FHA Offices Will Be Closed

Monday, October 9 - Columbus Day Friday, October 27 - Staff Training Friday, November 10 - Veteran's Day Thursday & Friday, November 23 & 24 - Thanksgiving Monday, December 25 - Christmas

(Office windows are closed)

Thursday, October 26 Thursday, November 30 Thursday, December 28

HOME IS WHERE THE HEART IS

.....

Do you love where you live? Do you get excited to welcome people into your home or community? Community pride doesn't happen on accident. You have to really put in the effort on all fronts to combat apathy and cultivate pride. To feel pride, you have to have a stake in something. It says a lot when residents help in making sure that their community is clean and cared for. After all, it represents the people that live in it.

A clean and well-kept community will be a lot more attractive to residents and outsiders. You are encouraged to keep your homes and yards picked up. If you see trash on the ground, pick it up and dispose of it properly. Pulling a few weeds, washing your windows, using only minimal & tasteful outdoor decorations, and reporting any damages to the Fremont Housing Agency immediately are just a few ways of making improvements. Small tasks can make a big difference!

Pride in one's community causes things to change and positive changes will make things better for all that live there. Put your heart into it and you will have a place you're proud to call *Home*.

IMPORTANT NOTICE

When you get your SSI or Social Security award letter, take it to Stanton Tower to Amanda, the FHA Tax Credit Specialist, so that she can make copies for your file. 2600 N Clarkson St., Fremont, NE 68025 You may also mail Amanda a copy.

Thank you.

***** Water softener salt will be added the <u>first</u>
Tuesday of the month, <u>every quarter</u>. *****

Scheduled months:

January

April

July

October

***** Furnace filters will be replaced on the same schedule.****

(schedule is subject to change at discretion of the Maintenance Director)

RENT REMINDERS \$\$\$

- The rent is due on the 1st and late after the close of business the 5th day of each month.
- If the 5th falls on Saturday, rent is due in the office by close of business on Friday.
- If the 5th falls on Sunday, the rent must be in the drop box before 8:00 a.m. of the 6th.
- ◆ If the rent is not paid on or before the 5th day of the month, a late payment charge will be applied as follows: \$30.00 will be assessed for payments made on the 6th through the 20th day of the month.
- Payments made on the 21st day and after will be assessed at the rate of an additional \$20.00 charge.
- This late charge is immediately due as an addition to that month's rent and must be paid before that month's rent will be considered to be paid in full.

Tenant REMINDERS:

Smoke detectors need 9V and AA batteries. Tenant needs to provide these and Maintenance will install.

DO NOT disturb the mowing crew. Let them do their job without interruptions. You can be helpful though, by removing anything that might be in their way.

MAINTENANCE Emergencies

Maintenance Emergencies During Business Hours: 402-727-4848

Business Hours - 8:00 a.m. - 4:30 p.m. ~ Monday - Friday

Maintenance EMERGENCIES After Business Hours or on Weekends:



If you have not heard back from Ed within 15 minutes, call Rita (Executive Director) at 402-720-9643.

** Remain by the phone in the event maintenance needs to contact you! **

When a call is made after hours, be sure to leave your <u>full name</u>, address, phone number and nature of <u>your problem</u>. Without this important information, we cannot react to your maintenance problems efficiently. You must also be present when maintenance arrives to answer any questions regarding the "emergency".

LOCKOUTS — You need to call a locksmith.

Local Numbers:

- A-1 Lock Shop Key & Locksmith **402-720-2284** Open 24 hours
- S and S Locksmith 402-941-1212

Rentwise Class - Coming in Fall 2023

RentWise is a program to help renters obtain and keep rental housing and be successful renters through education.

The class is free to residents of low income housing, and open to the public for the cost of \$5.

A certificate will be awarded upon completion of all the classes.

The RentWise dates this fall are October 18th & 19th, 8:30 a.m. to 12:30 p.m.

Be sure to take part in this free and informative opportunity. If you would be interested in attending or have any questions you are encouraged to call: Tina or Amanda @ 402-727-4848

Disclaimer of Liability:

Every effort is made to provide accurate and complete information in the Fremont Housing Agency newsletters. However, the FHA cannot guarantee that there will be no errors. The FHA makes no claims, promises, or guarantees about the accuracy, adequacy, validity, reliability, availability, or completeness of any information and expressly disclaims liability for errors and omissions in the contents of this newsletter. FHA does not assume any liability for any direct, indirect or any other loss or damage of any kind incurred as a result of the use the newsletter or any reliance on any information provided in the newsletter. Your use of the newsletter and your reliance on any information in the newsletter is solely at your own risk.



One complimentary ride per month!

As a resident of Hidden Brook Townhomes you can request *one complimentary transportation ride per month within the Fremont City limits*. Examples - doctor, dentist, grocery, restaurant; etc.

Tickets for the ride are available through the Fremont Housing Agency and you may request one each month. Call Becky at Gifford Tower for more information - 402-727-4848.

The van ride service is through the <u>Fremont Transit Program</u> and you will <u>need to call them to schedule your ride</u>. Hours are Monday through Friday, 8:30 a.m. until 4:00 p.m. You need to schedule an appointment for a ride at least 48 hours in advance. You must be ready 15 minutes prior to your pick-up time. The phone number is 402-459-2845. Visit the website at: fremontne.gov/984/Fremont-Transit-Program. If you have a "personal attendant" that needs to accompany you, they always ride free.

Fremont Housing Agency CONTACT INFORMATION:

Business Hours: M - F 8:00 am - 4:30 pm **Phone:** 402-727-4848

Office Window Hours: M - F 9:00 am - 3:00 pm Your Tax Credit Specialist: Amanda - extension 4

Call: Maintenance Supervisor: Ed Phone: 402-720-1264,

If no response from Ed within 15 min. call: Executive Director: Rita 402-720-9643



Fremont Housing Agency 2510 N Clarkson St Fremont, NE 68025





THE

Hidden Brook Herald

Quarterly NEWSLETTER

October - November - December 2023

Five Actions for Wellbeing

The New Economics Foundation's review of the most up-to-date evidence suggests that building the following five actions into our day-to-day lives is important for well-being:

Connect

Connect with the people around you: family, friends, colleagues, and neighbors. Think of these connections as the cornerstones of your life and invest time in developing them. Building these connections will support and enrich you every day.

Be Active

Go for a walk or run, cycle, dance, play games, garden etc. Exercising makes you feel good. Most importantly, discover a physical activity you enjoy and that suits your level of mobility and fitness.

Take Notice

Be curious. Catch sight of the beautiful, remark on the unusual, notice the changing seasons, savor the moment, and whether you are walking to work, eating lunch, or talking to friends, be aware of the world around you and what you are feeling. Reflecting on your experiences will help you appreciate what matters to you.

Keep Learning

Try something new, rediscover an old interest, sign up for a course, take on a different responsibility at work,
fix a bike, learn to play an instrument or how to cook your favorite foods. Set a challenge you will enjoy
achieving. Learning new things will make you more confident as well as being fun.

Give

Do something nice for a friend, colleague, or a stranger: thank someone, smile, volunteer your time, join a community group, etc. Look out, as well as in. Seeing yourself as linked to the wider community can be incredibly rewarding and creates connections with the people around you.

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