

#### Fremont Housing Agency

2510 N. Clarkson St.  
Fremont, NE 68025  
(402) 727-4848  
(402) 727-4751 - fax  
www.fremonthousing.org

#### IMPORTANT NUMBERS

##### Fremont Police Dept.

(402) 727-2677  
Emergency - 911

##### Fremont Fire Dept.

(402) 727-2688  
Emergency - 911

##### Fremont Transit.

(402) 459-2845  
**General Assistance**  
(402) 727-2731

##### Health & Human Services

(402) 727-3200

##### Fremont Family Coalition

###### Central Intake

(402) 721-4157

##### Salvation Army

(402) 721-0930

##### Northeastern Nebraska

###### Community Action

###### Partnership-NENCAP

(402) 721-0619

##### Eastern Nebraska Office on

###### Aging-ENOA

(402) 721-7770

##### Senior Center

(402) 727-2815

##### Uniquely Yours

(402) 727-8977

## Keene Library

Friday September 11

Stanton at 9:30 Gifford at 10:30

Come get at library card or check out books



### Celebrate September Birthdays

With Lilly September 8 at 1:00

Get your Medicare/Medicaid

questions ready

Stanton Community Room

## Seeking Victory Bible Study

Help making it through the tough times.

Mondays: 2:00 at Gifford

3:30 at Stanton



Blood Pressure Class with 3 Rivers  
Health at Stanton on Thursdays at 3:00

Get your Blood Pressure checked with  
Angel Care - **Thursday, Sept 24, at**  
**3:00** at Stanton with help on Self -  
Management



**Disclaimer of Liability:** Every effort is made to provide accurate and complete information in the Fremont Housing Agency newsletters. However, the FHA cannot guarantee that there will be no errors. The FHA makes no claims, promises, or guarantees about the accuracy, adequacy, validity, reliability, availability, or completeness of any information and expressly disclaims liability for errors and omissions in the contents of this newsletter. FHA does not assume any liability for any direct, indirect or any other loss or damage of any kind incurred as a result of the use of the newsletter or any reliance on any information provided in the newsletter. Your use of the newsletter and your reliance on any information in the newsletter is solely at your own risk.

**FAIR HOUSING:**  
**IT'S NOT AN**  
**OPTION.**  
**IT'S THE LAW.**



Fremont Housing  
Agency

Dwayne Bennett

*Executive Director*

Mindy Peterson

*Housing Program Manager*

## RENT DUE

**Checks or Money Orders Only!**  
**NO CASH!**

Rent is due and payable on the first day (1st) of each month. **Tenants who have failed to make full payment by 3:00 p.m. on the fifth (5th) day of the month are considered delinquent and will be assessed a late fee.** If the 5th falls on Saturday, the rent is due by 3 p.m. on the Housing Agency's workday prior to the 5th. If the 5th falls on Sunday, the rent is due at 9:00 a.m. on the Housing Agency's next workday.

Late payment charges will be applied as follows:

- \$30 will be assessed on the 6th of each month for payments made after the 5th of each month.
  - An additional \$20 will be assessed on the 21st of each month for payments not made prior to 3:00 p.m. on the 20th of the month.
- The Agency does not accept partial payments of rent.

**Please place in Drop box in hallway.**

**“Let’s Talk...”**



**September**  
**2026**

**Stanton Annual Inspections will be November. Giffords are completed at time of renewal. See Checklist on page 7**

**Wednesday, September 2**

**Offices will be closed**

**Power to Gifford will be off for 4-6 hours starting around 9 am.**

**Wednesday meals will be delivered on Tuesday.**

**Elevators will not be in operation.**

**We are sorry for the inconvenience during this building update.**

## Commodities

September 9 for September/October

1:00 at Stanton

1:30 At Gifford

Brought to us by NENCAP for those of 60 and income eligible.  
Please call RSSC to see about signing up. 402-727-4848 #109



**Watch out for**  
**children walking.**  
**Drive safely!**

## A Note from Office

- Please pick up your mail **daily**. If your box is full, they will not deliver you any more mail.
- Please be respectful of your neighbors by doing your part to keep everyone safe, and our building clean.
- Gather all papers out of holder by apartment door **daily**.



## A Note from Maintenance

- Please keep your trash secured in bags that go down the trash chute.
- All boxes should be broken down before being placed in outside trash cans.
- Disposal of furniture should be paid for in the office before bringing it down to the trash area.

## Social Club Activities

- Sept 10 - Thursday - 2:00 Resident Council and Social Club Meeting – come with your ideas for things to do at Stanton Community room (moved due to office closing)
- Sept. 3 and 17, Thursdays 1:30 Trivia , Free Fun with Prizes at Stanton Community room
- Every Friday 2-4:00 Bingo,
  - 11<sup>th</sup> Birthday Bingo free if born in September
  - 25 Snack (Sandwich) Bingo
- Every Monday 3-5 - Arts and Crafts at Gifford
- Every Wednesday 2-45 - Arts and Crafts at Stanton
- Every Saturday 2-3 Coffee at Gifford. Rolls on the 19th

## Pest-Trol

Pest treatment in all apartments on the following date and floors:

September 2  
Stanton Floors 10-11

September 16  
Gifford Floors 10-12



## Annual Inspection Preparation

As your annual inspection is approaching. Please ensure your home is ready for inspection. As a reminder, your signed lease requires compliance with the **Housekeeping Standards** outlined in **Section XVI. Housekeeping Standards**. Failure to maintain housekeeping standards that create or contribute to a health or safety concern may be considered a lease violation.

**Housekeeping Checklist** Please review the following items before your inspection:

### General

- ☐ Walls are clean and free of excessive dirt, grease, cobwebs, and damage
- ☐ Floors are clean, dry, uncluttered, and free of hazards
- ☐ Ceilings are free of cobwebs
- ☐ Windows are clean, operable, and not blocked or nailed shut
- ☐ Blinds or shades are intact
- ☐ Doors are clean, locks work properly, and doorstops are present
- ☐ Heating units are dust-free and accessible
- ☐ Trash is properly disposed of and not accumulated in the unit
- ☐ Unit is free of insect or rodent infestation
- ☐ Unit is free of mold or mildew caused by tenant neglect

### Kitchen

- ☐ Stove and oven are clean and free of grease and food buildup
- ☐ Refrigerator is clean and freezer door closes properly
- ☐ Freezer has no more than one inch of ice buildup
- ☐ Cabinets and countertops are clean and organized
- ☐ Storage under sink is limited to lightweight items and accessible for repairs
- ☐ Exhaust fan is clean and free of dust and grease
- ☐ Sink is clean and free of garbage and dirty dishes
- ☐ Food storage areas are neat and free of spilled food
- ☐ Trash is stored in a covered container and removed regularly

### Bathroom

- ☐ Toilet and tank are clean and odor-free
- ☐ Tub and shower are clean and free of excessive mold or mildew
- ☐ Shower curtain is in place and adequate length (if applicable)
- ☐ Sink/lavatory is clean
- ☐ Exhaust fan is dust-free
- ☐ Bathroom floor is clean and dry

### Storage Areas

- ☐ Linen closet is neat and clean
- ☐ Other closets are neat, clean, and organized
- ☐ No flammable or hazardous materials are stored in the unit
- ☐ Storage areas are free of clutter and safety hazards

Thank you for your cooperation in maintaining a safe, sanitary, and well-kept home. If you have questions regarding housekeeping requirements or your upcoming inspection, please contact the Fremont Housing Agency office. **Stanton Annual Inspections are the week of November 16 – 20, 2026**

**Seasons of Support:**  
**2<sup>nd</sup> Annual Senior Resource Fair**

Discover resources to help you live well!

**Date:** September 29<sup>th</sup>, 2026  
**Time:** 10:00am - 1:00pm  
**Location:** Christensen Field Arena  
 1730 West 16<sup>th</sup> St  
 Linden & Ridge Road  
 Fremont, NE

**Cost:** FREE

Food truck available OR  
 RSVP to 402-727-2815 by noon on Sept 28<sup>th</sup>  
 for \$5 lunch at the Friendship Center

Transportation through the Fremont Transit Program may be available for a small fee if scheduled in advance  
 402-459-2845

**FARN**  
 AGING RESOURCE NETWORK

**Activities:** 50+ Businesses, A1C Screening, Insurance Information, Balance Evaluations, Dozens of Raffles, Vitals Checks, Flu Shots, Pickleball

**Old TV Shows**

Find and circle all of the old TV shows that are hidden in the grid.  
 The remaining letters spell the name of an additional old TV show.

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| S | I | L | L | I | G | E | I | B | O | D | E | E | R | A | N | N | O | D |
| W | A | L | T | O | N | S | P | E | Y | T | O | N | P | L | A | C | E | T |
| A | F | N | G | I | X | A | T | V | H | O | D | D | C | O | U | P | L | E |
| L | L | E | A | R | M | E | R | E | H | W | E | S | L | E | T | S | O | Y |
| A | I | R | A | M | E | M | U | R | P | H | Y | B | R | O | W | N | V | D |
| L | P | M | E | R | E | E | Y | L | M | I | A | M | I | V | I | C | E | O |
| J | P | A | E | T | G | L | N | Y | S | Y | M | N | K | S | T | Y | B | O |
| E | E | D | V | F | N | S | F | H | L | E | C | O | O | O | P | E | O | D |
| T | R | A | I | L | I | E | R | I | O | E | R | N | D | N | J | Y | A | Y |
| S | E | B | T | Y | T | M | C | L | R | R | R | C | E | S | N | A | T | D |
| O | D | O | I | I | H | I | L | L | G | R | N | A | A | G | Q | A | K | W |
| N | I | U | G | N | G | T | A | B | A | O | I | E | D | N | R | U | C | O |
| S | H | T | U | G | I | D | S | I | E | C | M | N | T | L | E | E | A | H |
| M | W | Y | F | N | L | O | S | L | A | N | I | E | T | E | I | E | M | D |
| P | A | O | S | U | N | O | I | L | L | O | C | D | R | I | D | K | R | E |
| O | R | U | R | N | O | G | E | I | I | E | S | A | E | P | N | U | R | G |
| E | D | I | S | N | O | R | I | E | C | H | I | P | S | M | Y | T | A | D |
| H | Y | N | A | P | M | O | C | S | E | E | R | H | T | E | O | L | I | M |
| O | O | R | A | G | N | A | K | N | I | A | T | P | A | C | Y | W | E | N |

|                     |              |                |                 |
|---------------------|--------------|----------------|-----------------|
| ALICE               | FLYING NUN   | L.A. LAW       | ODD COUPLE      |
| BEN CASEY           | FUGITIVE     | LASSIE         | PEYTON PLACE    |
| BEVERLY HILLBILLIES | GOMER PYLE   | LOVE BOAT      | RAWHIDE         |
| CHIPS               | GOOD TIMES   | MAD ABOUT YOU  | RIFLEMAN        |
| CANNON              | GREEN ACRES  | MAUDE          | RIN TIN TIN     |
| CAPTAIN KANGAROO    | GREEN HORNET | MEDICAL CENTER | SOAP            |
| DOBIE GILLIS        | HOWDY DOODY  | MIAMI VICE     | ST. ELSEWHERE   |
| DONNA REED          | I SPY        | MOD SQUAD      | TAXI            |
| DR. KILDARE         | IRONSIDE     | MOONLIGHTING   | THREE'S COMPANY |
| EMERGENCY           | JETSONS      | MURPHY BROWN   | WALTONS         |
| FLIPPER             | KOJAK        |                |                 |

| Lunch Bunch Menu September 2026                             |                                                                             |                                                               |                                                                       |                                                                                  |                                                                             |                                                           |
|-------------------------------------------------------------|-----------------------------------------------------------------------------|---------------------------------------------------------------|-----------------------------------------------------------------------|----------------------------------------------------------------------------------|-----------------------------------------------------------------------------|-----------------------------------------------------------|
| Sun                                                         | Mon                                                                         | Tue                                                           | Wed                                                                   | Thu                                                                              | Fri                                                                         | Sat                                                       |
|                                                             |                                                                             | 1<br>Meatloaf<br>Mashed Potatoes<br>Green Beans<br>Fruit Cake | 2<br>Fish Plank<br>Cole Slaw<br>Fries<br>Fruit                        | 3<br>Ham<br>Scalloped Potatoes<br>Peas<br>Peach Crisp                            | 4<br>Goulash<br>Corn<br>Bread & Butter                                      | 5<br>Ham<br>Scalloped Potatoes<br>Peas<br>Cookie          |
| 6<br>Goulash<br>Corn<br>Bread & Butter<br>Chocolate Pudding | 7<br>Kitchen<br>Closed<br>Labor Day                                         | 8<br>3 Plate Salad<br>Crackers                                | 9<br>Potato Soup<br>1/2 Ham Sandwich<br>Jell-O Salad                  | 10<br>Taco's<br>Chips & Salsa                                                    | 11<br>Chicken Fried Steak<br>Mashed Potatoes &<br>Gravy<br>Mixed Vegetables | 12<br>Turkey Sandwich<br>Chips<br>Cookie                  |
| 13<br>Potato Soup<br>1/2 Ham Sandwich<br>Jell-O Salad       | 14<br>Biscuit & Gravy<br>Sausage Patty<br>Peaches                           | 15<br>Chef Salad<br>Crackers                                  | 16<br>Pulled Pork<br>Sandwich<br>Cole Slaw<br>Baked Beans<br>Brownies | 17<br>Fried Chicken<br>Mashed Potatoes<br>Corn<br>Cookie                         | 18<br>Chili<br>Crackers<br>Cheese Sandwich<br>Pickle<br>Fruit               | 19<br>Pulled Pork<br>Sandwich<br>Cole Slaw<br>Baked Beans |
| 20<br>Chili<br>Crackers<br>Cheese Sandwich<br>Pickle        | 21<br>Rueben Sandwich<br>French Fries<br>Pickle                             | 22<br>Spaghetti<br>Salad<br>Garlic Bread<br>Fruit             | 23<br>Chicken Alfredo<br>Penne<br>Carrots<br>Vanilla Pudding          | 24<br>Ham Slice<br>Scalloped Potatoes<br>Green Beans<br>German Chocolate<br>Cake | 25<br>Polish Sausage<br>Fried Potatoes<br>Cream Corn                        | 26<br>Spaghetti<br>Green Beans<br>Garlic Bread            |
| 27<br>Polish Sausage<br>Potatoes<br>Sauerkraut              | 28<br>Hot Beef Sandwich<br>Mashed Potatoes<br>Peas / Carrots<br>Apple Crisp | 29<br>BBQ Ribs<br>Mashed Potatoes<br>Sauerkraut               | 30<br>Breaded Chicken<br>Breast<br>Baked Potato<br>Corn               |                                                                                  |                                                                             |                                                           |

| September Activity Calendar 2026 |                                           |                                                                                           |                                                                                                                           |                                                      |                                                                                      |                                                                       |
|----------------------------------|-------------------------------------------|-------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------|--------------------------------------------------------------------------------------|-----------------------------------------------------------------------|
| Sun                              | Mon                                       | Tue                                                                                       | Wed                                                                                                                       | Thu                                                  | Fri                                                                                  | Sat                                                                   |
|                                  |                                           | 1                                                                                         | 2<br>Offices closed                                                                                                       | 3<br>1:30-2:30- Trivia                               | 4 Keene Bookmobile<br>9:30 Stanton<br>10:30-Gifford<br>2-4 pm-Bingo at Stanton Tower | 5 5-7-Pot Luck at Stanton Tower<br><br>NE vs Ohio 11am                |
| 6                                | 7<br><br>Offices closed for Labor Day     | 8<br><br>1:00-Medicare / Birthday Party with Lilly Walker at Stanton Tower                | 9 Commodities<br>1:00 Stanton<br>1:30 Gifford<br>Pest-Trol Stanton<br>Floors 10-11<br>2-4-Art and Crafts at Stanton Tower | 10<br>2:00- Resident Council and Social Club Meeting | 11<br>2-4 pm- Birthday Bingo at Stanton                                              | 12<br>2-3 Coffee at Stanton Tower<br><br>NE vs Bowling Green 6pm      |
| 13                               | 14<br>2-4-Art and Crafts at Gifford Tower | 15                                                                                        | 16<br>2-4-Art and Crafts at Stanton Tower                                                                                 | 17<br>1:30-2:30-Trivia                               | 18<br>2-4 pm-Bingo at Stanton Tower                                                  | 19<br>2-3 Coffee and Rolls at Stanton Tower<br><br>NE vs ND at 6:15pm |
| 20                               | 21<br>2-4-Art and Crafts at Gifford Tower | 22                                                                                        | 23<br>Pest-Trol Gifford<br>Floors 10-12<br>2-4-Art and Crafts at Stanton Tower                                            | 24<br>3:00-Angels Care<br>Blood Pressure Clinic      | 25<br>2-4 pm-Sandwich<br>Bingo at Stanton Tower                                      | 26<br>2-3 Coffee at Stanton Tower<br><br>NE @ Michigan St TBA         |
| 27                               | 28<br>2-4-Art and Crafts at Gifford Tower | 29 Fremont Area<br>Aging Resource Network Fair<br>10 - 11 at the Christiansen Field Arena | 30<br>2-4-Art and Crafts at Stanton Tower                                                                                 |                                                      |                                                                                      |                                                                       |