

Fremont Housing Agency's Mission Statement

"The mission of the Fremont Housing Agency is to be a leading, innovative, and affordable housing agency dedicated to assisting low to moderate income families, elderly, and disabled residents who are striving to improve the quality of their lives through independent living or self-sufficiency."

EMERGENCY Numbers & Instructions



FIRE— Call Fire Department 911

Exit the building and alert your neighbors

ELECTRIC POWER OUTAGE

Fremont Department of Utilities **402-727-2600** or **402-727-2613**

Housing Agency Maintenance **402-720-1264** or **402-727-4848**

SEWER PROBLEMS, BROKEN WATER PIPES

Call: Maintenance Supervisor:

during office hours (8:00 a.m. to 4:30 p.m.) - **402-727-4848**

after office hours - **Maintenance Supervisor 402-720-1264.

Executive Director 402-720-9643.

LOCKOUTS — Call a locksmith.

Local Numbers:

A-1 Lock Shop Key & Locksmith

402-720-2284 - Open 24 hours

S and S Locksmith 402-941-1212



This newsletter is produced quarterly. If you have any contribution ideas or suggestions please refer to Becky at Fremont Housing - 402-727-4848. Thanks!

FOR YOUR SAFETY — When walking, riding bikes, using walkers/power & wheel chairs, etc. *in the roadway areas* — remember to wear light colors or reflective gear and have reflectors on your equipment! **YOU WANT TO BE VISIBLE TO THOSE WHO MAY NOT BE PAYING AS CLOSE ATTENTION AS THEY SHOULD BE!!**

Fremont Housing Agency
2510 N Clarkson
Fremont, NE 68025



The Northside Navigator

Newsletter 2024

January - February - March



Some Winter Weather Safety Tips

Stay off roads if at all possible. Keep a winter survival kit in your vehicle if you must travel. If trapped in your car, then stay inside.

Reduce the risk of a heart attack by avoiding overexertion when shoveling snow and walking in the snow. You can do some light stretching exercise indoors before shoveling.

Be prepared for weather-related emergencies, including power outages. Stock food that needs no cooking or refrigeration and water stored in clean containers. Stay informed. Catch the latest weather and road conditions before heading out. Be aware of ice on sidewalks, parking lots and driveways.

Limit your time outside. If you need to go outside, then wear layers of warm clothing. Watch for signs of frostbite and hypothermia, including shivering, exhaustion, confusion, and slurred speech.

Stay dry in the cold because moisture or dampness, e.g., from sweating, can increase the rate of heat loss from the body.

Eat regularly, as food provides the body with energy for producing its own heat. Foods rich in vitamin D like mushrooms, eggs and salmon can boost your mood and decrease the impulse to eat based on mood.

Getting nutrients like vitamin C, B and D from your food can help you fight off those common winter colds.

Beginning January 1, 2024, all cats and dogs need to be registered and licensed.

This is done at the Fremont Municipal Building, 400 E Military - 2nd floor.

You must take current rabies shot record receipt and/or tag to the FHA Office to be copied, when you receive them.

Thank you.



REMEMBER: If you are subscribed to cable service and you move - leave the equipment behind when removing your personal items. It is the property of the cable company. Thanks!

Disclaimer of Liability:

Every effort is made to provide accurate and complete information in the Fremont Housing Agency newsletters. However, the FHA cannot guarantee that there will be no errors. The FHA makes no claims, promises, or guarantees about the accuracy, adequacy, validity, reliability, availability, or completeness of any information and expressly disclaims liability for errors and omissions in the contents of this newsletter. FHA does not assume any liability for any direct, indirect or any other loss or damage of any kind incurred as a result of the use the newsletter or any reliance on any information provided in the newsletter. Your use of the newsletter and your reliance on any information in the newsletter is solely at your own risk.

Fremont Housing Agency CONTACT INFORMATION:

Business Hours: M - F 8:00 am - 4:30 pm **Phone:** 402-727-4848
Office Window Hours: M - F 9:00 am - 3:00 pm **Your Tax Credit Specialist:** *Amanda - extension 4*

After-hours & EMERGENCIES ONLY
Call: Maintenance Supervisor: Ed Phone: 402-720-1264,
If no response from Ed within 15 min. call: Executive Director: Rita 402-720-9643

Fun Facts About Winter

- * You can see your breath when it's below 45 degrees Fahrenheit. You breathe in oxygen, and your exhale has water vapor, which allows the visual in the cold temperatures.
- * The first Winter Olympics occurred in 1924 in the French Alps.
- * Like birds, whales, bats, and caribou, monarch butterflies also migrate to warmer climates – escaping the Winter weather.
- * During the winter season, the North Pole has an average temperature of minus 40 degrees Fahrenheit.
- * Guinness World Records reports the largest snowflake (15" in diameter and 8" thick) had fallen during a storm in January 1887 at Fort Keogh.
- * Snow blindness happens after too much ultra violet light and causes temporary pain.
- * Snowflakes are translucent. They do not change colors unless it's a case of Watermelon Snow. Watermelon snow is a natural phenomenon that turns snow a pink or red hue. It is caused by a type of green algae called *Chlamydomonas nivalis* that thrives in cold, snowy environments.
- * The history of the snowman dates back to the 1400's when local artist, including Michael Angelo, considered snow to be free art supplies.
- * The first snowman photograph was taken in 1853.



FHA Offices Will Be Closed

- Monday, January 1 - New Year's Day**
- Monday, January 15 - Martin Luther King Jr. Day**
- Monday, February 19 - President's Day**

(Office windows are closed)

- Thursday, January 25**
- Thursday, February 22**
- Thursday, March 28**



******Water softener salt** will be added the **first Tuesday** of the month, **every quarter.******

Scheduled months:
January
April
July
October

******Furnace filters** will be replaced on the **same schedule.******

(schedule is subject to change at discretion of the Maintenance Director)

RENT

- ♦ The rent is **due on the 1st** and **late after the close of business the 5th** day of each month.
- ♦ If the *5th falls on Saturday*, rent is due in the office by close of business *on Friday*.
- ♦ If the *5th falls on Sunday*, the rent must be in the drop box before 8:00 a.m. of the 6th.
- ♦ If the rent is *not paid on or before the 5th* day of the month, a *late payment charge* will be applied as follows: \$30.00 will be assessed for *payments made on the 6th through the 20th* day of the month.
- ♦ Payments made *on the 21st day and after* will be assessed at the rate of *an additional \$20.00 charge*.
- ♦ This *late charge is immediately due* as an addition to that month's rent and *must be paid before that month's rent will be considered to be paid in full*.

*****IMPORTANT NOTICE*****

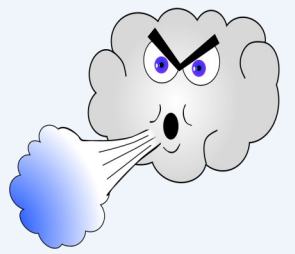
When you get your new or updated SSI or Social Security award letter, take it to Stanton Tower to Riley, the Housing Program Manager, so that she can make copies for your file. You may also mail a copy. — 2600 N Clarkson St., Fremont, NE 68025

If March comes in like a lion, it will go out like a lamb?

Is there any truth to this saying? Weather legend sayings are as colorful as our imagination. While many sayings are based on careful observations and turn out to be accurate, others are merely rhymes or beliefs of the people who came before us.

With March being such a changeable month, in which we can see warm spring-like temperatures or late-season snowstorms, you can understand how this saying might hold true in some instances.

We can only hope that if March starts off stormy it will end on a calm note, but the key word is hope. However, this saying seems to be more of a rhyme rather than a true weather predictor.



- * **Valentine's Day** is the second most popular day of the year for sending cards. Christmas is the first most popular.
- * About 1 billion Valentine's Day cards are exchanged each year.
- * Worldwide, over 50 million roses are given for Valentine's Day each year.
- * More than 35 million heart-shaped boxes of chocolate will be sold for Valentine's Day.
- * Richard Cadbury invented the first Valentines Day candy box in the late 1800s.

One complimentary ride per month!

As a resident of Fremont Northside Townhomes you can request the following **complimentary transportation service:**

One (1) ride per household, per month within the city and 2 miles within city limits to any location. Examples - medical appointments, business appointments, shopping and other trips. All vans are wheelchair accessible.

You **must schedule a ride with the Fremont Transit Program, 402-459-2845, Mon - Fri - 8:30am - 4:00pm.** You need to **call at least 2 days ahead of your appointment time.**

You need to call Becky at Gifford Tower to let her know the date you have scheduled your pickup. 402-727-4848.

Neighborly, the quality of being helpful and friendly, especially to those living near you. It can also imply a tendency to live on good terms with others. Avoid gossip and backstabbing at all times!

