Fremont Housing Agency
2510 N. Clarkson St.
Fremont, NE 68025
(402) 727-4848
(402) 727-4751 - fax
www.fremonthousing.org

IMPORTANT NUMBERS

Fremont Police Dept.
(402) 727-2677
Emergency - 911

Fremont Fire Dept.
(402) 727-2688
Emergency - 911

Fremont Transit.
(402) 459-2845
General Assistance
(402) 727-2731

Health & Human Services
(402) 727-3200

Fremont Family Coalition Central Intake
(402) 721-4157

Salvation Army
(402) 721-0930
Northeastern Nebraska Community Action Partnership-NENCAP
(402) 721-0619

Eastern Nebraska Office on Aging-ENOA
(402) 721-7770

Senior Center
(402) 727-2815

Uniquely Yours
(402) 727-8977

FAIR HOUSING: IT'S NOT AN OPTION. IT'S THE LAW.

EQUAL HOUSING OPPORTUNITY

Keene Library

Friday November 6
Stanton at 9:30 Gifford at 10:30
Come get a library card or check out books

Commodities
Please note due to the holiday they will be here on Tuesday November 10 at 1:00 in Stanton and 1:30 in Gifford.

Celebrate November Birthdays With Lilly November 10 at 1 :30
Get your Medicare/Medicaid questions ready
Stanton Community Room



Seeking Victory Bible Study
Help making it through the tough times.
Mondays at: 2:00 at Gifford
3:30 at Stanton

Get your Blood Pressure checked with Angel Care - **Thursday November 19 at 3:00** at Stanton. Heath information on Breast Cancer.

Disclaimer of Liability: Every effort is made to provide accurate and complete information in the Fremont Housing Agency newsletters. However, the FHA cannot guarantee that there will be no errors. The FHA makes no claims, promises, or guarantees about the accuracy, adequacy, validity, reliability, availability, or completeness of any information and expressly disclaims liability for errors and omissions in the contents of this newsletter. FHA does not assume any liability for any direct, indirect or any other loss or damage of any kind incurred as a result of the use of the newsletter or any reliance on any information provided in the newsletter. Your use of the newsletter and your reliance on any information in the newsletter is solely at your own risk.

Fremont Housing Agency

Dwayne Bennett
Executive Director

"Let's Talk..."



November 2026

Stanton Annual Inspections will be held the week of November 16.

November 11th, 26th & 27th
Offices/Kitchen will be closed



RENT DUE
Checks or Money Orders Only!
NO CASH!

RENT PAYMENTS (Per FHA Policy effective 11/1/26)
Rent is due on or before the first day of each month. We accept personal checks, cashier's checks, money orders, and the online payment option. A payment is received when delivered to an FHA office or rent drop box. A drop-box payment deposited after the posted close of business hours will be credited the next business day. The Agency will not impose a late charge when the final day of a stated payment or grace period falls on a weekend, federal holiday, or day the office is closed; the deadline extends through the close of the next business day.

Rent not received by the end of day on the fifth calendar day is delinquent, subject to the next-business-day rule above. A $30 late-payment penalty may be assessed after the fifth day, and an additional $20 penalty may be assessed after the twentieth day.

Please place in Drop box in hallway.

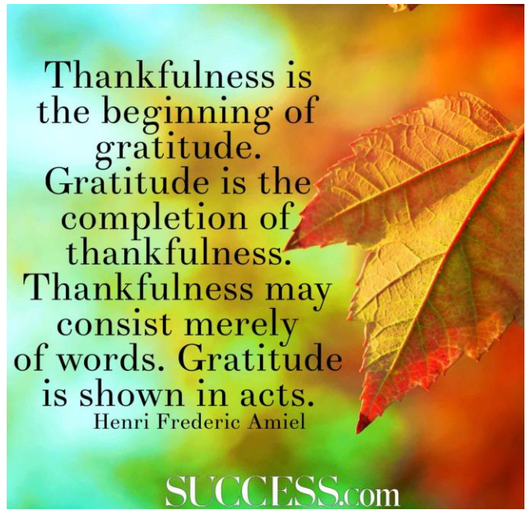
Pest-Trol
Please Note: Time changes
Treatments will now start at 9 am on your floors assigned date. Pest treatment in all apartments on the follow date and floors:
November 4 - Stanton Floors 6-9
November 18 - Gifford Floors 6-9

THREE RIVERS PUBLIC HEALTH DEPARTMENT

Transportation Survey.
Please come give us your opinions. November 3 at 1pm in Stanton Tower. Assist in meeting the transportation needs in Fremont with your voice.

A Note from Office

- Please bring your New Social Security Letter to the office when it comes.
- Please let the office know of changes in your income.
- Please watch for sign up deadlines on upcoming events.



A Note from Maintenance

- Disposal of furniture should be paid for in the office before bringing it down to the trash area.

Social Club Activities

- Nov 4 Wednesday - 2:00 Resident Council and Social Club Meeting – come with your ideas for things to do at Stanton Community Room (moved due to office closing)
- Nov. 5 & 19 Thursdays 1:30 Trivia , Free Fun with Prizes do at Stanton Community Room
- Every Friday 2-4:00 Bingo,
  - 13th Birthday Bingo free if born in November
  - 27 Snack (Sandwich) Bingo
- Every Monday 3-5 - Arts and Crafts at Gifford
- Every Wednesday 2-45 - Arts and Crafts at Stanton
- Every Saturday 2-3 Coffee at Stanton. Rolls on the 21



Bible study with Bob

Join us for discussions on Wednesdays in the Stanton Community Room at 1:00.



Social Club Elections at the November 16 Meeting at 2pm.

Volleyball



Find and circle all of the words that are hidden in the grid.
The remaining 39 letters spell a secret message.

G	N	I	K	C	O	L	B	V	O	S	T	G	N	I	K	I	P	S
A	L	W	S	I	D	E	O	U	T	S	R	W	O	L	E	T	Y	B
M	R	E	E	K	C	A	T	T	A	A	A	I	I	A	L	U	O	F
E	E	C	E	A	T	E	A	M	S	P	J	P	T	U	P	M	U	B
E	T	N	V	S	K	P	M	U	D	P	E	E	A	E	R	O	C	S
V	A	E	A	T	U	S	L	L	W	R	C	F	T	A	N	D	E	M
R	O	F	S	O	O	B	I	F	O	O	T	W	O	R	K	I	L	L
E	L	F	S	P	S	H	S	D	A	A	O	S	R	E	T	T	I	H
S	F	O	I	S	T	E	S	T	E	C	R	D	F	H	O	R	C	I
G	S	I	S	P	N	H	N	E	I	H	Y	O	E	Q	C	A	A	R
L	L	R	T	I	A	P	R	I	S	T	R	O	U	F	P	T	E	L
Y	L	R	E	N	S	E	O	D	L	M	U	I	R	T	E	T	A	H
C	A	A	K	Y	F	L	A	I	A	E	C	T	A	E	T	N	C	M
C	T	L	B	E	A	P	I	T	N	K	D	I	I	E	B	A	C	L
O	R	L	R	Y	E	L	I	D	H	T	N	I	S	O	O	I	L	E
U	O	Y	E	E	K	O	P	I	E	D	S	M	S	C	N	I	L	N
R	P	T	N	O	N	S	T	N	E	T	I	H	E	L	B	U	O	D
T	S	K	T	S	T	V	E	R	T	I	C	A	L	J	U	M	P	E

APPROACH	FOOTWORK	QUICK HIT	SKY BALL
ASSIST	FORMATIONS	RALLY	SLIDE
ATTACK	FOUL	REFEREE	SPIKING
BLOCKING	GAME	ROTATION	SPORT
BUMP	HITTER	SAVE	SUBSTITUTION
CAPTAIN	KILL	SCORE	TANDEM
COACH	KNEE PADS	SERVE	TEAMS
COURT	LIBERO	SETS	TOPSPIN
DEFENCE	MATCH	SETTER	TRAJECTORY
DOUBLE HIT	OFFENCE	SHANK	VERTICAL JUMP
DUMP	PASS	SHOT	WEAK SIDE
FAULT	PLAYERS	SIDELINES	WIPE
FLOATER	POINTS	SIDE OUT	



Is Your Medicare Plan Ending?

These Medicare Advantage Plans are Ending in your Area on 12/31/2026:

UHC Essential
UHC Extra
Blue Cross Blue Shield:
Access PPO
Core HMO
Secure PPO
Blue Cross Blue Shield:
Access PPO

If Your Plan is Ending you MUST find new coverage by 12/31/2026.



I will be at Stanton Tower to help on November 10th & Dec 1st (weather permitting) Call me for an appointment!
Lilly Carbonell Walker • 402-680-0983

Sign up time Holiday events

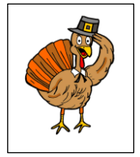
Salvation Army has two programs:

- Senior Angel Tree Program for those over 60
- Christmas Assistance for families – Scan QR coude on bulletin board to apply.

Please see the RSSC if you have questions?
402-727-4848 EXT 109 or
RSSC@fremonthousing.org

What's up in Fremont

Community Thanksgiving Day
(Thursday, November 26, 2026
Time: 11:30 AM – 1:30 PM
Midland Dining Hall
940 E 9th St



Christmas Market at the Heights
November 20 @ 8:00 AM - November 21 @ 5:00 PM
Shoppers – Mark your Calendars!
+++Ladies Night November 20+++
+++Christmas Market November 21+++

32nd Annual Christmas Walk
November 28 @ 9:00 AM - 6:00 PM
Join us for our 32nd Annual Christmas Walk event! Downtown businesses will be hosting specials, promotions, and giving out treats all day long! There will be a petting zoo, horse drawn carriages, and a tree lighting ceremony. Write a letter to Santa and then later get a picture with the jolly old fellow.
RSVP & More Information:
https://www.mainstreetfremont.org/promotion/christmas-walk

Salvation Army Thanksgiving Celebration
Bring your Appetite!
Sunday, November 15
10:45 to 12:45PM
707 North I Street
Fremont, NE



Let us remember that, as much has been given us, much will be expected from us, and that true homage comes from the heart as well as from the lips and shows itself in deeds.

Theodore Roosevelt

Concerts.. call 402-941-6061 Tickets

Garth LIVE!
Sunday, November 1, 2026 - 7:00 pm
Fremont High School Auditorium
A high energy tribute to the music of Garth Brooks

****

Little Women
November 12, 13, 14, 2026 7:30 P.M.
November 15, 2026, 2:00 P.M.
Kimmel Theatre, Midland University
FMES members call the MU box office
402-941-6399, Monday-Friday, 12-3 P.M. to reserve seating.

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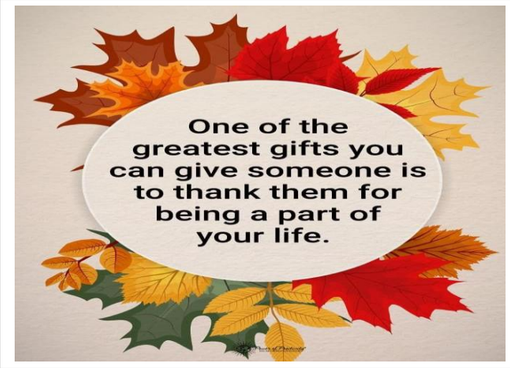
Vinyl to Vocal – Six Appeal
Sunday, November 22, 2026 - 7:00 pm
Fremont High School Auditorium
A cappella journey back in time to when harmony reigned supreme.

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The Jersey Tenors
Sunday, February 21, 2027 - 7:00 pm
Fremont Alliance Church
Four charming, wise guys will raise the roof with their powerful voices

****

Shake, Rattle & Roll
Sunday, April 11, 2027 - 7:00 pm
Fremont Alliance Church
Step into the electrifying energy of the 1950s



Lunch Bunch Menu - November 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Deli Sub Macaroni Salad Cookie	2 Chicken Tenders Red Season Potato Peas Cherry Crisp	3 Fish Planks Cole Slaw Macaroni & Cheese Fruit	4 Meatloaf Mashed Potatoes Green Beans Jell-O Salad	5 Pork Chop Sweet Potatoes Corn Pudding	6 Tomato Soup Grilled Cheese Pickle	7 Chicken Tenders Cole Slaw Macaroni & Cheese Cookie
8 Meatloaf Mashed Potatoes Green Beans	9 Ham Slice Scalloped Potatoes Peas Apple Crisp	10 Sloppy Joes Baked Beans Potato Salad	11 **Kitchen Closed**	12 Golden Beef Casserole Mashed Potatoes	13 Chili Crackers Cinnamon Roll	14 Sloppy Joes Chips Pickle
15 Chili Soup 1/2 Cheese Sandwich Fruit	16 Turkey Broccoli Penne Casserole Dinner Roll Peaches	17 Cheeseburger Casserole Bread & Butter Pudding	18 Polish Sausage Mashed Potatoes Sauerkraut	19 Spaghetti Salad Garlic Stick Brownie	20 Tuna Casserole Green Beans Dinner Roll	21 Turkey Broccoli Penne Casserole Dinner Roll Peaches
22 Cheeseburger Casserole Bread & Butter Pudding	23 Goulash Jell-O Salad Bread & Butter	24 Pastrami Salad French Fries Cole Slaw	25 Turkey Mashed Potatoes Gravy Corn Pumpkin Pie	26 **Kitchen Closed**	27 **Kitchen Closed**	28 Goulash Jell-O Salad Bread & Butter
29 Pastrami Salad Chips Fruit	30 Shepards Pie Dinner Roll Pudding					

November Social Activities

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 3-4-Art and Crafts at Gifford Tower Seeking Victory 2:00 Gifford 3:00 Stanton	3 10-11-RSSC at Gifford 1:00 3 River Survey Election Day Vote in Gifford Community Room	4 9AM Pest-Trol Stanton Floors 6-9 1PM Bible Study with Bob at Stanton CR 2-4-Art & Crafts at Stanton Tower	5 1:30-2:30-Trivia	6 Keene Bookmobile 9:30 Stanton 10:30-Gifford 2-4 pm-Bingo at Stanton Tower NE at Illinois 7PM	7 2-3 Coffee at Stanton Tower
8	9 3-4-Art and Crafts at Gifford Tower Seeking Victory 2:00 Gifford 3:00 Stanton	10 10-11-RSSC at Gifford Commodities @1pm Stanton 1:30 at Gifford 1:00-Medicare Update / November Birthday Party with Lilly Stanton Tower	11 1PM Bible Study with Bob at Stanton 2-4-Art & Crafts at Stanton Tower Veterans Day Office Closed No Meals served	12	13 2-4 pm– Birthday Bingo at Stanton Tower	14 2-3 Coffee at Stanton tower NE at Rutgers
15 Stanton Tower Inspections	16 3-4-Art and Crafts at Gifford Tower 2:00 – Resident Council & Social Club Meeting and Elections	17 10-11-RSSC at Gifford tower	18 9AM Pest-Trol Gifford Floors 6-9 1 PM Bible Study with Bob at Stanton 2-4-Art and Crafts at Stanton Tower	19 1:30-2:30-Trivia 3:00-Angels Care Blood Pressure Clinic	20 2-4 pm-Bingo at Stanton Tower	21 2-3 Coffee and Rolls at Stanton NE vs Ohio St TBA
22	23 3-4-Art and Crafts at Gifford Tower Seeking Victory 2:00 Gifford 3:00 Stanton	24 10-11-RSSC at Gifford tower	25 1PM Bible Study with Bob at Stanton 2-4-Art and Crafts at Stanton Tower	26 Happy Thanksgiving Office Closed No Meals served	27 2-4 pm-Sandwich Bingo at Stanton Tower Potluck Office Closed No Meals served NE at Iowa 11AM	28 2:00 Potluck
29	30 2-4-Art and Crafts at Gifford Tower					