

November is the month of the year set aside for remembering to be thankful. Do you look at a glass half full or half empty?



Somedays we aren't sure are we, but only we can do something about that by deciding if we want to fill that glass all the way up or just deal with a half! We can start filling it by being thankful for the new day, then add thankfulness for our family and friends, having a home, our health, living in Freedom, keeping the faith, being able to choose what we do and so much more. We can always look around or listen to the news and learn very fast, that we do have

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a glass that is full all the time. It isn't always easy to keep it that way, so each day fill your glass by adding one thankfulness at a time, it will make your day and feel so good.

This month we look forward to our community Thanksgiving meal at 5 p.m. on the 10th. We hope it adds to filling your glass for the day.

The potluck in October was a great success, we especially enjoyed having Ron from the Masonic Home share what the Home is all about, and what they do for children who are going through a rough time in their lives, how they operate, and the skills the children learn while living there. Thanks, Ron.

After talking to many of our residents and finding their interests, many of them enjoy

playing Pitch. We have started a card playing day every Tuesday at 1 p.m. at the Club House. Everyone is welcome, if you don't know how to play Pitch or are rusty at it come any way, we are not experts, we are there for fun. If there is interest, other types of games could be started also. Hope to see you! *******

With the new year on the way, we are again planning monthly meals, if you or several of you would be willing to provide a meal please sign up at the club house. A minimal fee is charged for each meal and after expenses the funds go into our catered meal fund for our Thanksgiving meal. Along with this if you know of someone, or a group, who would be willing to share their interest with us, it can also be a service you know about that has been helpful to you. We are always open to any kind of suggestion.

With activities at the club house comes housekeeping, we

appreciate those who stay a little longer after Bingo on Fridays, to take care of that, we will have a sign-up sheet on the bulletin board by the kitchen for anyone who would be willing to help so it doesn't have to be the same people each time. Thanks.

There are still several Nebraska Football games this month, if they are day time games those who are interested in watching together are invited to the Club House, coffee is furnished, feel free to bring a snack to share if you'd like. Time varies.

Wednesday, November 2nd, at 2 p.m. Elisa from the Keene Memorial Library will be at the club house to help anyone interested in setting up book home delivery or e-book on your Kindle or I-pad.

November 8th is election Day, don't forget your Freedom of Voting. We vote at the Church of Christ on Broad Street across from Mel's Diner. ******

November 11th is Veterans Day be sure to fly you flag by your side walk if you have one. A special thanks to our resident Veterans for your service.

Happy Birthday in November to:

Leona P.-----2nd

Sharon B.-----10th

Ivy Z.-----18th

Remember you have till December 7th, to sign up for a Medicare supplement.

As of now there are no plans for a Christmas activity at our club house for our residents, if any one would be willing organize something, please contact Rachel.

Treasure's Report Bingo-----\$349.34 Meal Fund-----278.00 Resident Fd----\$236.54 Total Funds----\$864.48

Crescent Topped Cheeseburger

1 lb. or more hamburger browned with ¼ C. chopped onion, drain Add: ¼ cup chopped dill pickles or pickle relish ½ cup water ½ cup water ½ cup catsup 1 T. Mustard 1/8 t. pepper Put into baking dish, sprinkle top with 1 ½ cups shredded Mozzarella Cheese, cover top with 1 - 8 oz. can of crescent rolls, brush with egg.

Bake at 350* for 30 minutes

If you get locked out of your apartment *after Fremont Housing Office hours* – all calls must go to the **Fremont Lock Shop** - 402-317-1983 or another local locksmith.

FHA Management