuracy, adequacy, validity, reliability, availability, or completeness of any information and expressly disclaims liability for errors and omissions in the contents of this newsletter. HHA does not assume any liability for any direct, indirect or any other loss or damage of any kind incurred as a result of the use the newsletter or any reliance on any information provided in the newsletter. Your use of the newsletter and your reliance on any information in the newsletter is solely at your own risk.