

RENT REMINDERS



- ◆ Rent is due the **1st each month**.
- ◆ Rent is late if received after 4:30 p.m. on the **5th of each month**.
- ◆ A charge of **\$30** will be assessed on the **6th** day of each month for late rent.
- ◆ An additional **\$20** will be assessed if rent is not paid by the 20th of each month.
- ◆ No partial payment is accepted.
- ◆ Check, cashier's check, or money order only.
- ◆ **If you mail your payment please allow at least 7 - 10 days.**

Hooper Board Meeting Notice.....

There will be a *Public Hearing* to discuss the 2024 One Year Agency Plan and Capital Funds on **Wednesday, May 15, 2023, at 6:00 p.m.** in the Parkview Apartments Community Room. The *Regular Board Meeting* will follow at **6:30 p.m.**



Call the Fremont Housing Office - Monday thru Friday at 402-727-4848 to put in a WORK ORDER.
You can also tell Office Staff on Tuesdays at the Hooper Office, 402-654-2229.

For after-hour Maintenance Emergencies ONLY!
Call - Ed (Maintenance Director 402-720-1264
or Rita (Executive Director) 402-720-9643.

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Rhubarb Crisp

Ingredients

- ⇒ 3/4 cup sugar
- ⇒ 3 tablespoons cornstarch
- ⇒ 3 cups sliced fresh rhubarb or frozen rhubarb, thawed
- ⇒ 2 cups sliced peeled apples or sliced strawberries
- ⇒ 1 cup quick-cooking or old-fashioned oats
- ⇒ 1/2 cup packed brown sugar
- ⇒ 1/2 cup butter, melted
- ⇒ 1/3 cup all-purpose flour
- ⇒ 1 teaspoon ground cinnamon
- ⇒ *Vanilla ice cream, optional*

Directions

1. In a large bowl, combine sugar and cornstarch. Add rhubarb and apples or strawberries; toss to coat. Spoon into an 8-in. cast-iron skillet or other ovenproof skillet.
2. In a small bowl, combine the oats, brown sugar, butter, flour, and cinnamon until the mixture resembles coarse crumbs. Sprinkle over fruit. Bake at 350° until crisp is bubbly and fruit is tender, about 45 minutes.
If desired, serve warm with ice cream.



Yummy!

'The Parkview Press'

May 2024

Mother's Day is a significant occasion in the United States, serving as an opportunity to honor mothers and mother figures for their endless love, support, and contributions to our society. It aims not only to celebrate motherhood, but also maternal bonds, the influence of mothers in the society, and moms' unwavering dedication to their children and families. The Observance highlights the critical role that mothers play in everyday life and society by performing nurturing duties, which often go unrecognized.

Mother's Day in America has its roots traced back to the 19th century, when Ann Reeves Jarvis initiated Mothers' Day Work Clubs to improve sanitary conditions and lower infant mortality rates. However, it was her daughter, Anna Jarvis, who fought tirelessly to make it a recognized holiday in the early 20th century. Today, the celebrations on Mother's Day vary across America, but a common feature united all - the portrayal of immense love and gratitude towards the nurturing figure in one's life.

In the United States, **Mother's Day** is typically observed by presenting mothers with gifts, such as flowers and cards, and treating them to a special meal or a day of leisure, symbolic of the appreciation and love the society has towards them. The day is also often marked by charity events and community-based activities aimed at honoring mothers. Notably, Mother's Day is not fixed to a particular date in America but falls on the second Sunday in May, making it a day that varies from year to year.



Memorial Day seeks to honor and remember those who died while serving in the military. This day aims to raise awareness about the nation's freedom and the price for that freedom. Every year, U.S soldiers and their families pay that price.

Memorial Day is a day for reverence and honoring of those who gave their lives defending the Nation and its values. Congress declared it a national holiday in 1971. It is observed annually on the last Monday of May.

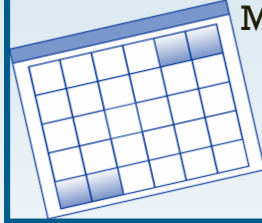
Memorial Day facts:

- ◆ Memorial Day was originally known as Decoration Day.
- ◆ Memorial Day was officially declared a federal holiday in 1971.
- ◆ The red poppy flower became a symbol of remembrance after the publication of the famous war poem "In Flanders Fields" by Lieutenant Colonel John McCrae.
- ◆ There have been about 1.35 million US military deaths since 1775.
- ◆ The deadliest war the U.S has participated in was the Civil War, with around 620,000 deaths.
- ◆ It is customary to fly a US flag at half-staff till noon on Memorial Day



Holidays and Dates to Remember

- Sunday, May 5 - Cinco De Mayo
 - Sunday, May 12 - Mother's Day
 - Saturday, May 18 - Armed Forces Day
 - Monday, May 27 - Memorial Day (FHA OFFICES CLOSED)
- FHA Office windows Are Closed**
Thursday, May 23



QUARTERLY PEST CONTROL TREATMENT

February, May, August & November

- The last Tuesday of the month, starting at 10:00 a.m. Be prepared for this visit to your apartment. Even if you are not at home the treatment will be done.
 - Remember to report to the Office anytime you suspect there is an issue.
 - Being proactive and catching things early is the way to successfully avoid or eliminate any issues.
 - Always have items moved out of the way to make it easier for the Pest Controller to move around your apartment and do his job!
 - Keeping food and trash put away will help in preventing infestation.
- Thank you for your help!*



Disclaimer of Liability:

Every effort is made to provide accurate and complete information in the Hooper Housing Authority newsletters. However, the HHA cannot guarantee that there will be no errors. The HHA makes no claims, promises, or guarantees about the accuracy, adequacy, validity, reliability, availability, or completeness of any information and expressly disclaims liability for errors and omissions in the contents of this newsletter. HHA does not assume any liability for any direct, indirect or any other loss or damage of any kind incurred as a result of the use the newsletter or any reliance on any information provided in the newsletter. Your use of the newsletter and your reliance on any information in the newsletter is solely at your own risk.

Instructions for reporting Work Orders.....

You need to report any/all of these things *immediately* to Tammy so she can submit a Work Order for you. Once that step is done, Dave, your Maintenance Technician, will go to work resolving the issues.

REMEMBER: DO NOT stop Dave while he's working to tell him you have a problem. Use the proper channel, call and let the Office/Housing Specialist know, so a Work Order can be submitted to Dave. 402-654-2229 (Tuesday, 9:00 - 3:00) 402-727-4848 (Monday & Wednesday thru Friday, 8:00 - 4:30).

Help Ease Hay Fever Symptoms

Sometimes it can feel like hay fever is getting the better of you. There are actually lots of easy tricks and self-help tips you can use to help reduce your hay fever symptoms naturally.

Boost vitamin C intake

Eat lots of vitamin C rich foods like oranges, blueberries, and strawberries. Vitamin C acts like a natural antihistamine to calm allergic reactions.

Cool itchy eyes with a cold compress

Soak a clean flannel in cold water and place over eyes for 10 minutes to reduce puffiness and soothe irritation. Do this several times a day for best effects.

Take a spoonful of honey daily

Honey, a sweet and delicious treat, might just be the remedy you need to ease your hay fever symptoms.

Incorporate quercetin-containing fruits in your diet

Quercetin is a natural compound that can help with hay fever. It belongs to a group of substances called flavonoids, and it's found in various foods including onions, broccoli, apples, berries, and tea.

(Article not intended as medical advice. Self-help symptom relief tips only).

Time To Laugh.....

Seeing Is Believing

After my mother suffered a bout of serious headaches, we persuaded her to visit her doctor. While we were in his office, the doctor asked, "Have you been seeing any flashes of lights or auras?"

"I don't know," Mom said. "I didn't have my glasses on."



With a Side of Argument

We were in a restaurant, reading the menu, when I let my husband know that he rarely paid attention to me when I spoke. Well, of course he disagreed, so we went back to reading our menus in chilly silence. After a few uncomfortable minutes, I said, "I think I'm getting a headache."

He responded, "Go ahead, sweetheart; get whatever you want."

