

RENT REMINDERS



- ♦ Rent is due the **1st** each month.
- ♦ Rent is late if received after 4:30 p.m. on the **5th** of each month.
- ♦ A charge of **\$30** will be assessed on the **6th** day of each month for late rent.
- ♦ An additional \$20 will be assessed if rent is not paid by the 20th of each month.
- ♦ No partial payment is accepted.
- ♦ Check, cashier's check, or money order only.
- ♦ **If you mail your payment please allow at least 7 - 10 days.**

Instructions for reporting Work Orders.....

You need to report any/all of these things *immediately* to Tammy so she can submit a Work Order for you. Once that step is done, Dave, your Maintenance Technician, will go to work resolving the issues.

REMEMBER: DO NOT stop Dave while he's working to tell him you have a problem. **Use the proper channel, call and let Tammy know, so she can put it into a Work Order form for Dave.** 402-654-2229 (Tuesday, 9:00 - 3:00) 402-727-4848 (Monday & Wednesday thru Friday, 8:00 - 4:30).

Hooper Board Meeting Notice.....

**Regular Board Meeting - Wednesday,
November 15, at 6:30 p.m.
in the Parkview Apartments Community Room**



**Call the Fremont Housing Office - Monday thru
Friday at 402-727-4848 to put in a WORK ORDER.
You can also tell Office Staff on Tuesdays at the
Hooper Office, 402-654-2229.**

For after-hour Maintenance Emergencies ONLY!
Call - Ed (Maintenance Supervisor) 402-720-1264
or Rita (Executive Director) 402-720-9643.

RECIPES - RECIPES

Ingredients

- 2 cups all-purpose flour
- 1/4 cup sugar
- 4 teaspoons baking powder
- 1/2 teaspoon salt
- 1/2 teaspoon ground cinnamon
- 1/2 teaspoon ground nutmeg
- 1/2 cup cold butter
- 1/3 cup chopped pecans, toasted
- 2/3 cup canned pumpkin
- 1/3 cup half-and-half cream

Directions

1. In a large bowl, combine the first 6 ingredients. Cut in butter until mixture resembles coarse crumbs. Stir in pecans. Combine pumpkin and cream; stir into dry ingredients. Turn onto a floured surface; knead 4 to 6 times. Roll to 1/2-in. thickness; cut with a 2-1/2-in. biscuit cutter. Place on a greased baking sheet. Bake at 400° for 12-15 minutes or until golden brown. Serve warm, with melted butter and cinnamon sugar if desired.

Pecan Pumpkin Biscuits



'The Parkview Press'

October 2023

FACTS.NET

Halloween

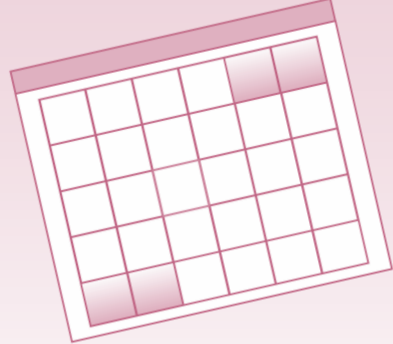
Modified: 30 May 2022

No other holiday in the world has as many superstitions associated with it as Halloween. For many, Halloween means late nights of trick or treating, binging scary movies, and partying with friends and family. However, there's more to this holiday than its spook factor. Here are a few fun facts!

- ⇒ The word Halloween translates to Saints' evening.
- ⇒ Some believe that the term Halloween has Scottish origins.
- ⇒ Halloween is often associated with the Day of the Dead for similarities in tradition.
- ⇒ Decorations featuring ghosts, skeletons, and pumpkins are most commonly used for Halloween.
- ⇒ The first Jack-o-Lanterns were carved from turnips.
- ⇒ In Alabama, wearing a nun or priest costume on Halloween is illegal.
- ⇒ Pumpkins are classified as a fruit, not a vegetable.
- ⇒ Finding a spider on Halloween night is considered good luck.
- ⇒ Walnut Creek, California prohibits Halloween masks without permits.
- ⇒ Originally, the film Halloween was going to be called Babysitter Murders.
- ⇒ The Jack-o-Lantern borrows its name from a stingy man named Jack.
- ⇒ The fear of Halloween is called Samhainophobia.
- ⇒ The world record for the fastest pumpkin carving is 13.47 seconds.
- ⇒ The world record for the heaviest pumpkin weighed at 2,624.6 pounds.
- ⇒ In Dublin, Georgia, any type of costume that covers the face is illegal.



Dates to Remember -



FHA Offices Are Closed
Monday, October 9 - Columbus Day
Friday, October 27 - (Staff training)

FHA Office windows Are Closed
Thursday, October 26



**QUARTERLY
PEST CONTROL TREATMENT**

February, May, August & November

The **last Tuesday of the month, starting at 10:00 a.m.** Be prepared for this visit to your apartment. Even if you are not at home the treatment will be done.

Remember to report to the Office anytime you suspect there is an issue.

Being proactive and catching things early is the way to successfully avoid or eliminate any issues.

Always have items moved out of the way to make it easier for the Pest Controller to move around your apartment and do his job!

Keeping food and trash put away will help in preventing infestation.

Thank you for your help!



October is Breast Cancer Awareness Month, a global campaign to raise awareness and support for people affected by the disease.

Breast cancer is the most common cancer in women worldwide, but men can also get it. About 2,710 American men will be diagnosed this year.

Early detection and timely, high-quality care are crucial for improving survival and quality of life. Regular screening and self-exams can help find cancer early.

Breast cancer research is advancing rapidly, with new treatments, tests, and prevention strategies being developed and tested.

Breast cancer awareness month is a time to show solidarity, share stories, and fundraise for the cause. Many organizations and individuals participate in events, campaigns, and activities to make a difference.



Pay Attention to The “Small Stuff” And Feel Happier

People tend to notice and remember negative things more readily, which can undermine the positive experiences they encounter each day. When we fail to notice positive experiences, they pass by without leaving a lasting impression, and we **miss valuable opportunities to feel happier.** *An effective way to compensate for this negativity bias is to purposefully take in the seemingly ordinary good things that happen daily.*

Increasing our awareness of positive experiences presents opportunities to acknowledge the good and transform momentary experiences into lasting improvements. In short, *paying attention to the positive things that happen in everyday life fosters an appreciation of what is going well, which, in turn, helps people **feel happier and more content.***

With this in mind, it seems clear that *we should find ways to deliberately pay attention to the good things that happen, regardless of how “small” or insignificant they appear on the surface.*

Time To Laugh.....

Old Fridge

A guy bought a new fridge for his house.

To get rid of his old fridge, he put it in his front yard and hung a sign on it saying, “Free to good home — you want it you take it.”

For three days, the fridge sat there without even one person looking twice at it.

He eventually decided that people were rather skeptical about such a good deal, so he changed the sign to read, “Fridge for sale, \$50.”

The next day, someone stole it.

Park Bench

A man goes for a walk in the park.

On his walk, he sees two men sitting on a park bench and looking very downhearted.

“What’s wrong?” He asked them.

One of the men looks up at the man and lets out a long sigh: “Take a seat and I’ll tell you.”

Curious, he sits down next to the two men.

“The paint is wet,” the man says.



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