RENT REMINDERS

- Rent is due the **1st each month**.
- Rent is late if received after 4:30 p.m. on the 5th of each month.
- A charge of **\$30** will be assessed on the **6th** day of each month for late rent.
- An additional \$20 will be assessed if rent is not paid by the 20th of each month.
- No partial payment is accepted.
- Check, cashier's check, or money order only.
- If you mail your payment please allow at least 7 10 days.

Hooper Board Meeting Notice..... **Regular Board Meeting - Wednesday,**

September 18, 2024 at 6:30 p.m. in the Parkview Apartments Community Room



Call the Fremont Housing Office - Monday thru Friday at 402-727-4848 to put in a WORK ORDER. You can also tell Office Staff on Tuesdays at the Hooper Office, 402-654-2229. For after-hour Maintenance Emergencies ONLY!

Call - Ed (Maintenance Director 402-720-1264 or Rita (Executive Director) 402-720-9643.

RECIPES - RECIPES - RECIPES - RECIPES - RECIPES - RECIPES - RECIPES - RECIPES

Chicken Parm Soup

Ingredients

- 2 Tbsp. olive oil
- 1 onion, diced
- 3 garlic cloves, minced
- 1 Tbsp. Italian seasoning, plus more for topping
- 2 (14-oz.) can diced tomatoes
- 4 c. low-sodium chicken broth
- 2 c. ditalini, mini penne, or other small pasta
- 3 c. chopped or shredded rotisserie chicken
- salt and black pepper, to taste
- 3 oz. mozzarella cheese, shredded or thinly sliced

Directions

1. Heat the olive oil in a large pot over medium heat. Add the onion, garlic, and Italian seasoning and cook, stirring, until the onion is softened, 4 to 5 minutes.

2. Add the diced tomatoes, chicken broth, and 2 cups of water to the pot. Increase the heat to high and bring to a boil. Add the pasta, return to a boil, and cook until the soup is slightly thickened, and the pasta is al dente, 8 to 10 minutes. Remove from the heat and stir in the chicken. Season with salt and pepper.

3. Divide the soup among bowls and top with the mozzarella. Let the cheese melt for 1 minute. Top with chopped basil, Italian seasoning, and red pepper flakes, to serve.

Great with warm bread, enjoy!



'The Parkview Press' September 2024

Fall begins - A Brief History

The beginning of Fall, also known as the Autumnal Equinox, is a natural phenomenon that marks the transition from summer to autumn when the length of day and night are nearly equal. This event has been a significant aspect in various ancient cultures, with unique customs and rituals attached to the arrival of the fall season. The observance holds importance for agricultural activities and serves as a reminder of the continuous change of seasons in the natural world.

The Autumnal Equinox has been historically celebrated by diverse cultures globally, including Native American tribes in America. Indigenous communities, such as the Hopi and the Iroquois, mark the occasion through traditional ceremonies and rituals centered around giving thanks for the harvest and preparing for the winter months. In modern times, Americans often engage in outdoor activities, such as apple picking, hiking, or attending fall-themed festivals to enjoy the crisp air, colorful foliage, and overall ambiance of the changing seasons.

In America, the Beginning of Fall is typically marked by various festivities and recreational events. Communities come together to celebrate the pumpkin harvest, partake in hayrides, and marvel at the stunning foliage that characterizes this season. The exact date of the Autumnal Equinox varies, but it usually occurs around September 22nd or 23rd in the Northern Hemisphere. This natural event serves as a reminder of the cyclical nature of Earth's seasons and an opportunity for reflection as we transition into the colder months.

How To Show Kindness –Simple Ways To Show Kindness To Others

~Give a compliment to a friend ~Say thank you ~Forgive someone that has hurt you ~Offer to listen to a problem ~Send an encouraging text message to someone ~Run errands for someone Offer to give a ride to someone who doesn't have ~Be considerate to someone that you do not like ~Use encouraging words as often as you can ~Show up on time





| | ~Wave to a stranger |
|---------|--|
| | ~Give someone the benefit of the doubt |
| | ~Hold the door open for someone |
| | ~Write a card and send it by mail |
| | ~Apologize if you need to |
| | ~Volunteer your time at a local shelter |
| e a car | ~Check in with neighbors |
| | ~Eye contact – don't be afraid to use it |
| | ~Return your grocery cart |
| | ~Have patience with people |
| | |
| | |
| | |

..... Hooper Office Hours ——— Tuesday - 9:00 a.m. - 3:00 p.m. ——— (closed for lunch 12:00 p.m. - 12:30 p.m.)

Holidays and Dates to Remember

FHA Offices Are Closed:

Monday, September 2 - Labor Day Sunday, September 22 - First Day of Fall

FHA Office windows Are Closed:

Thursday, September 26

QUARTERLY **PEST CONTROL TREATMENT**

February, May, August & November

The last Tuesday of the month, starting at **10:00 a.m.** Be prepared for this visit to your apartment. Even if you are not at home the treatment will be done.

Remember to report to the Office anytime you suspect there is an issue.

Being proactive and catching things early is the way to successfully avoid or eliminate any issues.

Always have items moved out of the way to I make it easier for the Pest Controller to move around your apartment and do his job!

Keeping food and trash put away will help in preventing infestation.

Thank you for your help!

Disclaimer of Liability:

Every effort is made to provide accurate and complete information in the Hooper Housing Authority newsletters. However, the HHA cannot guarantee that there will be no errors. The HHA makes no claims, promises, or guarantees about the accuracy, adequacy, validity, reliability, availability, or completeness of any information and expressly disclaims liability for errors and omissions in the contents of this newsletter. HHA does not assume any liability for any direct, indirect or any other loss or damage of any kind incurred as a result of the use the newsletter or any reliance on any information provided in the newsletter. Your use of the newsletter and your reliance on any information in the newsletter is solely at your own risk.

Rentwise Classes

RentWise is a program to help renters obtain and keep rental housing and teach them how be successful renters with basic educational information.

The class is available online any time.

You are able to register and take the training at your own pace at no charge!

A certificate is awarded upon completion of the training and a copy is maintained in your file.

If you are interested in taking the online course contact the Gifford Office at 402-727-4848, and we will be happy to give you the information necessary to sign up or answer any questions you may have.

Be sure to take part in this free, simple and informative opportunity.



Instructions for reporting Work Orders.....

You need to report any/all of these things *immediately* to the office so a Work Order can be created for you. Once that step is done, Dave, your Maintenance Technician, will go to work resolving the issues.

REMEMBER: DO NOT stop Dave while he's working to tell him you have a problem. Use the proper channel, call and let the Office/Housing Specialist know, so a Work Order can be submitted to Dave. 402-654-2229 (Tuesday, 9:00 - 3:00) 402-727-4848 (Monday & Wednesday thru Friday, 8:00 - 4:30).

Labor Day

Labor Day honors and celebrates the contributions and achievements of the working class. It serves as an opportunity to recognize the efforts put in by millions of workers to build a stronger economy and improve the quality of life for everyone. The observance promotes the importance of fair labor practices and protections for workers, emphasizing the significance of labor unions in the pursuit of social and economic justice.

The origins of Labor Day can be traced back to the labor union movement of the late 19th century, when industrial workers sought better working conditions, fair wages, and reasonable hours. The first Labor Day parade took place in New York City on September 5, 1882, and was organized by the Central Labor Union. This event laid the groundwork for the national celebration of Labor Day, which eventually became an official federal holiday in 1894 under President Grover Cleveland. In modern times, Labor Day continues to serve as a reminder for Americans of the labor struggles of past generations and the ongoing need to protect workers' rights.

In America, Labor Day is observed on the first Monday in September, marking the unofficial end of summer with various events and festivities. Parades, picnics, and barbecues are common ways to celebrate the holiday, often serving as family gatherings or community events. Labor Day has also become a popular sales event, with many retail stores and online businesses offering discounts on their products and services. As a tribute to the resilience and determination of American workers, Labor Day remains an important national observance, symbolizing appreciation for the labor force that drives the nation's progress and prosperity.

(Information credited to wincalendar.com)

Drama at drama class:

One time my drama class's teacher had gone home sick so we were just put in a classroom with a movie to entertain us for the period when an alarm went off. None of us were sure if it was the fire alarm or the lockdown alarm, so we all head out into the hall to check and no one's out there, so we head back in and climb under our desks as is lockdown procedure. Cut to an hour or so later when a teacher bursts in and nearly dies of relief because the school was on fire and we were the while we'd kept super safe under our wooden desks.



