



Are you ready to March into Spring? I sure am, but looking at the long-range forecast, it may not happen real soon. One thing that I know will help is being Day light Savings time again.

Recently I read this catchy thought entitled:

“7 Things to Quit in 2023”

1. Trying to please everyone
2. Fear of Change
3. Living in the Past
4. Putting Yourself Down
5. Overthinking
6. Being afraid to be different
7. Thinking you’re not good enough.

So how hard do you think it would be to quit all 7 things? It would be very hard for me, but as I read them, I believe picking out the one you want to quit the most and working on it, would soon make it easier in helping to quit the rest. Think I’ll try.

March 2023

Somers Point Newsletter

Once again we had a delicious soup dinner in February, you could tell, the soup was gone!!! Thanks Lanora, Alie, and Leona.

Our next meal will be March 9th at noon, it will be Mae B.’s very own Spaghetti with bread and dessert. Sign up at the Club House, at \$3 per person.

Check the sign-up sheet by the kitchen if you are willing to help provide or help serve a meal. Many hands make work easier.

We are going to try something we’ve never done before, on Thursday April 13th, we will hold a Spring Information Fair. We hope to have 8 vendors available with information for Seniors, telling us what is available to help us in planning, care, and daily needs etc. It will be held from 11 a.m. till 1 p.m., a sloppy joe meal will be available at no cost. You can come and browse, ask questions,

learn, and eat at no cost.

Our April meal will be a week later, on Thursday April 21st, at 5 p.m., and will be our Spring Pot Luck. Note the time change.

Also in April, we will be honoring our resident Veterans at a Quilt of Valor Ceremony, the VFW in Arlington has graciously agreed to do that here at the Club House, 4 Veterans will be honored. It will be held on a Saturday morning, but the date has not been confirmed. We will keep you informed. If you have not attended one of these ceremonies, don't miss this one.

We will have some busy months here at Somers Point, so please make it a point to keep your calendars handy.

The Garage Sale "I am interested" sign-up sheet is at the Club House, we have two choices on dates, the one with the most checks will be the date. Each resident is responsible to display and mark their items in their own garage. There are signs at the club house you can use in your

yard, and we will have one at our entrance. There was some discussion on times, so it will be advertised from 8 till dark. If you do not wish to stay open that long, it is your choice. It will be a Friday and Saturday. The date choices are May 26th & 27th, or June 2nd and 3rd.

This month we send out Get Well wishes to: Mary R. who is back home again, Jill P. who has knee surgery, and Sandy F. who is home and recovering from a heart attack, Barb C., and Karen L., we are glad Betty K. is improving also.

Our March Birthdays are:

- Marlene M. -----1st
 - Jan A.-----2nd
 - Theresa T. -----9th
 - Opal W. -----25th
- Happy Birthday every one!!!!

Note: we all make errors, some more the others!!! So, here are some corrections for your phone list:

- Allyn B. 402-620-8060
 - Gary M. House # 3365
 - Jan A.'s birthday March 2nd
- Sorry for the errors.

Glaze:

Our Recipe comes from Jerrie S.
It was served at Birthday Bingo.

Fruit Pizza

Crust: Mix together

½ cup shortening or butter

¼ cup sugar

1 egg to that add

1 ½ cups flour

1 t. Cream of Tartar

¼ T. salt & ¼ t. soda

Press mixture into 9/13" pan

Bake at 375* for 8 minutes till
lightly brown.

Topping: Cream together

8 oz. Cream Cheese

½ cup sugar & 1-2 T. fruit juice

1 ½ cup fruit juice

2 T. cornstarch

Cook over medium heat until
thickened, stir frequently & cool
Spread topping over cooled crust,
place fruit on over topping, use
fruit or berries that you like, cover
with the glaze to preserve fruit
from turning brown.

Cut and serve. Enjoy!

**This is shared by one of our
residents:**

Don't Think Like This

Today was the absolute worst day
ever

Don't try to convince me that
There's something good in every day
Because when you take a closer look

This world is a pretty evil place
Even if some goodness does shine
through once in a while

Satisfaction and happiness don't last
And, it's not true that
It's all in the mind and heart

Because

True happiness can be obtained
Only if one's surroundings are good
It's not true that good exists
I'm sure you can agree that

The reality

Creates

My Attitude

It's all beyond my control

And you'll never in a million years
hear me say that

Today was a good day

*Now slowly read this from the bottom
up and THINK LIKE THIS!!*