

Community Stuff

Fremont Area Friday Fish Fries

Fremont Eagles Club
NO BAND THIS FRIDAY!
FRIDAY, FEBRUARY 27, 2026
BUT THE KITCHEN IS OPEN!
CATFISH DINNER!

★ DINNER SERVED 5:30 - 7:00 PM
 ★ Catfish Fillet 12 oz. - 14 oz. \$12.99 plus tax
 ★ Choice of Baked Potato, Fries, or Tots
 ★ Plus Side Salad
 Other Entrees Available, Including Shrimp

★★ 649 N Main Street ★★
 Fremont, NE

COME ENJOY A GREAT MEAL!

IZAACK WALTON FISH FRY FRIDAYS

2560 W. Military Ave, Fremont, NE 68025

Feb. 20, 2026

Feb. 27, 2026

March 06, 2026

March 13, 2026

March 20, 2026

March 27, 2026

April 03, 2026

\$12 Door Donation | 5 & Under Eat Free

6:00 - 8:00pm

Chicken Strip Dinners Available



Cedar Bluffs Sons of American Legion
 Post #158, Cedar Bluffs, NE

2026 LENTEN FISH FRY FRIDAYS

2026 Raffle Tickets
 \$20 a Ticket or 6 for \$100

1st Prize: Polaris Ranger 570
 2nd Prize: John Deere 48" Zero-Turn
 3rd Prize: 36" Blackstone Griddle
 4th Prize: \$500 Ca\$h
 5th Prize: \$250 Ca\$h

February 20th
 February 27th
 March 6th
 March 13th
 March 20th
 March 27th
 RAFFLE DRAWING

Weekly split-the-Pot (winner drawn at 8:00 p.m.)
 Vietnam Era Veterans Eat Free on March 27th, 2026
 \$3.00 Weekly Desserts: Ladies Auxiliary

FRI-DAYS bar tip monies go to benefit a local organization or charitable group.

Please Join Us! Bring your friends & family! Follow us on Facebook for other events.

MENU
 MEAL INCLUDES:
 Fried Pollock, Slaw,
 Baked Beans,
 Mac-N-Cheese,
 Bread & Pickle

\$14 Adult
 \$7 Kid's (12 & Under)

DINE-IN or CARRY OUT
 5:00 to 8:00 PM
 or until sold out

Friday Fish Fry

Fish Fry-YAY!

KNIGHTS OF COLUMBUS
 St. Patrick Church
 Est. 1984
 Fremont, NE

FISH FRY

Fridays during Lent (except Good Friday) 5:00-7:00 pm
 Delaney Hall

Treasure Island



Find and circle all of the words and names from the book *Treasure Island*. The remaining 46 letters spell a secret message.

M U S K E T T E L L O M S N I A T P A C T
 T H E B L A C K S P O T R N E M A E S S L
 E A S C U R C O S S N O N N A C L E Q I T
 C I S S A H R E V I A T S A O C O U A O L
 A I A C E N T E L E A L N D A W I S R A R
 B S S S H A N F V B D W G S R R N R B I E
 I R T S R O N O E L M M H Y E T A E U K T
 N A T I E I O N N E I O U T P P P R C O S
 B E P N A A G N N B R S R T A S S U C O A
 O L S T L U F O E E A E N P I B I S A B M
 Y H P N N O T A D R L L P H S N H A N G R
 Y A R N I E T R R A B L L E O O Y E E O E
 C N B C L K L S W I E E N S R J T R E L T
 I D S E U I W N I B N O S H I P G T R L R
 O S K S V T E A A P B G M A R O O N E D A
 W S L E A Y L R H Y O S U R L A W U O I U
 S E S A E P R A L M W G U I N E A S S L Q
 T E R P N E M L S E I R E G O R Y L L O J
 Y V A C L D I O E S N J G O D K C A L B N
 H C A E B B S O C N N B U R I E D G O L D

ADMIRAL BENBOW INN
 APPLE BARREL
 ASHORE
 BEACH
 BEN GUNN
 BILLY BONES
 BLACK DOG
 BUCCANEER
 BURIED GOLD
 CABIN BOY
 CANNON BALLS
 CANNONS

CAPE
 CAPTAIN FLINT
 CAPTAIN
 SMOLLETT
 CHEST
 COAST
 COMPASS
 COVE
 CREW
 CUTLASS
 DR. LIVESEY
 GUINEAS
 HISPANIOLA

ISLAND
 ISRAEL HANDS
 JIM HAWKINS
 JOLLY ROGER
 LOGBOOK
 LONG JOHN SILVER
 MAROONED
 MUSKET
 MUTINY
 PARROT
 PIRATES
 PISTOL

QUARTERMASTER
 SAIL
 SCHOONER
 SEAFARING
 SEAMEN
 SHIP
 SKELETON
 SPY-GLASS
 SQUIRE
 TRELAWNEY
 THE BLACK SPOT
 TREASURE
 WALRUS

Call RSSC with the correct answer at 402-727-4848 Ext 109 or email at RSSC@fremonthousing.org

Fremont Housing Agency
 2510 N. Clarkson St.
 Fremont, NE 68025
 (402) 727-4848
 (402) 727-4751 - fax
 www.fremonthousing.org

Resident Support Services
 Stanton Tower 205
 (402) 727-4848 ext. 109

IMPORTANT NUMBERS

Emergency - 911
Fremont Police Dept.
 (402) 727-2677
Fremont Fire Dept.
 (402) 727-2688

Fremont to Go -Transportation
 402-459-2845

Fremont Friendship Center
 (402) 727-2815
 Keene Library
 (402) 727-2694

Fremont Family Coalition
 Centralized Intake
 402 721-4157

Dodge County -General Assistance
 (402) 727-2731
 Veterans Association
 402-727-2719

Nebraska DHHS
 Economic Asst.(402) 595-1258
 Medicaid (402)595-1178
 APS/CPS (800) 652-1999

Salvation Army
 (402) 721-0930

**Northeastern Nebraska
 Community Action
 Partnership-NENCAP**
 (402) 385-6300

**Eastern Nebraska Office on
 Aging-ENOA**
 (402) 444-6444
 Meals on Wheels
 402-721-8262

Uniquely Yours (402) 727-8977

Fremont Lock Shop
 (402) 317-1983



**FAIR
 HOUSING:
 IT'S NOT
 AN
 OPTION.**



BOOK MOBILE - Keene Memorial Library
Friday March 6
Stanton Tower | 9:30 AM—10:30 AM
Gifford Tower | 10:30 AM-11:30 AM

Come celebrate Birthdays

Come and join the fun as we take a walk down memory lane with our residents who are celebrating each month.

This month, we will be getting together in The Gifford Community Room on Tuesday, March 17 at 1:00 pm.



FYI: Lilly will be out due to an unexpected event for a couple of months. Michelle from her office can help with any urgent issues you may be having at michelle@my-medicare-advisors.com contact phone is 402-968-3324

Please call your customer service department with questions about your plan benefits or DHHS regarding your Medicaid questions.



Commodities

Wednesday March 11th: 1:00 Stanton
1:30 Gifford

Please remember to pick yours up on time and let RSSC know if you will not be able to make it to avoid being dropped from program.

PEST-TROL SERVICE

Floors 10 through 11 | Stanton Tower | March 11
Floors 10 through 12| Gifford Tower | March 18

Trivia

March 5 & 19 at 1:30pm
Gifford Community Room



Blood Pressure clinic & Heart Health information



By Angels Care Home Health
 Thursday March 26 at 3:00pm
 Stanton Lobby



Fremont Housing Agency

Dwayne Bennett
Executive Director
Mindy Peterson
Housing Program Manager

RENT DUE

Checks or Money Orders Only!
NO CASH!

Rent is due and payable on the first day (1st) of each month. **Tenants who have failed to make full payment by 3:00 p.m. on the fifth (5th) day of the month, are considered delinquent and will be assessed a late fee.** If the 5th falls on Saturday, the rent is due by 3 p.m. on the Housing Agency's work day prior to the 5th. If the 5th falls on Sunday, the rent is due at 9:00 a.m. on the Housing Agency's next work day. Late payment charges will be applied as follows:

- \$30 will be assessed on the 6th of each month for payments made after the 5th of each month.
- An additional \$20 will be assessed on the 21st of each month for payments not made prior to 3:00 p.m. on the 20th of the month. The Agency does not accept partial payments of rent.

Please place in Drop box in hallway



For after hour Maintenance emergencies only! contact:
Ed: 402 720-1264



“Let's Talk...”
March 2026

Rentwise Class

RentWise is a program to help renters obtain and keep rental housing and be successful renters through education.



The class is free to residents of low-income housing, and open to the public for the cost of \$5. An online class is available also. A certificate will be awarded upon completion of all the classes.

The RentWise class is on March 17-18, 2024 (Tuesday & Wednesday) from 8:30 a.m. to noon each day in the Gifford Tower Community Room. **Deadline to register is March 3rd.**

Be sure to take part in this free and informative opportunity. If you are interested in attending call: Tina @ 402-727-4848 ext. 102

Before you speak...THINK!

- T – is it *true*?
- H – is it *helpful*?
- I – is it *inspiring*?
- N – is it *necessary*?
- K – is it *kind*?



**Happy
 St Patrick's
 Day**



“One kind word can change someone's entire day.”



March 2026



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 2-4-Art and Crafts at Gifford Tower 	3	4 2:00– Resident Council and Social Club Meeting	5 1:30 Trivia	6 Keene Bookmobile 9:30 Stanton 10:30-Gifford 2-4 pm-Bingo	7 2-3 Coffee at Gifford Tower 
8	9 22-4-Art and Crafts at Gifford Tower	10	11 Commodities 1:00 at Stanton 1:30 at Gifford Pest-Trol Stanton Floors 10-11	12	13 2-4 pm– Birthday Bingo 	14 2-3 Coffee and Birthday Cake at 
15	16 2-4 Art and Crafts at Gifford Tower Office Closed Kitchen is closed No meals served	17 1:00-Medicare / Birthday Party Rentwise at 8:30 each day	18 Pest-Trol Gifford Floors 10-12	19 1:30-2:30-Trivia	20 2-4 pm-Bingo	21 2-3 Coffee 
22	23 2-4-Art and Crafts at Gifford Tower	24	25	26 3:00 Angels Care Blood Pressure Clinic	27 2-4 pm-Sandwich Bingo 	28 2-3 Coffee 
29 Palm Sunday	30	31			Remember: Friday Fish Frys	



March 2026



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1 Turkey Sandwich Chips Pickle	2 Ham Slice Scalloped Potatoes Pickled Beets Oatmeal Raisin Cookie	3 Fish Sandwich Tater Tots Coleslaw Fruit	4 Chili With Crackers Peaches Cinnamon Roll	5 Meatballs Mashed Potatoes Carrots Cookie	6 Barbecue Chicken Pasta Salad Vanilla Pudding With Cherry	7 Ham Sandwich Chips Pickle Fruit	
8 Chili 1/2 Cheese Sandwich Cookie	9 Salisbury Steak Mashed Potatoes Mixed Veggies Pears	10 Brats Fried Potatoes and Peas Bread & Butter	11 Pulled Pork Sandwich Slaw Peaches	12 Pork Roast Mashed Potatoes Carrots Cookie	13 Tomato Soup Grilled Cheese with German Chocolate Cake With Coconut Frosting	14 Golden Beef Casserole Green Beans Bread & Butter Pudding	
15 Salisbury Steak Mashed Potatoes Mixed Veggies Pears	16 Corned Beef Deli Sandwich French Fries Lime Jell-O with Pineapple	17 Hamburger Tater Tot Casserole Green Beans Apricot Sauce Over White Cake	18 Pork Chop Au Gratin Potatoes Mixed Vegetables Cookie	19 Chicken Strips Baked Beans Cole Slaw Pears	20 Biscuits and Gravy Sausage Patty Scrambled Eggs	21 Hamburger Tater Tot Casserole Green Beans	
22 Pork Loin Au Gratin Potatoes Mixed Vegetables Cookie	23 Kitchen Closed No Meals will be served	24 Barbeque Ribs Mashed Potatoes Corn Cook's Choice Fruit	25 Three Salad Plate Crackers Cookie	26 Roast Beef Potatoes & Gravy Carrots Cherry Pie	27 Tuna and Noodle Casserole Bread and Butter Carrot Cake With Cream Cheese Frosting	28 Roast Beef Sandwich Potatoes & Gravy	
29 Tuna and Noodle Casserole Bread and Butter Fruit	30 Hamburger Baked Beans Macaroni & Cheese Pudding	31 Ham & Scalloped Potatoes Cook's Choice Vegetable Spice Cake	Monthly menus are available at the Gifford & Stanton Tower offices. If you are interested in starting the Food Service Program, please feel free to contact Resident Support Services at 727-4848 ext. 109 or stop at the office during regular business hours. Please call the RSSC				



Eastern Nebraska Office on Aging

ENOA Presentation on Services and employment opportunities available.

Monday, March 23rd at 1pm in the Gifford Community Room

Come learn about all the programs offered below.

Eastern Nebraska Office on Aging offers multiple services for those over 60 or disabled but also has opportunities for those under 60 in the various programs offered. So if retirement is getting to you and you need to get out or need a little extra income, please look at these programs available.

Care Management program.

CHOICES—Choosing Home or In-Community Elder Services empowers you with control of your future through the Care Management program. 402-444-6444

Nebraska's Aging and Disability Resource Center, (ADRC) website provides statewide information for you, your family, and caregivers: www.adrcnebraska.org.

Senior Centers and Meals on Wheels

Fremont's Friendship Center for activities and lunches on weekdays—402-727-2815

Fremont Meals on Wheels—402-721-8262

Services

Senior Companion Program, - Assist seniors to maintain their independence. Help others feeling lonely and isolated as a friend would help one other. Visit with seniors in their home for up to 4 hours a visit. Get a Stipend through AmeriCorps Seniors that does not count as income.

Foster Grandparent Program— For those 55 and older to serve as a positive role model to youth needing special attention in our community. Volunteer in schools, Head Start Programs, hospital and child development centers

Not sure where to go for help the Information and assistance line should be your first call at 402-444-6444.

**Eastern Nebraska Office on Aging
(ENOA)**

4780 S. 131st Street | Omaha, NE 68137

(402) 444-6444
(888) 554-2711
Trish Bergman, Director

Dodge County
1730 W. 16th Street
Fremont, NE 68025
(402) 426-9614

Important Reminders:

Hallways and Bulletin Boards



Please remember that all hallways are to remain clear. Do not leave scooters or walkers blocking paths for others to get through.

Please move conversations away from doorways to avoid blocking pathways.

All Bulletin Boards are property of FHA and are for informational use only. **Do not put up or take down anything from them.**

Staff will update as needed.



Flu Season



Due to the extreme Flu season with many viruses going around, all group activities need to be able to socially distance. Keeping a chair's length distance from each other and /or wearing a mask to protect yourself and your neighbors. Recommended 2 to a table.

All groups over 4 should plan on meeting at Gifford 's community room.

Above all else, stay home if you are not feeling well.

Trash

Due to the high winds we have experienced, you will not be seeing trash cans outside on days with forecast of winds capable of blowing away the cans.

Please be sure to tie all garbage bags going down the trash chutes. If using grocery bags they should be double bagged and tied up as well. Thank you in helping us keep the Towers clean and safe.

Disclaimer of Liability: Every effort is made to provide accurate and complete information in the Fremont Housing Agency newsletters. However, the FHA cannot guarantee that there will be no errors. The FHA makes no claims, promises, or guarantees about the accuracy, adequacy, validity, reliability, availability, or completeness of any information and expressly disclaims liability for errors and omissions in the contents of this newsletter. FHA does not assume any liability for any direct, indirect or any other loss or damage of any kind incurred as a result of the use of the newsletter or any reliance on any information provided in the newsletter. Your use of the newsletter and your reliance on any information in the newsletter is solely at your own risk.