

Happy Spring. As we look forward to the coming of Spring, may it lift your spirits, even in this troubled world we seem to be living in. So often we tend to look at things as being all negative and forget that each day is a new day you can do something with. Recently I read that there are three "P's" in our lives. When we are young we have a lot of Passion, have you ever noticed how children are passionate about things, free with love, and caring? But then we get to the second "P," and we become Proud, we like to show off our accomplishments, make people think we are great at everything we do. And then suddenly we are at the third stage of life when we have a lot of pride. How do we act then, are we all 3 of the "P's"? Do we show Passion, are Proud of what we have accomplished? Pride can have different a meaning to everyone, the dictionary say Pride is the consciousness of one's own

## March 2024 Somers Point Newsletter

dignity, self-worth, pleasure, joy, honor, abilities. We have a lot of ways to feel our pride, they can be positive or negative. Isn't it wonderful! So just like Spring brings something new, we can also bring something new into our life each day with our pride, it's your choice, you're in control.

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Our special thanks goes out to Pat for sharing her trip to the Holy Land with us last month, it's an experience most of us can only think about, how educational. We also thank Bobette Home Health care for providing the dessert and the wonderful door prizes.

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Thank you also to Alie, Leona, Lenore, and Jan for the great choices on soup for our lunch that day. Great job gals.

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Time is flying so fast, you now can sign up for our March 14<sup>th</sup> spaghetti meal, provided by Mae B. and Janice B., at \$4 per person.

Our April 11th meal will be a

potluck, so get out your favorite recipe, it will also be the time when we will begin meeting at 5 p.m. again.

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We were pleased with the response to our Information Fair last year, we are planning to do that again on June 26<sup>th</sup>, 11 a.m. to 1 p.m. More information to come.

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Keene Library is once again coming on the 3<sup>rd</sup> Wednesday of the month to the Club House with books for you to select from. All you need is a library card at no cost, Renee from the library can help you with that when she is here, she will also deliver books to your home.

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Please note the Club House hours are now 9-4 each day, weather permitting. If you need in earlier, or want to stay later, contact Virginia or Rachel.

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New and different puzzles and DVDs have been donated to the Club House, you will find them in the large cabinet to borrow and return, books are also available.

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Bingo prizes are getting more expensive as everything is, we are always open to ideas. It is hard to guess what people like and use, feel free to make suggestions, and tell

us what we've had that works or doesn't.

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Also, it has been noticed that all of you are making use of the recycling containers outside the club house. That is a good thing, but they are also filling up quickly. Please consider smashing cans and any plastic that you are able to also, cutting boxes into pieces allows for more room in the can. Thank you for recycling.

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In March we celebrate birthdays of:

Marlene M	1 <sup>st</sup>
Jan A	2 <sup>nd</sup>
Theresa T	9 <sup>th</sup>
Jon M	
Opal W	25 <sup>th</sup>
Happy Birthday!!!!	
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We send Get Well wishes to Jane G. who had surgery.

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Our letter of concern for the Internet cost for our residents here has been sent to our Representative Mike Flood, we hope he will be involved with the negotiations with the FCC on no price changes, you may also call his office at: 402-438-1598

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Reminder to turn you clock back on Sunday March 10<sup>th</sup> and enjoy longer day light once again.

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We have begun to think about a Somers Point Garage sale day, although each resident will be responsible for their own sales in their garage. There is a signup sheet at the Club House for you to pick which Friday and Saturday would be your choice of dates, the date that has the most choices will be used.

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Your \$5 per person per year dues can be paid to Mae B. at any time, these are the funds that provide paper products, cleaning supplies and extra printing etc. for us.

Did you know that when the position of the sun interferes with satellite signals it can cause an interruptions of your TV service, this is called Sun Fade and affects all TV providers.

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We have two recipes to share this month, enjoy! From Lanore P.

Buffalo Chicken Dip
1-2 cans shredded chicken or
1 lb. cooked chicken shredded
1 block of cream cheese
Franks Red Hot Sauce, 1/3 - 1 cup
depending on how strong you
prefer.

1 cup Ranch Dressing
2 cups shredded cheddar cheese,
salt and pepper to taste. Mix well
and melt together in crock pot.
Serve with chips, crackers, or rye
bread cubes.

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Apple Pie Bread or Muffins

1 yellow cake mix

1 cup flour

1 T. cinnamon mix well

Add: 4 eggs
one can of apple pie filling, and one raw apple chopped fine. Mix well.

In sprayed pan Bake at 325\*.

2 loafs 40-45 min.

20-22 muffins 20 - 25 minutes.

Happy St. Patrick's Day



Happy Easter